

# *Kalakruti*

A WORK OF ART

**Third edition published in 2025**

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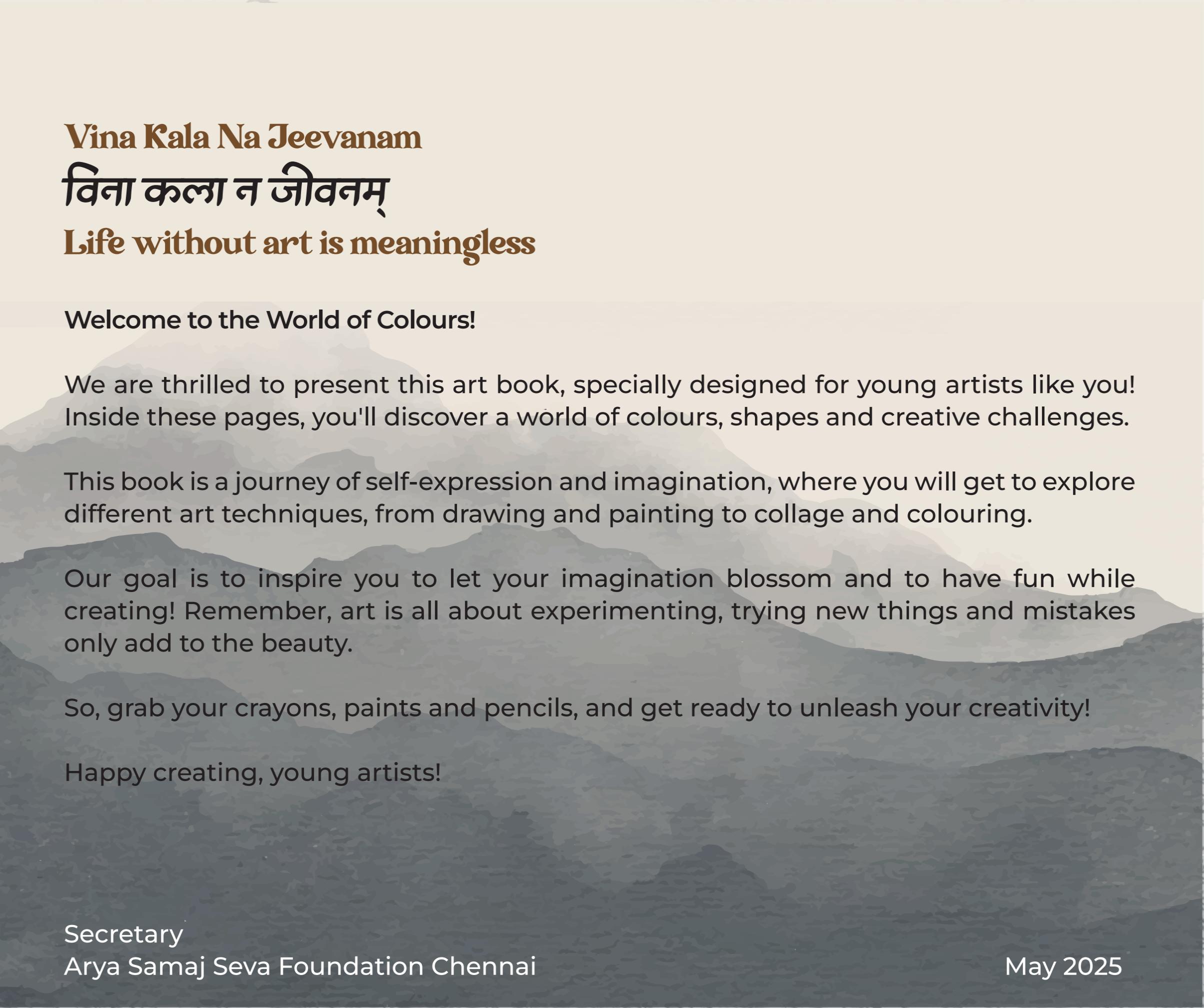
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**MRP: ₹ 200**



**Vina Kala Na Jeevanam**  
**विना कला न जीवनम्**  
**Life without art is meaningless**

**Welcome to the World of Colours!**

We are thrilled to present this art book, specially designed for young artists like you! Inside these pages, you'll discover a world of colours, shapes and creative challenges.

This book is a journey of self-expression and imagination, where you will get to explore different art techniques, from drawing and painting to collage and colouring.

Our goal is to inspire you to let your imagination blossom and to have fun while creating! Remember, art is all about experimenting, trying new things and mistakes only add to the beauty.

So, grab your crayons, paints and pencils, and get ready to unleash your creativity!

Happy creating, young artists!

# GENERAL INSTRUCTIONS



## MATERIALS TO BE USED

1. Plastic scale 2. HB Pencil (DRAWING) 3. Artists' Water Colour - Camel or Brustro (12 ml Tubes with 24 shades) 4. Water colour Brushes (Round): no.1, 2, 4, 6, 8, 10 and a plastic bowl and White Ceramic Tile 4/4 or 6/6. 5. Rotring Pen 0.1 (Black) 6. Pencil 6B(Shading) 7. Collect old News Paper for the background and old magazines like Outlook, Mirror, India Today etc., a Fevistick and a small paper cutting scissors.

## COLOURING TECHNIQUE FOR WATER COLOUR

The GOLDEN RULE of water colour is from LIGHT to DARK. One should not use White to mix with other colours. The Paper white has to be maintained as it is. The colours can be done very lightly and to be increased stage by stage to the dark. While using Water colour use only white tile compulsorily, as one can see the transparency of the colours to be applied in the work.

1. For all the lighter shades in the work mix Cobalt Blue with Burnt Sienna in the ratio of 2:1 and for the darker shade mix Prussian Blue with Crimson in the ratio of 3:4.
2. For the sky portions first apply fresh water at some places and then apply Ultra marine Blue. If you want bright sunlight apply Yellow Ochre at some places and apply Ultra marine Blue in rest of the places.
3. For the sunrise apply Lemon Yellow and Orange. Before using the colours wet the page with fresh water.
4. For sunset the same method using mainly Crimson Red and for darker portions use Crimson Red with Prussian Blue in the ratio of 3:1.
5. For rainy season use Prussian Blue, Burnt Sienna & Light Red in the ratio of 4:2:1.
6. Finally always use fresh water wherever needed.

**EXERCISE 1:** Draw the Onions and colour as shown. Start with Scarlet Lake then use Vermilion. Then mix Vermilion with Scarlet Lake and apply. For the darker portions mix Crimson with Cobalt Blue and apply as shown. After completing the onion start with the background using Lemon Yellow lightly at the bottom or the foreground portion of the onion. When the colour is wet mix Yellow Ochre with Lemon Yellow and apply for the shaded portion. Finally for the darker portions in the foreground mix Yellow Ochre with Light Green and apply. Then wet the paper with fresh water on the top portion at some places and then mix Yellow Ochre with Light Green and apply as shown.

**EXERCISE 2:** Draw the Eagle and colour. Start with lighter colour of Burnt Sienna, Raw Sienna and Yellow Ochre. For the darker portion of the feathers mix Ultra Marine Blue with Cobalt Blue and try to complete as shown.

**EXERCISE 3:** Rabindranath Tagore.

Sketch the outline of Rabindranath Tagore's eyes and nose. Here one can see only the eyes and the nose, since the ears and the mouth shall be covered with the hair, mustache and beard. Mainly while sketching do both the eyes on a straight line. Then start shading the hair portion from the top. Simultaneously shade on the fore head and then the eyes, nose, mustache and beard. Finally the dress portion. The beauty of the sketch lies in the stroke of the pencil as shown in the mustache and the beard. From the beginning stroke, start with the lighter and darker portion simultaneously using 6B pencil.

**EXERCISE 4:** Compose the land scape of a man selling ice-cream with lady and child returning back. One can see the colours directly and it can be worked easily. For the ground portion shading use Light Green mixed with Yellow Ochre and apply. After the colour dries use Sap Green and apply in some places. Finally after the colour dries mix Prussian Blue with Sap Green and apply for the darker portions. For the sky portions apply water at some places and when it is wet apply Yellow Ochre. When the Yellow Ochre is 50% dried apply Cobalt Blue in rest of the places and finish the composition.

**EXERCISE 5:** Draw the Festival, Raksha Bandhan.

After finishing the line drawing of the figures using HB pencil, use Rotring Pen (0.1) and draw the outline. Then start colouring as shown.

**EXERCISE 6:** Cock.

The name of the work is COLLAGE PAINTING. Here you are going to use the colour paper from the magazines which has to be cut into the shape of the cock and complete the picture as shown. For the background on the top portion use light green with white or a printed matter as shown. The middle portion use light blue and for the ground portion use dark and light green as the land. The paper cutting of these shades should be done using scissors only.

**EXERCISE 7:** Compose the landscape of Kashmir Dal Lake and colour.

Start with the boat and complete it. Then colour the Lake using Cobalt Blue mixed with Ultra Marine Blue. Finally use Ultra Marine Blue for the darker portions in the lake. For the top portion of the hills leave the white portion as it is for the snow mountains and for the shades use Cobalt Blue. For the sky portion use Ultra Marine Blue.

**EXERCISE 8:** Draw the Balloon seller near the caves. For the balloons one can see the direct colours and apply. Then colour the caves portion with Burnt Sienna, Vandake Brown. Mix Crimson with Burnt Sienna for depth at some places as shown. For the figures use the light colours first and then use darker shades as shown. For the ground portion use Lemon Yellow and Yellow Ochre. For the darker shades mix Cobalt Blue and Yellow Ochre to apply as shown.

**EXERCISE 9:** Compose the Landscape with the tree and the cow near the water. For the tree portion, first apply Yellow Ochre. When the colour is wet, mix Burnt Sienna with Yellow Ochre for the shades in the tree. For the final depth in the tree mix Burnt Sienna with Cobalt Blue and apply as shown.

For the Leaves portion, use Sap Green and Light Green first. After the colour dries apply Sap Green mixed with Cobalt Blue for the darker portions of the leaves. Finally do the branches.

For the water portion use Ultra Marine Blue mixed with Cobalt Blue and apply. For the cow leave the white portion of the paper and apply only the shades.

The man sitting under the tree has to be finished in three strokes. First stroke for the head use darker colour, the second stroke should be vertical and the third stroke should be for the leg portion. Finally a small line will be drawn for the hand and stick as shown.

**EXERCISE 10:** Compose the Banyan Tree as shown and apply the colours as one can see in the picture. One knows how to apply the colours and the same has been explained in the previous works.

Here for the trunk of the tree on the right side use first colour as Crimson mixed with Prussian Blue lightly. After the colour dries apply the same for the darker portions. For the leaves apply Light Green and darken it with Sap Green mixed with Cobalt Blue. For the figure follow the same method as the previous work.

**EXERCISE 11:** Learn how to do an Abstract form of a tree with an imaginative colours as shown. Use Poster colours for colouring.

**EXERCISE 12:** Compose the Geometrical Form as shown and use bright colours to complete as shown. Use Poster colours for colouring.



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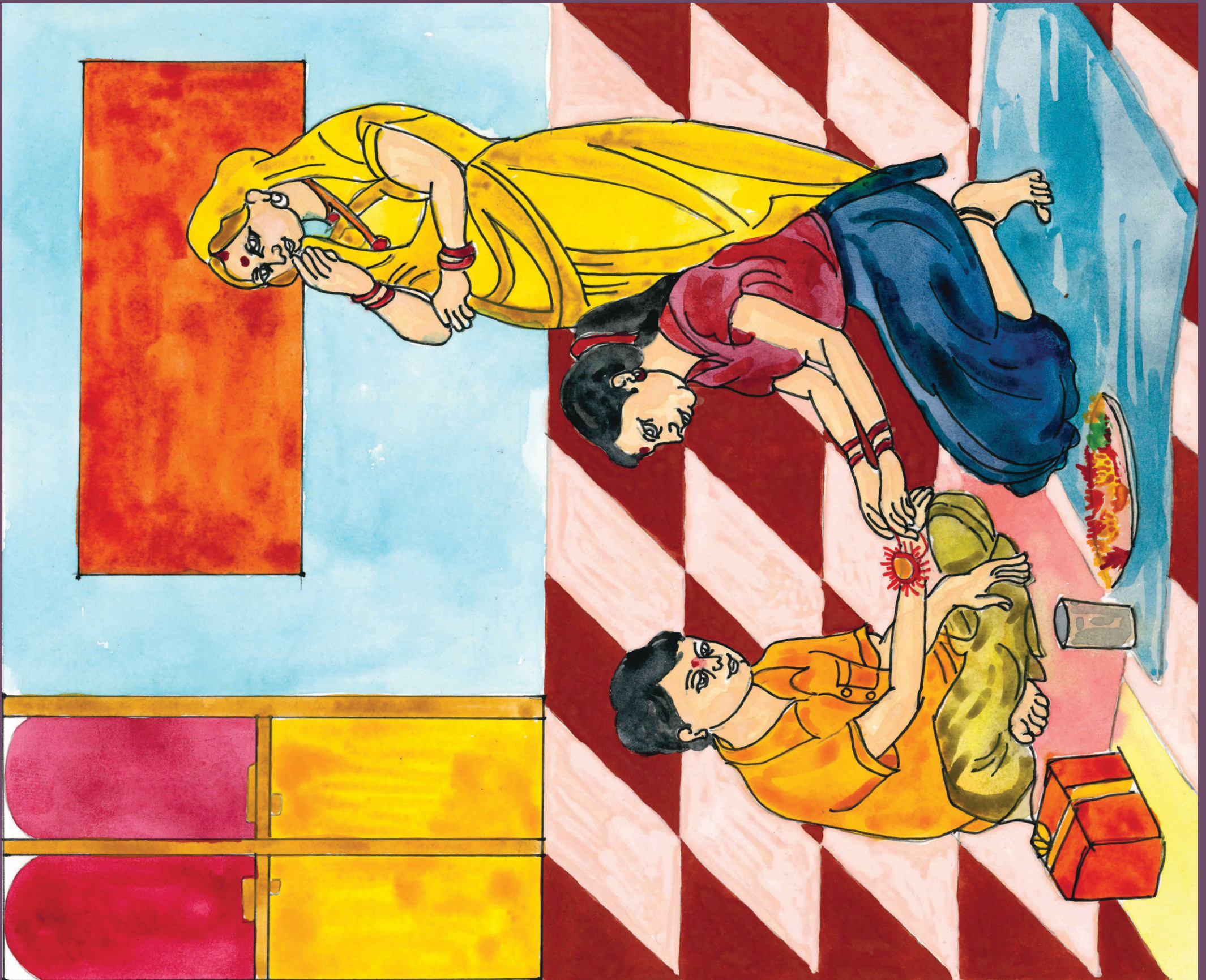
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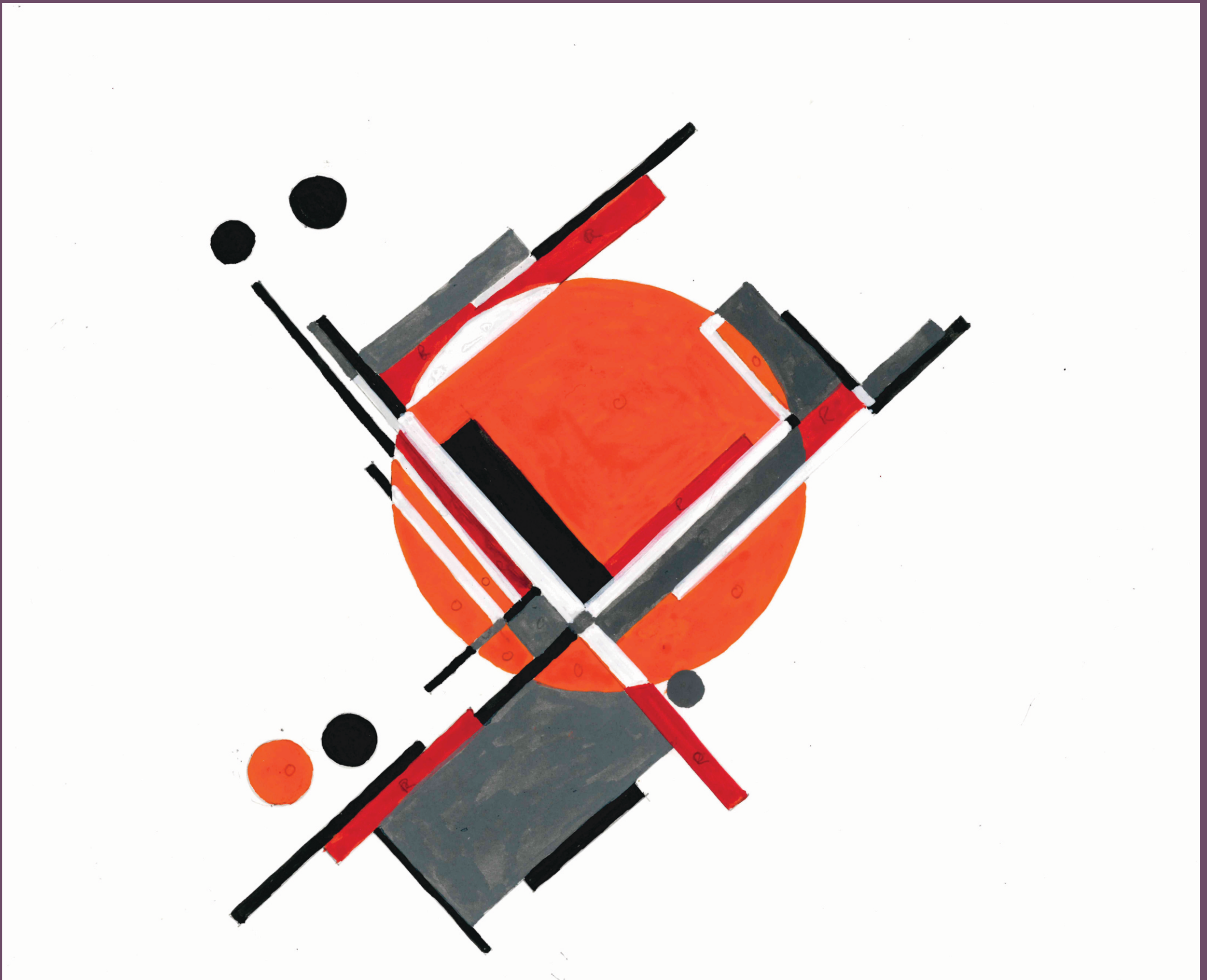
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EXERCISE:12

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Read the colour of the text, not the word itself

Orange Green Red Purple Gray Pink Purple

Orange Green Yellow Gray Orange Pink Gray

Pink Gray Purple Orange Pink Purple Blue

Orange Purple Blue Pink Blue Yellow White

Orange Red Orange Green Red Purple White

Orange Green Red Orange Red Green Blue

Red Green Pink Green White Pink Green

Blue Gray Pink Purple Yellow Purple Yellow

Red Green Red Orange Gray Green White

Purple Orange Red White Red Pink White