

Kalakruti

A WORK OF ART

Third edition published in 2025

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Vina Kala Na Jeevanam

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Life without art is meaningless

Welcome to the World of Colours!

We are thrilled to present this art book, specially designed for young artists like you! Inside these pages, you'll discover a world of colours, shapes and creative challenges.

This book is a journey of self-expression and imagination, where you will get to explore different art techniques, from drawing and painting to collage and colouring.

Our goal is to inspire you to let your imagination blossom and to have fun while creating! Remember, art is all about experimenting, trying new things and mistakes only add to the beauty.

So, grab your crayons, paints and pencils, and get ready to unleash your creativity!

Happy creating, young artists!

Secretary

Arya Samaj Seva Foundation Chennai

May 2025

GENERAL INSTRUCTIONS



MATERIALS TO BE USED

1. Plastic scale
2. HB Pencil (DRAWING)
3. 6B and 8B Pencil (SHADING)
4. Colour Pencils (24 SHADES)
5. Oil Pastels (48 SHADES)
6. Poster colours (15 ml bottles – 20 shades)
7. Water colour Brushes (Round): no. 1, 2, 4, 6, 8, 10 and a plastic bowl

COLOURING TECHNIQUE

OIL PASTELS AND COLOUR PENCILS: Always start with a lighter shade and complete with darker shade.

POSTER COLOURS: Start with darker shades and mix poster white for lighter shades. At some places use transparent colours by adding more water to the colour.

EXERCISE 1: Draw still life by using HB pencil and give the shading from light to dark by using 6B and 8B pencils.

EXERCISE 2: Draw & paint AUM using Poster colour (Orange).

EXERCISE 3: Draw & paint INDIA GATE using Poster colours (Yellow Ochre, Burnt sienna, Light green, Sap green, Cobalt blue and Poster White)

EXERCISE 4: Draw and paint LEMON AND LEAVES using Poster colours (Lemon yellow, Chrome yellow, Light green, Sap green, Prussian blue, Poster red and Crimson red and White)

EXERCISE 5: Draw and paint STILL LIFE using Poster colours (Lemon yellow, Burnt sienna, Pink, Light green, Sap green, Cobalt blue and white)

EXERCISE 6: Draw and paint WATER MELON using Poster colours (Yellow ochre, Burnt sienna, Light green, Viridian green, Poster red, Pink and white)

EXERCISE 7: Draw and paint DOLPHIN using Poster colours (Black, Ultra marine blue, Prussian blue, Sap green and white)

EXERCISE 8: Complete the village scene and shade using Oil Pastels.

EXERCISE 9: Complete the Hen Family and shade using Colour Pencils.

EXERCISE 10: Use Poster colours (Yellow ochre, Burnt Sienna, Light green, Sap green, Ultra marine blue & white) to complete the picture.

EXERCISE 11: Colour the Elephant in the forest using Oil Pastels.

EXERCISE 12: PONGAL FESTIVAL. Paint use Poster colours (Lemon yellow, Yellow ochre, Burnt sienna, Poster red, Orange, Ultra marine blue, Prussian blue, Light green, Dark green and Poster white).



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EXERCISE:1

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EXERCISE:1

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EXERCISE:2

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EXERCISE:3

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EXERCISE:4

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EXERCISE:5

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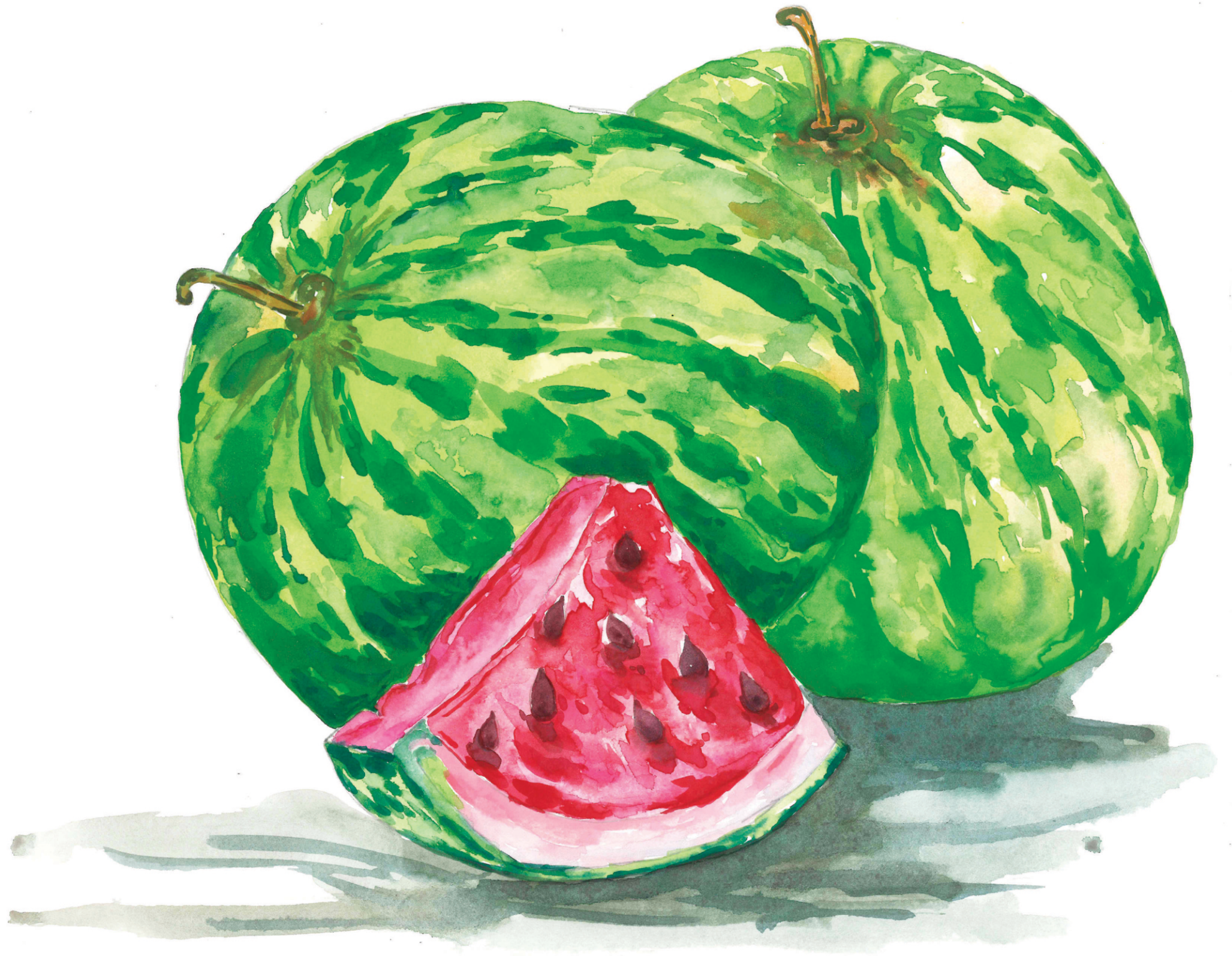
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EXERCISE:6

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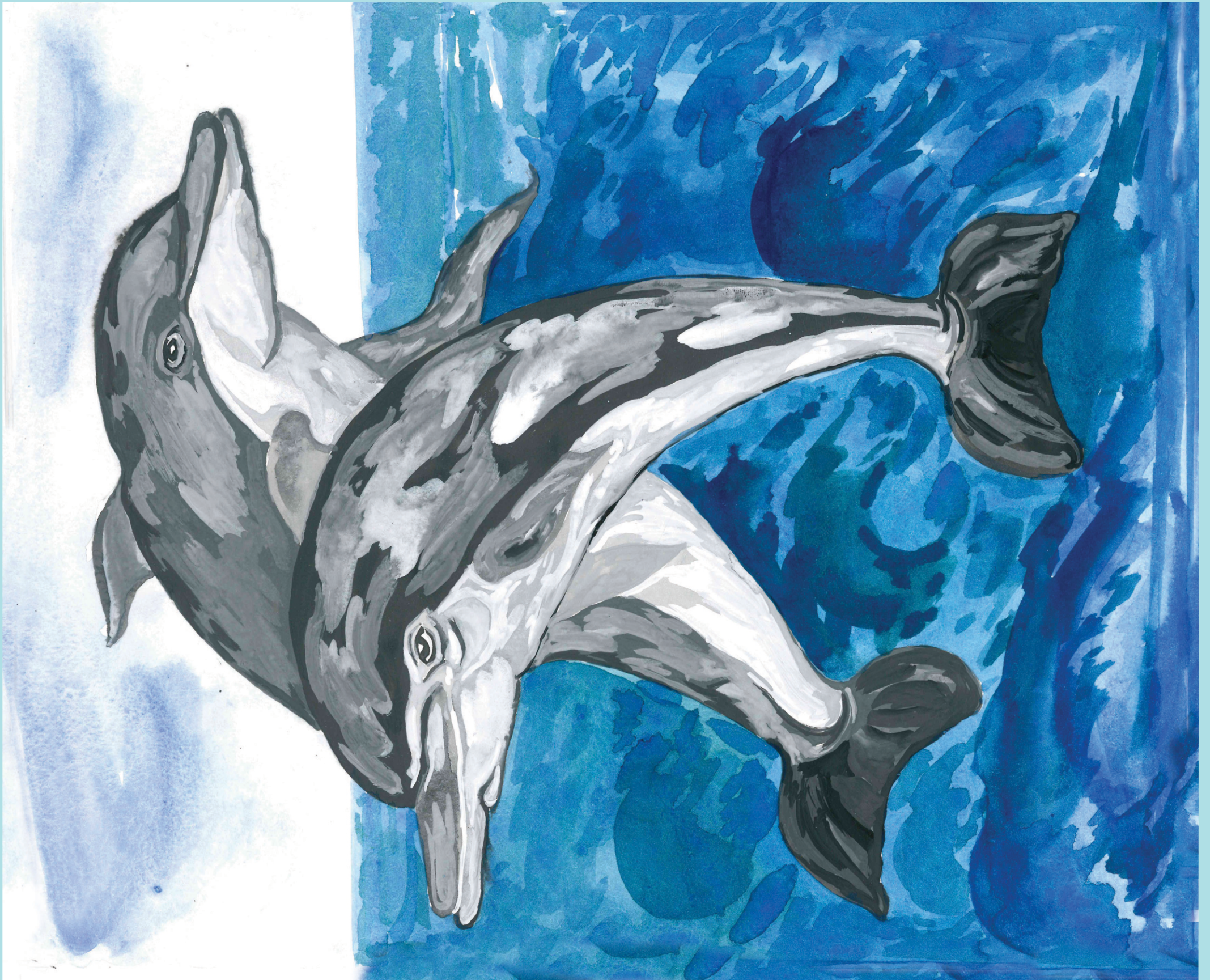
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EXERCISE:7

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EXERCISE:7

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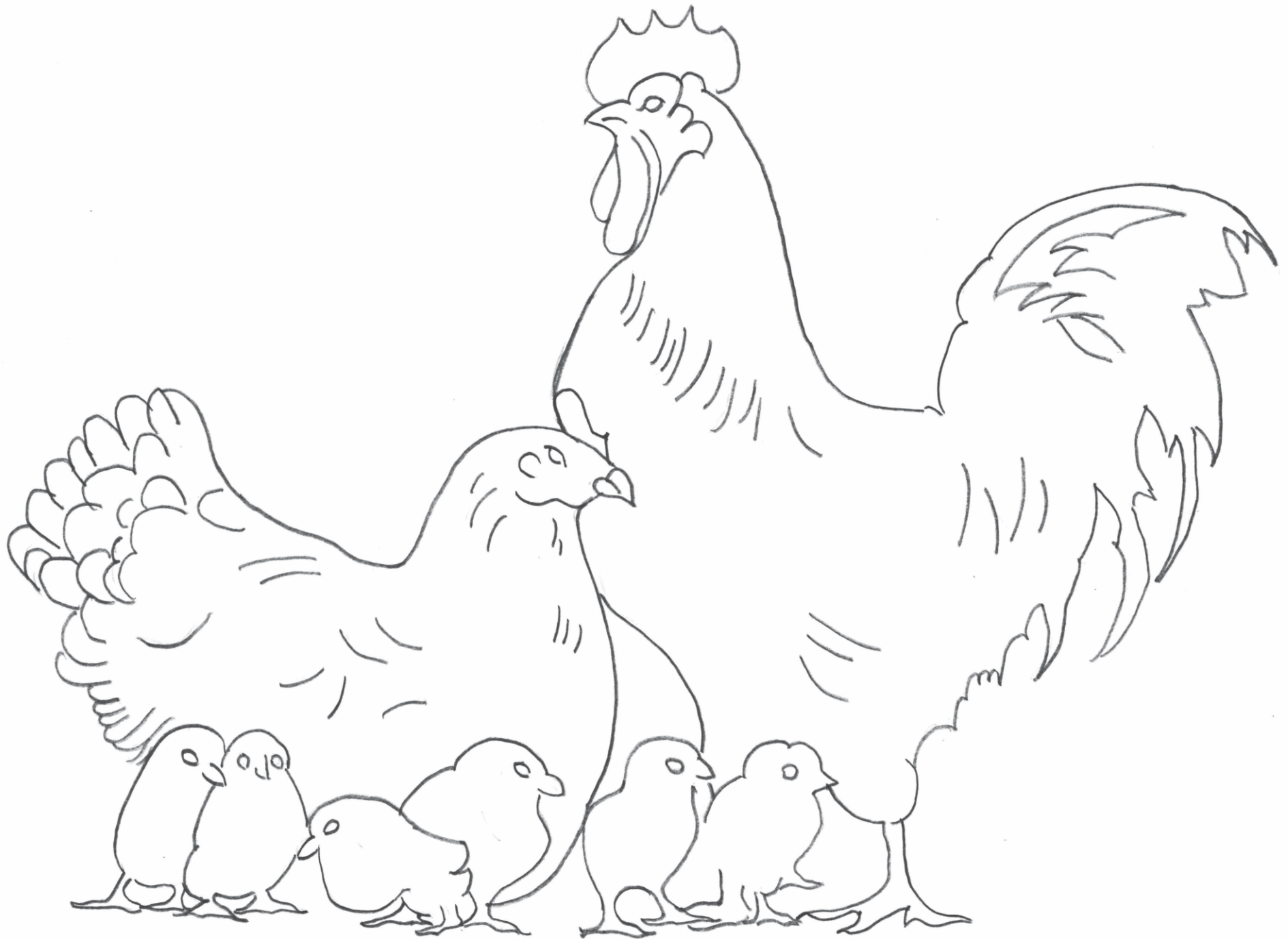




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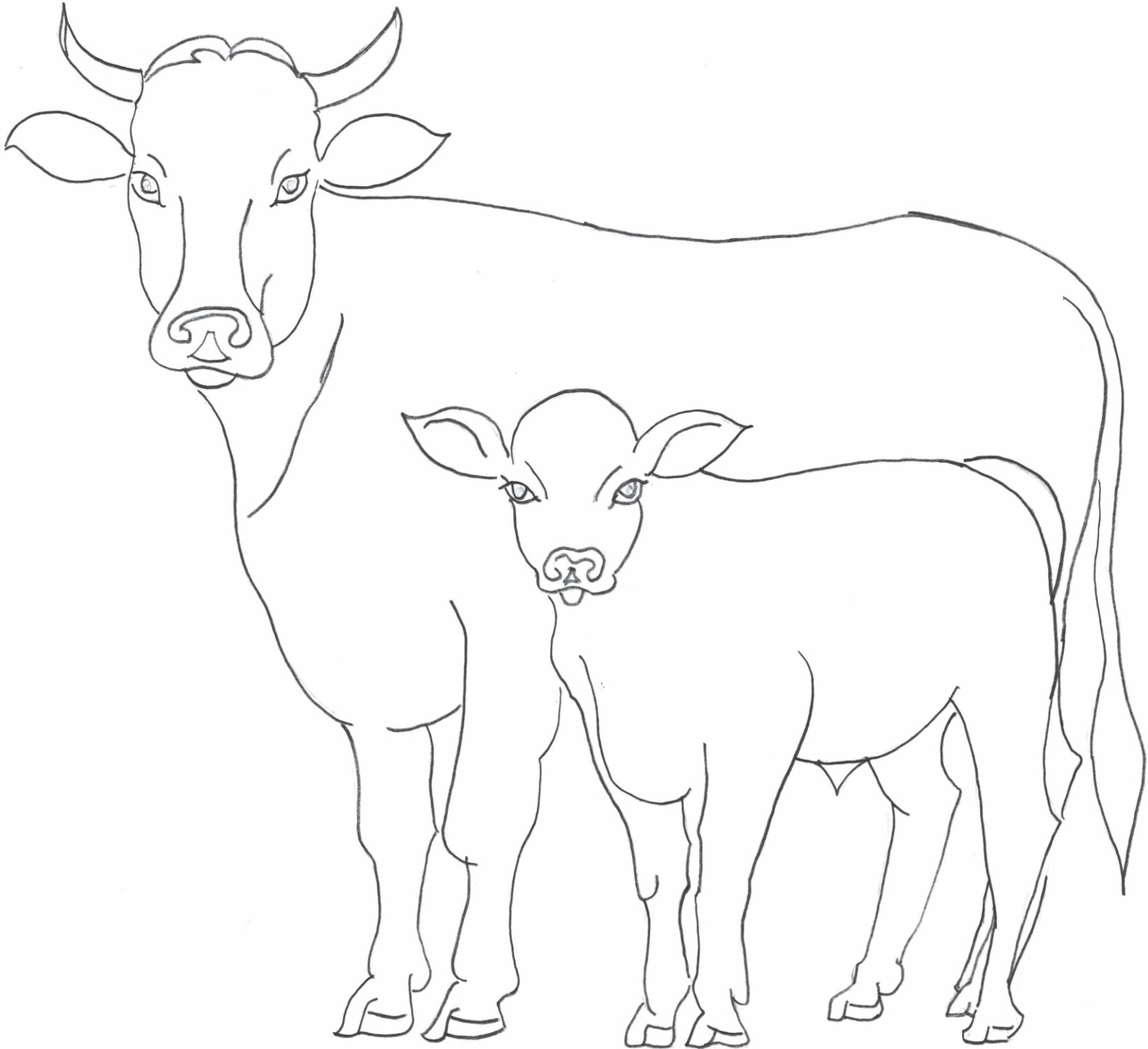
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EXERCISE:11

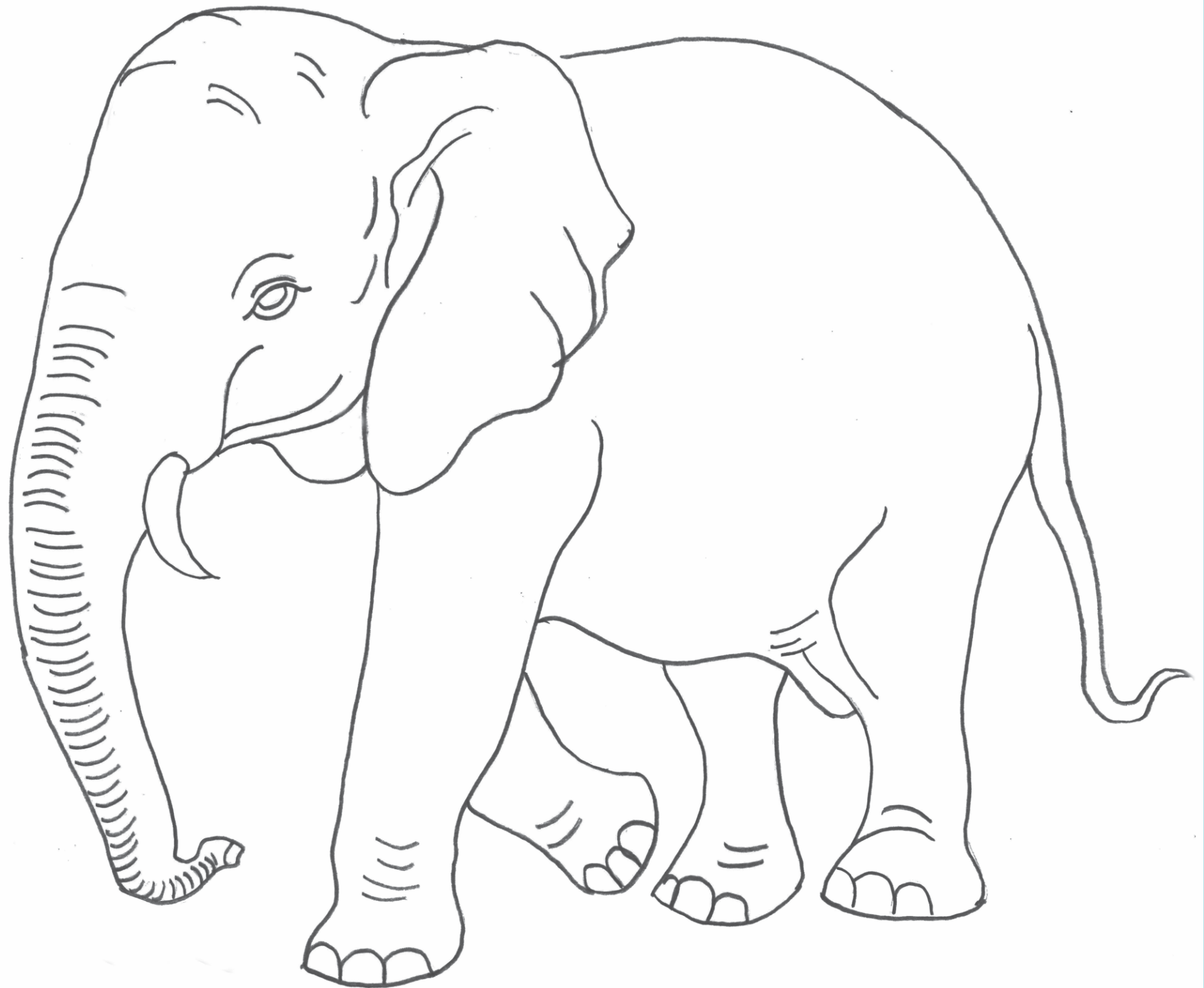
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EXERCISE:11

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Read the colour of the text, not the word itself

Orange Green Red Purple Gray Pink Purple
Orange Green Yellow Gray Orange Pink Gray
Pink Gray Purple Orange Pink Purple Blue
Orange Purple Blue Pink Blue Yellow White
Orange Red Orange Green Red Purple White
Orange Green Red Orange Red Green Blue
Red Green Pink Green White Pink Green
Blue Gray Pink Purple Yellow Purple Yellow
Red Green Red Orange Gray Green White
Purple Orange Red White Red Pink White