



Vedic Agnihotra

A COMPREHENSIVE GUIDE

॥ यज्ञो वै श्रेष्ठतमं कर्म ॥



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Our Rishis



RIG VEDA

ATHARVA VEDA



SAMA VEDA

YAJUR VEDA

Back to the Vedas ♪ Panch Maha Yajna

Brahma Yajna ♦ Deva Yajna ♦ Pitra Yajna ♦ Atithi Yajna ♦ Bali Vaishvadev Yajna



Swami Virjanand
1778 - 1868



Swami Dayanand Saraswati
Founder, Arya Samaj
1824 - 1883



Swami Shraddhanand
1856 - 1926

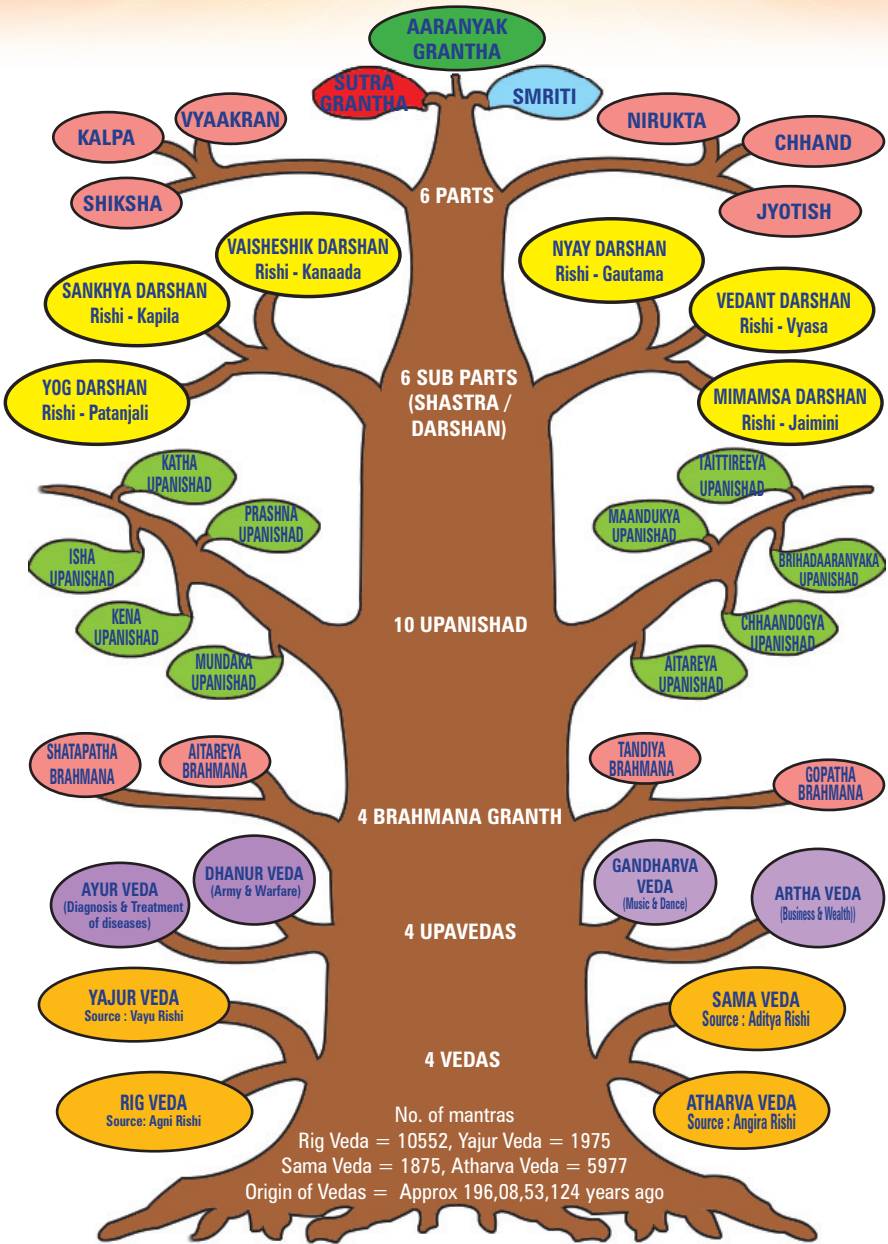
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Vedic Tree



Courtesy: Acharya Gyaaneshwar Arya



PREFACE

As per Vedas, there are five types of Yajnas, that all of us should perform on a daily basis as part of true worship. They are commonly known as ‘Pancha Maha Yajna’.

Deva Yajna (also known as Agnihotra or Hawan), is primarily meant towards purifying our atmosphere. As human beings, we invariably pollute the environment every day. Agnihotra is the perfect scientific way to neutralize the pollution and maintain a harmonious relationship with nature. Agnihotra should ideally be performed twice a day, during sunrise and sunset.

In Agnihotra, we light a small fire in a copper pyramid and offer cow ghee and samagri (mixture of herbs). Cow dung cakes may also be offered. Vedic mantras are chanted simultaneously to invoke the blessings of the Almighty.

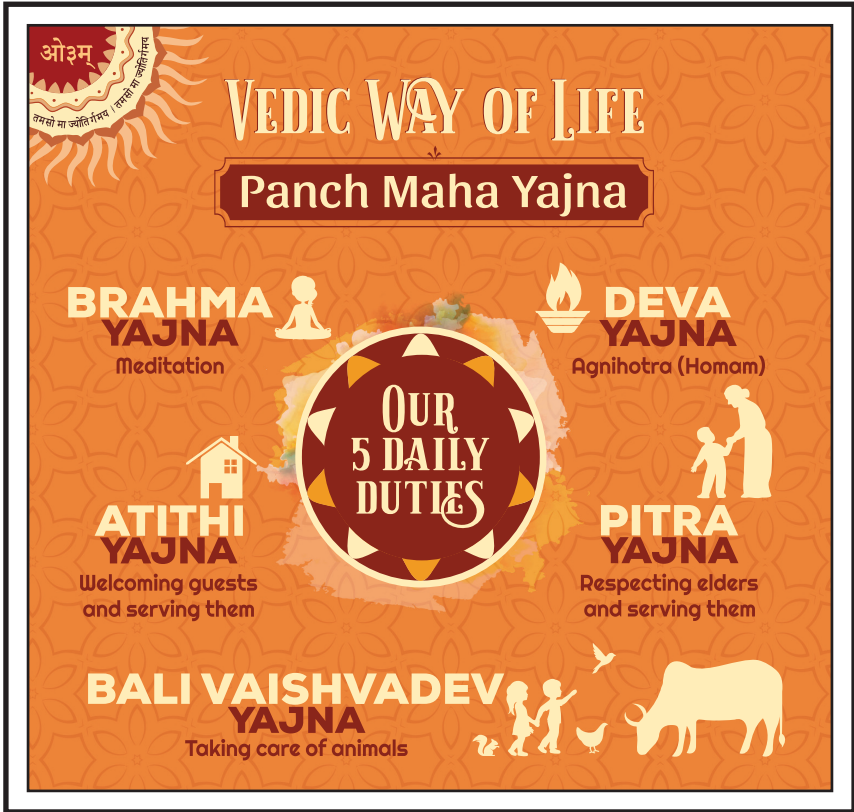
This book compiles the mantras that are chanted during the daily Agnihotra. Many of the mantras end with the words “इदं न मम”, (‘Idam Na Mama’) which means – ‘This is not mine’. In this world, which is driven by consumerism and selfishness, we pray that whatever we are offering to the sacred fire is for everyone around – not only for us. It will benefit the entire family, neighbours and other living beings.

Agnihotra brings families together. It is typically performed as a team, with people (Yajmaans) sitting on all four sides of the copper pyramid (Hawankund). Indeed, it is a great way for people to also celebrate all key occasions in life – birthdays, anniversaries, house warming, etc.

Even if you do not chant the Vedic mantras in Sanskrit, the chemical reaction will probably remain the same. Everyone around will benefit from the gaseous essence that is generated. The reason why Vedic mantras are also prescribed is for it to be a deeper spiritual experience.

The gist of the mantras (rather than word-by-word meaning) in simplified English have also been given. However, there could be certain errors

and omissions in the process. We request the reader to excuse us for the omissions, but please do bring to our notice any feedback for correction and improvement in subsequent versions. We will remain grateful to you for your support and feedback. You can write to 'Arya Samaj Foundation, 212-213, Avvai Shanmugam Salai, Gopalapuram, Chennai - 600 086 or email to publications@davchennai.org.



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References:

- (i) 'Vaidik Nitya Karma Vidhi' | Author: Maharishi Dayanand Saraswati
- (ii) 'Vaidik Nitya Karma Vidhi' | Author: Pandit Yudhistir Mimamsak Ji

I. PREPARATION FOR AGNIHOTRA

Please arrange the following items for the Agnihotra.

- i. Pyramid shaped vessel, preferably made of copper (Hawankund).
- ii. Samidha (Firewood) from either Mango or Peepal or Palaash tree. Cow dung cakes may also be used.
- iii. Samagri (Herbal powder) with plates.
- iv. Cow ghee (preferably from India native breed; otherwise whatever is available) – 250 gms.
- v. Ghee vessel along with a long wooden spoon (to offer ghee to the Agni, i.e. fire).
- vi. Camphor and matchbox.
- vii. Small tumblers with drinking water – this is for ‘Aachmana’ mantra (see pg. 10).
- viii. One jug (Kalash) of water to be offered during ‘Jalasechanam’ mantra. (see pg. 18)
- ix. Small towel, tissue paper and seating mats.

Note: Samagri is a mixture of various dried herbal roots and leaves, including Holy Basil (Tulasi leaves), Black Sesame Seeds, Barley, Rose petals, Sandalwood powder, Jaggery, Dry Coconut, Neem leaves, Cinnamon, Turmeric, Spikenard (Jataamansi), Wild asparagus (Shataavari), etc.



Hawankund



Samagri



Samidha- Fire Wood Sticks



Tumbler



Ghee Spoon



Samagri Plate



Kalash



Ghee Vessel

KEY POINTS

1. **Timing** – Agnihotra should be ideally performed at the time of sunrise and sunset. Simple daily agnihotra can be performed in 15–20 minutes.
2. **Group prayer** – It is ideal if the Agnihotra can be jointly performed by all members of the family sitting around the Pyramid vessel (Hawankund).
3. **Offering ghee** – Ghee is offered by the main yajmaan. Any member of the family can offer ghee, though ideally it is the senior member of the household.
4. **Direction in which one should sit** – The main yajmaan (person offering ghee) should sit on the western side (i.e. facing the East). If husband and wife are performing together, then the wife should be seated on the right side of the husband.
5. **Meaning of Mantras** – It will be hugely beneficial if all the participants know the broad gist of the mantras. Recalling the meaning of the mantra as we chant them, will make the experience more meaningful.
6. **Vedic Scholar** – Having a Vedic scholar who chants the mantras well and explains the meaning, is very helpful. However, with practice over a few days, anyone (irrespective of age, gender, caste, etc.) can learn the overall process and can then successfully perform the Agnihotra.
7. **Avoid smoke** – We should use various ingredients in the right proportion to avoid smoke. Generally, yajmaans tend to offer too much Samidha and Samagri, compared to ghee. Kindly avoid doing so.

II. TAKING OATH

संकल्प पाठः (Samkalpa Paattaha)

ओ३म् तत्सत् श्री ब्रह्मणो, _____ (i) _____ मासे, _____ (ii) _____ दिनांके, _____ (iii) _____ वासरे (प्रातः / सायं) काले, शुभमुहूर्ते जंबूद्वीपे भरतखण्डे, आर्यावर्तान्तर्गते, _____ (iv) _____ प्रांते, तत्रस्थ _____ (v) _____ नगरे, _____ (vi) _____ उपनगरे, _____ (vii) _____ सर्व कल्याणार्थं, अस्माभिः अत्र देवयज्ञः क्रियते।

Om Tatsat Shri Brahmano, _____ (i) _____ maase, _____ (ii) _____ dinanke, _____ (iii) _____ vaasare, (praataha/saayan) kaale, shubhmuhurte, jambudweepe, bharatakhande, aaryavartaantargate, _____ (iv) _____ praante, tatrastha _____ (v) _____ nagare, _____ (vi) _____ upanagare, _____ (vii) _____, sarva kalyaanaartham, asmaabhi atra devayajnah kriyate।

ஓம் தத்ஸத் ஸ்ரீ ப்ரஹ்மணோ, _____ (i) _____ மாஸே, _____ (ii) _____ தினாங்கே, _____ (iii) _____ வாஸரே (ப்ராத: / ஸாயாங்) காலே, ஸுபமுஹூர்த்தே ஜம்பு த்வீபே பரதகண்டே, ஆர்யாவர்தாந்தர்கதே, _____ (iv) _____ பிராந்தே, தத்ரஸ்த _____ (v) _____ நகரே, _____ (vi) _____ உபநகரே, _____ (vii) _____ ஸர்வ கல்யாணார்தம், அஸ்மாபி :

அத்ர தேவயக்ஞு : க்ரியதே ।

O God! On this _____ (i) _____ month, _____ (ii) _____ date, _____ (iii) _____ day of the week, in the (morning/evening), on this auspicious occasion, in the Island of Jambu, in this Arya land of Bharat, in the state of _____ (iv) _____, in the city of _____ (v) _____, in the area of _____ (vi) _____, in the _____ (vii) _____, Deva Yajna is being performed by us for everyone's benefit.

Note: Each of the seven continents is essentially an island. The Asia region was historically known as 'Jambu' island (Jambudweep).

(i) Months of the year – (मास)	जनवरी (Jan), फरवरी (Feb), मार्च (March), अप्रैल (April), मई (May), जून (June), जुलाई (July), अगस्त (Aug), सितंबर (Sep), अक्टूबर (Oct), नवंबर (Nov), दिसंबर (Dec)
(ii) Days of month (दिनांक)	प्रथम (1); द्वितीय (2); तृतीय (3); चतुर्थ (4); पंचम (5); षष्ठ (6); सप्तम (7); अष्टम (8); नवम (9); दशम (10); एकादश (11); द्वादश (12); त्रयोदश (13); चतुर्दश (14); पंचदश (15); षोडश (16); सप्तदश (17); अष्टादश (18); एकोनविंशति (19); विंशति (20); एकविंशति (21); द्वाविंशति (22); त्रयोविंशति (23); चतुर्विंशति (24); पंचविंशति (25); षड्विंशति (26); सप्तविंशति (27); अष्टाविंशति (28); एकोनत्रिंशत् (29); त्रिंशत् (30); एकत्रिंशत् (31)
(iii) Days of week (वासर)	सोम (Mon), मंगल (Tue), बुध (Wed), बृहस्पति (Thurs), शुक्र (Fri), शनि (Sat), रवि (Sun)
(iv) State (प्रांत)	The state where you are performing the Agnihotra
(v) City (नगर)	The city where you are performing the Agnihotra
(vi) Area (उपनगर)	The area where you are performing the Agnihotra
(vii) Place	The exact place or the venue where you are performing the Agnihotra

III. ईश्वर स्तुति प्रार्थना उपासना मन्त्राः । PRAYERS BEFORE AGNIHOTRA

Directions - The first eight mantras are chanted in meditation posture (sitting straight with eyes closed), realizing the meaning of every mantra. These mantras can indeed be separately chanted prior to any solemn occasion.

Titled as 'Ishvara – Stuti – Praarthanaa – Upaasanaa' mantras, we humbly invoke the blessings of God.

- **Stuti** - To invoke the virtues, deeds and the characteristics of God
- **Praarthanaa** - Pray to God to give us good intellect, happiness and bliss
- **Upaasanaa** - Upa means 'Near' | Aasanaa means 'To sit'. Thus, Upaasanaa means to realize God within our own soul.

1. ओ३म् विश्वानि देव सवितर्दुरितानि परा सुव ।
यद् भद्रं तन्न आ सुव ॥

Om Vishwaani deva savitar-duritaani paraasuva |
Yad bhadram tanna aasuva ||

ஓம் விஸ்வானி தேவ சவிதர் துரிதானி பராஸுவ ॥
யத் பத்ரம் தன்ன ஆஸுவ ॥

(Yajur Veda | Chapter 30 | Mantra 3)

O God! Creator of the Universe, and Giver of true happiness! We pray to You to remove all our shortcomings and vices. May You bestow upon us all good qualities.



2. ओ३म् हिरण्यगर्भः समवर्त्तताग्रे भूतस्य जातः पतिरेक आसीत् ।
स दाधार पृथिवीं द्यामुतेमां कस्मै देवाय हविषा विधेम ॥

Om hiranya-garbhah samavarta-taagre bhootasya jaatah
patireka aaseet |
Sa daadhaara prithiveem dhyaa-mutemaam kasmai devaaya
havishaa vidhema ||

ஓம் ஹிரண்யகர்ப்: ஸமவர்த்ததாக்ரே பூதஸ்ய ஜாத: பதிரேக ஆஸீத் |
ஸ தாதார ப்ருதிவீம் த்யாமுதேமாம் கஸ்மை தேவாய ஹவிஷா விதேம ||

(Yajur Veda | Chapter 23 | Mantra 1)

O God! You are the sole Creator of all source of light like the Sun. You always existed; You are present as of now and You will always exist. You hold and sustain the Earth and other celestial bodies, thus supporting this entire Universe. We worship You alone.



3. ओ३म् य आत्मदा बलदा यस्य विश्व उपासते प्रशिषं यस्य देवाः ।
यस्य छायाऽमृतं यस्य मृत्युः कस्मै देवाय हविषा विधेम ॥

Om ya aatmadaa baladaa yasya vishva upaasate prashisham
yasya devaah |
Yasya chaaya-amritam yasya mrityuh kasmai devaaya
havishaa vidhema ||

ஓம் ய ஆத்மதா பலதா யஸ்ய விஸ்வ உபாஸதே ப்ரஸிஷம் யஸ்ய தேவா: |
யஸ்ய சாயா s ம்ருதம் யஸ்ய ம்ருத்யு: கஸ்மை தேவாய ஹவிஷா
விதேம ||

(Yajur Veda | Chapter 25 | Mantra 13)

O God! You have bestowed the soul with a highly intricate physical body, moral and spiritual strength. The learned sing Your praise and humbly accept Your governance and judgment. Your shade of protection leads to immortality. Lack of trust in You, causes all kinds of miseries and fear of death. We worship You alone.



4. ओ३म् यः प्राणतो निमिषतो महित्वैक इद्राजा
जगतो बभूव ।
यऽईशोऽस्य द्विपदश्चतुष्पदः कस्मै देवाय
हविषा विधेम ॥



Om yah praanato nimishato
mahitvaika idraajaa jagato babhoova |
Ya-eeshe-asya dvipadash-chatushpadaha kasmai devaaya
havishaa vidhema ||

ஓம் ய: ப்ராணதோ நிமிஷதோ மஹித்வைக இத்ராஜா ஜகதோ பபுவ |
ய ஸீஸோ அஸ்ய த்விபதஸ்சதுஷ்பத: கஸ்மை தேவாய ஹவிஷா
விதேம ||

(Yajur Veda | Chapter 23 | Mantra 3)

O God! You are the One and only king of this entire Universe (living and non-living). You alone create and rule over both humans (bipeds) and animals (quadrupeds). We worship You alone.



5. ओ३म् येन द्यौरुग्रा पृथिवी च दृढा येन स्वःस्तभितं येन नाकः ।
योऽअन्तरिक्षे रजसो विमानः कस्मै देवाय हविषा विधेम ॥

Om yena dyaurugraa prithivi cha dridhaa yena svaha-
stabhitam yena naakah |
Yo-antarikshe rajaso vimaanaha kasmai devaaya havishaa
vidhema ||

ஓம் யேன த்ளளாருக்ரா ப்ருதீவீ ச த்ருடா யேன ஸ்வ: ஸ்தபிதம்
யேன நாக:|

யோ ஸ அந்தரிக்ஷே ரஜஸோ விமான: கஸ்மை தேவாய ஹவிஷா விதேம ||

(Yajur Veda | Chapter 32 | Mantra 6)

O God! You sustain this Universe including Sun, Earth and other celestial bodies that maintain balanced momentum. You are the Giver of true happiness and bliss. We worship You alone.



6. ओ३म् प्रजापते न त्वदेतान्यन्यो विश्वा जातानि परिता बभूव ।
यत्कामास्ते जुहुमस्तन्नोऽस्तु वयं स्याम पतयो रयीणाम् ॥

Om prajaapate na tvadetaa-nyanyo vishvaa jaataani paritaa
babhoova |
Yatkaamaaste juhumastanno-astu vayam syaama patayo
rayeenaam ||

ஓம் ப்ரஜாபதே ந த்வதே தான்யன்யோ விஸ்வா ஜாதானி பரி தா பபூவ |
யத்காமாஸ்தே ஜஹுமஸ்தன்னோ அஸ்து வயம் ஸ்யாம பதயோ
ரயீணாம் ||

(Rig Veda | Mandal 10 | Sukta 121 | Mantra 10)

O God! You are the Lord of all. None other than You rules over life forms and the material world. May You fulfill all our cherished desires and may we have wealth and other material things.



7. ओ३म् स नो बन्धुर्जनिता स विधाता धामानि वेद भुवनानि विश्वा ।
यत्र देवा अमृतमानशानास्तृतीये धामन्ध्यैरयन्त ॥

Om sa no bandhur-janita sa vidhaataa dhaamaani veda
bhuvanaani vishvaa |
Yatra devaa amritamaana-shaanaas-triteeye
dhaamanna-dhyairayanta ||

ஓம் ஸ நோ பந்துர் ஜனிதா ஸ விதாதா தாமானி வேத புவனானி
விஸ்வா |

யத்ர தேவா அம்ருதமான ஸானாஸ் த்ருதீயே தாமன்ன த்யையரயந்த ||

(Yajur Veda | Chapter 32 | Mantra 10)

O God! You are our parent and our brother. You are our sustainer and controller. You are our teacher and judge. You know the name, place and source of everything. The enlightened souls, who trust You, have a sense of freedom and are not affected by miseries.



8. ओ३म् अग्ने नय सुपथा राये अस्मान् विश्वानि देववयुनानि विद्वान् ।
युयोध्यस्मज्जुहुराणमेनो भूयिष्ठान्ते नम उक्तिं विधेम ॥

Om agne naya supathaa raaye asmaan vishvaani deva-
vayunaani vidvaan |
Yuyo-dhyasmaj-juhuraana-meno bhooyishtaante nama uktim
vidhema ||

ஓம் அக்னே நய சுபதா ராயே அஸ்மான் விஸ்வானி தேவ
வயுனானி வித்வான் |
யுயோத் யஸ்மஜ் ஜூஹூராணமேனோ பூயிஷ்டாந்தே நம
உக்திம் விதேம ||

(Yajur Veda | Chapter 40 | Mantra 16)

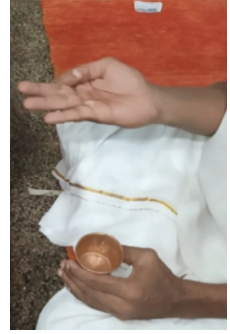
O God! Please lead us on to the right path of honesty and simplicity. Remove from us all sins and crookedness. May we do only good deeds. We praise and worship You alone.



IV. आचमन मन्त्राः | Aachmana Mantras PURIFYING SELF - WATER

Directions - Each Yajmaan may take some water in the right palm from the small tumblers. Recite first of the three mantras. After 'Svaaha' sip the water.

In the same manner, once again take some water in the right palm and sip it after reciting the second and the third mantra. After sipping the water for the third time, you may take some additional water and slightly rinse your palms.



Sipping of water helps you clear your throat, making you feel comfortable as you start performing the Agnihotra.

9.	ओ३म् अमृतोपस्तरणमसि स्वाहा ॥	Om amrito- pastaranamasi svaaha ॥ (First sip)	ஓம் அம்ருதோபஸ்தரணமஸி ஸ்வாஹா ॥	May God protect me from below, i.e. internal problems.
10.	ओ३म् अमृतापिधानमसि स्वाहा ॥	Om amrita- pidhaanamasi svaaha ॥ (Second sip)	ஓம் அம்ருதாபிதாநமஸி ஸ்வாஹா ॥	May God protect me from above, i.e. external problems.
11.	ओ३म् सत्यं यशः श्रीर्मयि श्रीः श्रयतां स्वाहा ॥	Om satyam yashaha shrirmayi srihi shrayataam svaaha ॥ (Third sip)	ஓம் ஸத்யம் யஸ: ஸ்ரீர்மயி ஸ்ரீ: ஸ்ரயதாம் ஸ்வாஹா ॥	May God bless me with true knowledge, glory and material prosperity.

(Taittiriya Aaranyaka | Prapataka10. Anuvakam 32, 35)

अंग स्पर्श मन्त्राः । Angasparsha Mantras

Directions - Take some water in your left palm. As you recite the following mantras (12 - 18), touch the relevant organ of your body, with the middle and ring finger of your right hand.



12.	ओ३म् वाङ्म आस्येऽस्तु ॥	Om vaangma aasye astu ॥	ஓம் வாங்க்ம் ஆஸ்யேஸ்து ॥ (வாயின் இரு பக்கங்களும்)	May I have good speech	Touch your mouth (right and then left)
13.	ओ३म् नसोर्मे प्राणोऽस्तु ॥	Om nasorme praano astu ॥	ஓம் நஸோர்மே ப்ராணோஸ்து ॥ (மூக்கினிருபுறமும்)	May I have 'Praana' (breath) in my nostrils	Touch your nostrils (right and left)
14.	ओ३म् अक्षोर्मे चक्षुरस्तु ॥	Om akshanor- me chakshur- astu ॥	ஓம் அக்ஷணோர்மே சக்ஷுரஸ்து ॥ (இரு கண்கள்)	May I have vision in my eyes	Touch your eyes (right and left)
15.	ओ३म् कर्णयोर्मे श्रोत्रमस्तु ॥	Om karnayor- me shrotram- astu ॥	ஓம் கர்ணயோர்மே ஸ்ரோத்ரமஸ்து ॥ (இரு காதுகள்)	May I be able to hear with my ears	Touch your ears (right and left)
16.	ओ३म् बाह्वोर्मे बलमस्तु ॥	Om baahvor- me balam- astu ॥	ஓம் பாஹ்வோர்மே பலமஸ்து ॥ (இரு தோள்கள்)	May I have strength in my arms	Touch your arms (right and left)
17.	ओ३म् ऊर्वोर्मे ओजोऽस्तु ॥	Om urvor-ma ojo-astu ॥	ஓம் உர்வோர்ம் ஓஜோஸ்து ॥ (இரு தொடைகள்)	May I have vigour in my thighs	Touch your thighs (right and left)
18.	ओ३म् अरिष्टानि मेऽङ्गानि तनूस्तन्वा में सह सन्तु ॥	Om arishtaani me-angaani tanusstanva me saha santu ॥	ஓம் அரிஷ்டானி மேடங்கானி தனூஸ்தன்வா மே ஸஹ ஸந்து ॥ (உடம்பெல்லாம் நீர் தெளித்தல்)	May all major and minor limbs of my body remain healthy and free from diseases	Sprinkle the remaining water on your head

(Paaraskara Grihya Sutra, 1.3.25)

V. LIGHTING THE AGNI (FIRE)

Directions - Put a small piece of camphor in long spoon. Reciting the following mantra, ignite the camphor from the flame of a ghee lamp already kindled beforehand. Alternatively, ignite it with a match-stick.



19. ओ३म् भूर्भुवः स्वः ।

Om bhoor bhuvah svaaha ।

ஓம் பூர்புவ: ஸ்வ: ||

(Gobhila Grihya Sutra, 1.1.11)

Oh Almighty! The Giver of 'Praana' (life); Remover of our sorrow; Giver of happiness and bliss



20. ओ३म् भूर्भुवः स्वद्यौरिव भूम्ना पृथिवीव वरिम्णा ।

तस्यास्ते पृथिवि देवयजनि पृष्टेऽग्निमन्नादमन्नाद्यायादधे ॥

Om bhoor bhuvah svar-dyauriva bhumnaa prithviva varimnaa ।
Tasyaaste prithvi devayajani prishthe-agnim-annadam-
annadyayadadhe ॥

ஓம் பூர்புவ: ஸ்வர்த்யௌரீவ பூம்னா ப்ருதீவீவ வரிம்னா |
தஸ்யாஸ்தே ப்ருதீவீ தேவயஜனி ப்ருஷ்டேடேக்னி மன்னாத
மன்னாத்யாயாததே ||

(Yajur Veda | Chapter 3 | Mantra 5)

O God! You are the Giver of Praana (life), Remover of our sorrow, Giver of happiness and bliss. I hereby start the Agnihotra in this Hawan kund, which is placed on the Mother Earth. May the Agni (fire) be established smoothly and my offerings be kindly accepted



21. ओ३म् उद्बुध्यस्वाने प्रतिजागृहि त्वमिष्टापूर्ते सं सृजेथामयं च ।
अस्मिन्सधस्थेऽध्युत्तरस्मिन् विश्वे देवा यजमानश्च सीदत ॥

Om udbhudya-svaagne pratijaa-grihi tvam-ishtapoorte sam
srijethaam-ayam cha |
Asmint-sadhasthe-adhyuttarasmin vishve deva yajmaanashcha
seedata ||

ஓம் உத்புத்யஸ்வாக்னே ப்ரதீஜாக்ருஹி த்வமிஷ்டாபூர்த்தே ஸம்
ஸ்ருஜேதாமயம் ச |
அஸ்மின்த் ஸதஸ்தே அத்யுத்தரஸ்மின் விஸ்வேதேவா
யஜமானஸ்ச ஸீதத ||

(Yajur Veda | Chapter 15 | Mantra 54)

O God! May the kindled fire grow further in its full vigour. May our learned companions co-operate with us in all our work. May we help each other not only towards material progress but also towards our spiritual development.



VI. OFFERING ONLY SAMIDHA (FIREWOOD)

Directions - Each *yajmaan* (sitting on all four sides of the *Hawankund*) offers three *samidhas* each. The first *samidha* (firewood) is to be offered at the end of this mantra after 'Svaaha'.



22. ओ३म् अयन्त इध्म आत्मा जातवेदस्तेनेध्यस्व वर्द्धस्व चेद्ध वर्धय चास्मान् प्रजया पशुभिर्ब्रह्मवर्चसेनात्राद्येन समेधय स्वाहा ॥ इदमग्नये जातवेदसे इदं न मम ॥

Om ayanta idhma aatma jaatavedas-tene-dhyasva vardhasva chedha vardhaya chaasmaan prajaya pashubhir-brahmavarchase-naannaa-dyena samedhaya svaaha ॥

Idam agnaye jaatavedase idam na mama ॥

ஓம் அயந்த இதம் ஆத்மா ஜாதவேதஸ்தே நேத்யஸ்வ வர்த்தஸ்வ
சேத்தவர்தய சாஸ்மான் ப்ரஜயா பஸூபிர்

ப்ரஹ்மவர்த்சேனாந்நாத்யேன ஸமேதய ஸ்வாஹா ॥

இதமக்னயே ஜாதவேதஸே இதன்ன மம ॥

(Aashvalayana Grihya Sutra, 1.10.12)

O God! I offer this (samidha) to help this fire grow further in its full vigour. Similarly, may I also grow in my life blessed with family, animals as companions, vitality, food and other everyday needs. This offering is for the welfare of all - not only for me.



Directions - No offering (either Samidha or ghee) to be made after this mantra

23. ओ३म् समिधाग्निं दुवस्यत घृतैर्बोधयतातिथिम् ।

आस्मिन् हव्या जुहोतन ॥

Om samidha-agnim duvasyata ghritair-bodhaya-taa-tithim |
Aasmin havya juhotana ||

ஓம் ஸமிதாக்னிம் துவஸ்யத க்ருதைர்போத யதாதிதிம் |
ஆஸ்மின் ஹவ்யா ஜுஹோதன ॥

(Yajur Veda | Chapter 3 | Mantra 1)

O God! We make the fire grow further by offering ghee and samidha. This offering is for the welfare of all - not only for me.



Directions - The second samidha (firewood) is to be offered at the end of this mantra after 'Svaaha.'

24. ओ३म् सुसमिद्धाय शोचिषे घृतं तीव्रं जुहोतन ।

अग्नये जातवेदसे स्वाहा ॥ इदमग्नये जातवेदसे इदं न मम ॥

Om susamid-dhaaya shochishe ghritam teevram juhotana |
Agnaye jaatavedase svaaha || Idam agnaye jaatavedase idam na
mama ||

ஓம் ஸுஸமித்தாய ஸோசிஷே க்ருதம் தீவ்ரம் ஜுஹோதன
அக்னயே ஜாதவேதஸே ஸ்வாஹா ॥
இதமக்னயே ஜாதவேதஸே இதன்ன மம ॥

(Yajur Veda | Chapter 3 | Mantra 2)

O God! We offer pure and fragrant ghee in the fire. All the offerings will get converted into fine particles purifying the atmosphere. This offering is for the welfare of all - not only for me.



Directions - The third samidha is to be offered at the end of this mantra after 'Svaaha.'

25. ओ३म् तन्त्वा समिद्धिरङ्गिरो घृतेन वर्द्धयामसि ।

बृहच्छोचा यविष्ठय स्वाहा ॥ इदमग्नयेऽङ्गिरसे इदं न मम ॥

Om tam-tvaa samidbhir-angiro ghritena vardhayaamasi |
Briha-chhochaa yavishtya svaaha | Idam agnaye angirase idam
na mama ||

ஓம் தந் த்வா ஸமித்பிரங்கிரோ க்ருதேன வர்த்த யாமஸி

ப்ருஹ்ச்சோசா யவிஷ்டய ஸ்வாஹா |

இதமகன்யே அங்கிரஸே இதன்ன மம ||

(Yajur Veda | Chapter 3 | Mantra 3)

O Agni (fire)! We offer you ghee and samidha, thus ensuring you glow brightly. This offering is for the welfare of all - not only for me.



VII. OFFERING GHEE

Directions - This mantra is to be repeated five times. At the end of each mantra, Ghee should be offered to the Agni (fire).

26. ओ३म् अयन्त इध्म आत्मा जातवेदस्तेनेध्यस्व वर्द्धस्व चेद्ध वर्धय चास्मान् प्रजया पशुभिर्ब्रह्मवर्चसेनान्नाद्येन समेधय स्वाहा ॥ इदमग्नये जातवेदसे इदं न मम ॥

Om ayanta idhma aatma jaatavedas-tene-dhyasva vardhasva
chedha vardhaya chaasmaan prajaya pashubhir-brahmavarchase-
naannaa-dyena samedhaya svaaha ॥

Idam agnaye jaatavedase idam na mama ॥

ஓம் அயந்த இதம் ஆத்மா ஜாதவேதஸ்தேநேத்யஸ்வ
வர்த்தஸ்வ சேத்தவர்தய சாஸ்மான் ப்ரஜயா பஸூபிர்
ப்ரஹ்மவர்ச்சஸேனாந்நாத்யேன ஸமேதய ஸ்வாஹா |
இதமக்னயே ஜாதவேதஸே இதன்ன மம ||

(Aashvalayana Grihya Sutra | 1.10.12)

O God! I offer this (ghee) to help this fire grow further in its full vigour. Similarly, may I also grow in my life blessed with family, animals as companions, vitality, food and other everyday needs. All these offerings are for the welfare of all - not only for me.

Why five times? We humans have five senses (also known as 'Gyaan-Indriya') through which we gain knowledge. These are eyes, nose, ears, tongue and skin. We chant this mantra five times, praying to the Almighty to keep all our five senses robust, such that we gain the right knowledge.



VIII. POURING WATER AROUND THE HAWANKUND

जल-प्रसेचन-मन्त्राः । Jala Prasechana Mantras

Directions - In this stage the water from the jug (kalash), is poured on all four sides of the Hawankund with chanting of the mantras. This is symbolic of the fact that this Earth is also surrounded by water, which has a very significant role in our lives.

The Main Yajmaan should sit on the Western side (i.e. facing the East)

Mantra 27



WEST



L EAST R

Mantra 28



R L



Mantra 29



R L

Mantra 30



27.	ओ३म् अदितेऽनुमन्यस्व ॥	Om adite- anumanyasva ॥	ஓம் அதிதேனும ன்யஸ்வ ॥	Eastern side of the Hawankund	O God! May this water be beneficial for us
28.	ओ३म् अनुमतेऽनुमन्यस्व ॥	Om anumate- anumanyasva ॥	ஓம் அனுமதேனும ன்யஸ்வ ॥	Western side of the Hawankund	
29.	ओ३म् सरस्वत्यनुमन्यस्व ॥	Om Sarasvatya- anumanyasva ॥	ஓம் ஸரஸ்வத்யனும ன்யஸ்வ ॥	Northern side of the Hawankund	

(Gobhila Grihya Sutra, 1.3.1-3)

Directions – Water from the jug (kalash), is to be poured on all the four sides of the Hawankund in the following sequence – East, South, West and North

30. ओ३म् देव सवितः प्रसुव यज्ञं प्रसुव यज्ञपतिं भगाय ।

दिव्यो गन्धर्वः केतपूः केतन्नः पुनातु वाचस्पतिर्वाचं नः स्वदतु ॥

Om deva savitah prasuva yajnam prasuva yajna-patim bhagaaya ।
Divyo gandharvah ketapooah ketannah punaatu vaachaspatir-
vaacham nah svadatu ॥

ஓம் தேவ ஸவித: ப்ரஸுவ யஜ்ஞம் ப்ரஸுவ யஜ்ஞபதிம் பகாய ।
திவ்யோ கந்தர்வ: கேதபூ: கேதந்ந: புநாது வாசஸ்பதிர்வாசம்ந: ஸ்வதது ॥

(Yajur Veda | Chapter 30 | Mantra 1)

O God! May this water inspire us to perform good deeds. May it purify our mind and knowledge. May it also purify our speech.



आधारावाज्यभाग आहुति मन्त्राः । AAGHARAVAAJYABHAG
AAHUTI MANTRAS
IX. OFFERING GHEE...CONTD.

31.	ओ३म् अग्नये स्वाहा ॥ इदमग्नये इदं न मम ॥	Om agnaye svaaha ॥ Idam agnaye idam na mama ॥	ஓம் அக்னயே ஸ்வாஹா இதமக்னயே- இதன்ன மம (வடபாகத்தில்)	<i>Offer ghee on northern side of Hawankund</i>	O God! This offering is for You – the 'Agni'; this is not mine.
32.	ओ३म् सोमाय स्वाहा ॥ इदं सोमाय इदं न मम ॥	Om somaaya svaaha ॥ Idam somaaya idam na mama ॥	ஓம் ஸோமாய ஸ்வாஹா இதம் ஸோம ாய - இதன்ன மம (நென் பாகத்தில்)	<i>Offer ghee on southern side of Hawankund</i>	O God! This offering is for You – the 'Soma'; this is not mine.

आज्यभाग आहुति मन्त्राः । AAJYABHAG AAHUTI MANTRAS

33.	ओ३म् प्रजापतये स्वाहा ॥ इदं प्रजापतये इदं न मम ॥	Om prajaapataye svaaha ॥ Idam prajaapataye idam na mama ॥	ஓம் ப்ரஜாபதயே ஸ்வாஹா இதம் ப்ரஜாபதயே இதன்ன மம (மத்திய பாகத்தில்)	<i>Offer ghee in middle of the Hawankund</i>	O God! This offering is for You - the 'Prajapati'; this is not mine.
34.	ओ३म् इन्द्राय स्वाहा ॥ इदमिन्द्राय इदं न मम ॥	Om indraaya svaaha ॥ Idam indraaya idam na mama ॥	ஓம் இந்த்ராய ஸ்வாஹா இதமிந்த்ராய- இதன்ன மம (மத்திய பாகத்தில்)	<i>Offer ghee in middle of the Hawankund</i>	O God! This offering is for You – the 'Indra'; this is not mine.

(Gobhila Grihya Sutra, 1.8.24, 45)

(Yajur Veda | Chapter 22 | Mantra 27)

(Yajur Veda | Chapter 18 | Mantra 28)

व्याहृति आहुति मन्त्राः । VYAHRITI AAHUTI MANTRAS

35	ओं भूरग्नये स्वाहा ॥ इदमग्नये - इदन्न मम ॥	Om bhur agnaye svaaha. Idam agnaye idam na mama.	ஓம் பூரக்னயே ஸ்வாஹா இதமக்னயே இதன்ன மம	<i>Offer ghee on northern side of Hawankund</i>	This offering is for 'Agni' Devataa. This is not mine.
36	ओं भुवर्वायवे स्वाहा ॥ इदं वायवे - इदन्न मम ॥	Om bhuvarvaayave svaaha. Idam vayaave idam na mama.	ஓம் புவர்வாயவே ஸ்வாஹா இதம் வாயவே இதன்ன மம	<i>Offer ghee on southern side of Hawankund</i>	This offering is for 'Vayu'; Devataa. This is not mine.
37	ओं स्वरादित्याय स्वाहा ॥ इदमादित्याय - इदन्न मम ॥	Om svar adityaaya svaaha. Idam adityaaya idam na mama.	ஓம் ஸ்வராதித்ய- ராய ஸ்வாஹா இதமாதித்யாய இதன்ன மம	<i>Offer ghee in middle of the Hawankund</i>	This offering is for 'Surya' Devataa. This is not mine.
38	ओं भूर्भुवः स्वरग्निवाय्वादित्येभ्यः स्वाहा ॥ इदमग्निवाय्वादित्येभ्यः इदन्न मम ॥	Om bhur bhuvah svar agni- vaayvaaditye- bhyah svaaha. Idam agni- vaayvaaditye- bhyah idam na mama.	ஓம் பூர் புவ: ஸ்வரக்னி வாய்வாதித்யேப்பய: ஸ்வாஹா இதமக்னி வாய்வாதித்யேப்பய: இதன்ன மம	<i>Offer ghee in middle of the Hawankund</i>	This offering is for all the 3 Devataa. This is not mine.

(Gobhila Grihya Sutra, 1.8.4)



(This aahuti may be given with jaggery. Sweet rice also be used but in very limited quantity)

स्विष्टकृत् आहुति मन्त्रः । SWISHTAKRIT AAHUTI MANTRA

39. ओ३म् यदस्य कर्मणोऽत्यरीरिचं यद्वा न्यूनमिहाकरम् ।
अग्निष्टत्स्विष्टकृद्विद्यात्सर्वं स्विष्टं सुहुतं करोतु मे ।
अग्नये स्विष्टकृते सुहुतहुते सर्वप्रायश्चित्ताहुतीनां कामानां समर्द्धयित्रे सर्वात्रिः
कामान्तसमर्द्धय स्वाहा ॥ इदमग्नये स्विष्टकृते इदं न मम ॥

Om yadasya karmano–atyareericham yadvaa nyu–namihaakaram ।
Agnishtat–svishtakrid–vidyaat–sarvam svishtam suhutam karotu me ।
Agnaye svishtha–krite suhutahute sarva–praayashchittaa–
huteenam kaamaanaam samardhayitre sarvaan–nah kaamaant–
samardhaya svaaha ॥ Idamagnaye svishtha–krite idam na mama ॥

ஓம் யதஸ்ய கர்மணோத்யரீரிசம் யத்வா ந்யூனமிஹாகரம் |
அக்னிஸ்டத் ஸ்விஷ்ட க்ருத்வித்யாத் ஸர்வம் ஸ்விஷ்டம் ஸுஹூதம்
கரோது மே | அக்னயே ஸ்விஷ்டக்ருதே ஸுஹூதஹூதே ஸர்வ
ப்ராயஸ்சித்தாஹூதீனாம் காமானாம் ஸமர்த்தயித்ரே
ஸர்வாந்ந: காமாந்ஸமர்த்தய ஸ்வாஹா || இதமக்னயே
ஸ்விஷ்டக்ருதே - இதன் லம ||

(Aashvalayana Grihya Sutra, 1.10.22)

(Satapatha Brahmana, 14.9.4.24),

(Paaraskara Grihya Sutra, 1.2.10)

O God! There could be certain deficiencies in the performance of the Agnihotra. We hereby request You to excuse us for such shortcomings. May You fulfill all our saatvik desires. This offering is for the welfare of all – not only for me.



प्राजापति आहुति मन्त्रः । PRAJAAPATI AAHUTI MANTRA

Directions – This is a silent prayer. We silently chant the word **प्राजापतये** (Prajapataye).

40. ओ३म् **प्राजापतये** स्वाहा । इदं प्राजापतये इदं न मम ॥

Om **prajaapataye** (recite this word silently) svaaha | Idam prajaapataye idam na mama ||

ஓம் **ப்ரஜாபதயே** ஸ்வாஹா | இதம் ப்ரஜாபதயே-இதன்ன மம ||

(Yajur Veda | Chapter 18 | Mantra 28)

O God! This offering is for You - the 'Prajapati'; this is not mine.



Directions – Mantras 41-52 (12 mantras) may be chanted only on special occasions. For the initial 4 mantras (41 – 44) only ghee may be offered after Svaaha; From Mantra 45 onwards, both ghee and samagri may be offered. For shorter version of the Agnihotra one may skip directly to Mantra 53 (Pg.30).

पवमान आहुति मन्त्राः । PAVAMAANA AAHUTI MANTRAS (OPTIONAL)

41. ओ३म् भूर्भुवः स्वः । अग्न आयूंषि पवस आसुवोर्जमिषं च नः ।
आरे बाधस्व दुच्छुनां स्वाहा ॥ इदमग्नये पवमानाय इदं न मम ॥

Om bhoor bhuvah svah | Agna aayumshi pavasa aasuvor-jamisham cha nah |

Aare baadhasva duch-chhu-naam svaaha || Idam agnaye pavamaanaaya, idam na mama ||

ஓம் பூர் புவஃ ஸ்வஃ | அக்ன ஆயும்ஷி பவஸ ஆ ஸுவோர்ஜமிஷம் ச நஃ ||
ஆரே பாதஸ்வ துச்சுனாம் ஸ்வாஹா || இதமக்னயே பவமானாய
இதன்ன மம ||

(Rig Veda | Mandal 9 | Sukta 66 | Mantra 19)

O Source of life, Remover of sorrow, Giver of happiness! May You purify our lives, give us food, mental strength and prosperity. May we not have any evil feelings. This offering is for the welfare of all - not only for me.



42. ओ३म् भूर्भुवः स्वः । अग्निर्ऋषिः पवमानः पाञ्चजन्यः पुरोहितः ।
तमीमहे महागयं स्वाहा । इदमग्नये पवमानाय इदं न मम ॥

Om bhoor bhuvah svah | Agnir-rishih pavamaanah
paancha-janyah purohitah |
Tamee-mahe mahaa-gayam svaaha || Idam-agnaye
pavamaanaaya, idam na mama ||

ஓம் பூர் புவ: ஸ்வ: | அக்னிர்ரிஷி: பவமான: பாஞ்சஜன்ய: புரோஹித:|
தமீமஹேமஹாகயம்ஸ்வாஹா||இதமக்னயேபவமானாயஇதன்னமம||

(Rig Veda | Mandal 9 | Sukta 66 | Mantra 20)

O Source of life, Remover of sorrow, Giver of happiness! You existed even before creation of this universe. You are the well-wisher of entire humanity. You protect us. This offering is for the welfare of all - not only for me.



43. ओ३म् भूर्भुवः स्वः । अग्ने पवस्व स्वपा अस्मे वर्चः सुवीर्यम् ।
दध्रयिं मयि पोषं स्वाहा ॥ इदमग्नये पवमानाय इदं न मम ॥

Om bhoor bhuvah svah | Agne pava-sva sva-paa asme varchah
suveeryam |
Dadhad-rayim mayi posham svaaha || Idam-agnaye
pavamaanaaya, idam na mama ||

ஓம் பூர் புவ: ஸ்வ:| அக்னே பவஸ்வ ஸ்வபா அஸ்மே வர்ச: ஸுவீர்யம் |
ததத்ரயிம் மயி போஷம் ஸ்வாஹா || இதமக்னயே பவமானாய இதன்ன
மம ||

(Rig Veda | Mandal 9 | Sukta 66 | Mantra 21)

O Source of life, Remover of sorrow, Giver of happiness! May our children develop good qualities. May You purify us and bless us with prosperity and vitality. This offering is for the welfare of all - not only for me.



44. ओ३म् भूर्भुवः स्वः । प्रजापते न त्वदेतान्यन्यो विश्वा जातानि परि ता बभूव ।
यत्कामास्ते जुहुमस्तन्नो अस्तु वयं स्याम पतयो रयीणां स्वाहा ॥
इदं प्रजापतये इदं न मम ॥

Om bhoor bhuvah svah | Prajaapate na twadetaa-nyanyo vishvaa
jaataani pari taa babhoova | Yat kaamaaste juhumas-tanno astu
vayam syaama patayo rayeenaam swaaha || Idam prajaapataye,
idam na mama ||

ஓம் பூர் புவ: ஸ்வ: | ப்ரஜாபதே ந த்வதே தான்யன்யோ விஸ்வா
ஜாதானி பரிதா பபூவ | யத்காமாஸ்தே ஜஹூமஸ்தன்னோ அஸ்து வயம்
ஸ்யாம பதயோ ரயீணாம் ஸ்வாஹா || இதம் ப்ரஜாபதயே இதன்ன மம ||

(Rig Veda | Mandal 10 | Sukta 121 | Mantra 10)

O Source of life, Remover of sorrow, Giver of happiness! None other than You rules over life forms and the material world. May You fulfill all our cherished desires and may we have wealth and other material things. This offering is for the welfare of all - not only for me.



अष्टाज्य आहुति मन्त्राः । ASHTAAJYA AAHUTI MANTRAS (OPTIONAL)

(Aahutis to be given with ghee and samagri)

45. ओ३म् त्वं नो अग्ने वरुणस्य विद्वान् देवस्य हेळोऽव यासि सीष्ठाः ।
यजिष्ठो वह्नितमः शोशुचानो विश्वाद्देषांसि प्र मुमुग्ध्यस्मत् स्वाहा ॥
इदमग्नीवरुणाभ्याम् इदं न मम ॥

Om twam no-agne varunasya vidvaan devasya hedo-ava
yaasi-seeshthaah |
Yajishtho vahnitamah shoshuchaano vishvaa- dweshaamsi
pra mumug-dhyasmat svaaha || Idam-agnee-varunaa-bhyaam,
idam na mama ||

ஓம் த்வந்நோ அக்னே வருணஸ்ய வித்வான் தேவஸ்ய ஹேடோ
வ யாஸிஸீஷ்டாஃ | யஜிஷ்டோ வஹ்நிதமஃ ஶோஸுசானோ விஸ்வா
த்வேஷாம்பஸி ப்ர முமுக்த்யஸ்மத் ஸ்வாஹா |இதமக்னீ வருணாப்யாம்
இதன்ன மம ||

(Rig Veda | Mandal 4 | Sukta 1 | Mantra 4)

O God! May You remove all our sources of sorrow and envy that others may have towards us. May You also remove our own shortcomings. This offering is for the welfare of all - not only for me.



46. ओ३म् स त्वं नो अग्नेऽवमो भवोती नेदिष्ठोऽस्या उषसो व्युष्टौ ।
अव यक्ष्व नो वरुणं रराणो वीहि मृळीकं सुहवो न एधि स्वाहा ॥
इदमग्नीवरुणाभ्याम् इदं न मम ॥

Om sa tvam no agne-avamo bhavotee-nedish-tho-asya
ushaso vyush-tau |

Ava yak-shva no varunam raraano veehi mrideekam
shuhavo na edhi svaaha || Idam-agni-varunaa-bhyaam, idam na
mama ||

ஓம் ஶ த்வந்நோ அக்னேஶவமோ பவோதீ நேதிஷ்டோ அஸ்யா
உஷஸோ வ்யுஷ்டௌ | அவ யக்ஷ்வ நோ வருணம் ரராணோ வீஹி
ம்ருடீகம் ஸுஹாவோ ந ஏதி ஸ்வாஹா || இதமக்னீ வருணாப்யாம்
இதன்ன மம ||

(Rig Veda | Mandal 4 | Sukta 1 | Mantra 5)

O God! May You protect us at all times. Since You are also compassionate, may we take shelter under You to remove all our sources of sorrow. This offering is for the welfare of all - not only for me.



47. ओ३म् इमं मे वरुण श्रुधी हवमद्या च मृळ्य । त्वामवस्युरा चके स्वाहा ॥

इदं वरुणाय इदं न मम ॥

Om imam me varuna shrudhi hava-madyaa cha mridaya |
Tvaam-vasyu-raa chake svaaha | Idam varunaaya, idam na mama ॥

ஓம் இமம் மே வருண ஸ்ருதீ ஹவமத்யா ச ம்ருடய | த்வாமவஸ்யுரா
சகே ஸ்வாஹா || இதம் வருணாய இதன்ன மம ||

(Rig Veda | Mandal 1 | Sukta 25 | Mantra 19)

O God! May You remove all my sorrow. May I be blessed with happiness this very day. May I always commit only noble deeds. This offering is for the welfare of all - not only for me.



48. ओ३म् तत्त्वा यामि ब्रह्मणा वन्दमानस्तदा शास्ते यजमानो हविर्भिः ।

अहेळमानो वरुणेह बोध्युरुशंस मा न आयुः प्र मोषीः स्वाहा ॥

इदं वरुणाय इदं न मम ॥

Om tatvaa yaami brahmanaa vandamaanas-tadaa shaaste
yajamaano havir-bhih | Aheda-maano varuneha bodhyu-
rushamsa maa na aayuh pra mosheeh svaaha | Idam
varunaaya, idam na mama ॥

ஓம் தந்த்வா யாமி ப்ரஹ்மணா வந்தமானஸ்ததா ஸாஸ்தே யஜமானோ
ஹவீர்ஹி: | அஹேட மானோ வருணேஹ போத்யுருஸம்ஸ

மா ந ஆயு: ப்ர மோஷீ: ஸ்வாஹா || இதம் வருணாய இதன்ன மம ||

(Rig Veda | Mandal 1 | Sukta 24 | Mantra 11)

O God! Doing noble deeds, I worship You with utmost love and devotion. Please listen to my prayers. Also, may I live a long meaningful life. This offering is for the welfare of all - not only for me.



49. ओ३म् ये ते शतं वरुण ये सहस्रं यज्ञियाः पाशा वितता महान्तः ।
तेभिर्नोऽद्य सवितोत वष्णुर्विश्वे मुञ्चन्तु मरुतः स्वर्काः स्वाहा ॥
इदं वरुणाय सवित्रे विष्णवे विश्वेभ्यो देवेभ्यो मरुद्भ्यः स्वर्केभ्यः इदं न मम ॥

Om ye te shatam varuna ye sahasram yaj-yi-yaah paashaa
vitataa mahaantah |
Tebhirno-adya savitota vishnur-vishve munchantu marutah
svarkaah svaaha ||
Idam varunaaya savitre vishnave vishve-bhyo deve-bhyo
marud-bhyah swarke-bhyah, idam na mama.

ஓம் யே தே ஸதம் வருண யே ஸஹஸ்ரம் யக்ஞீயா: பாஸா விததா
மஹாந்த: | தேபிர்நோ s அத்ய ஸவிதோத விஷ்ணுர்விஸ்வே முஞ்சந்து
மருத: ஸ்வர்கா: ஸ்வாஹா || இதம் வருணாய ஸவித்ரே விஷ்ணவே
விஸ்வேப்யோ தேவேப்யோ மருத்ப்ய: ஸ்வர்கேப்ய: இதன்ன மம ||

(Paaraskara Grihya Sutra 1.2.8)

O God! May I gain knowledge about the numerous rules that govern this entire Universe. May my scholarly friends help me emerge out of the shackles and attain salvation (Moksha). This offering is for the welfare of all - not only for me.



50. ओ३म् अयाश्चाग्नेऽस्यनभिश्चिपाश्च सत्यमित्त्वमया असि ।
अया नो यज्ञं वहास्यया नो धेहि भेषजं स्वाहा ॥ इदमग्नये अयसे इदं न मम ॥

Om ayaashcha-agne-asya-nabhi-shasti-paashcha satyamitva-mayaa
asi |

Ayaa no Yajnam vahaasya-yaa no dhehi bhesha-jam svaaha ||
Idam-agnaye ayase, idam na mama ||

ஓம் அயாஸ்சாக்னே s ஸ்யநபிஸஸ்திபாஸ்ச ஸத்யமித்வமயா அஸி |
அயா நோ யக்ஞம் வஹாஸ்யயா நோ தேஹி பேஷஜக்வம் ஸ்வாஹா ||
இதமக்னயே அயஸே இதன்ன மம ||

(Kaathyaayana Shroutsutra, 25.1.11)

O God! As You are present everywhere, You know about all my actions. May You provide the remedy to prevent me from spiritual diseases like anger, greed, jealousy, etc. This offering is for the welfare of all - not only for me.



51. ओ३म् उदुत्तमं वरुण पाशमस्मदवाधमं वि मध्यमं श्रथाय ।
अथा वयमादित्य व्रते तवानागसो अदितये स्याम स्वाहा ॥
इदं वरुणायाऽऽदित्यायाऽदितये च इदं न मम ॥

Om udut-tamam varuna paashamas-mada-vaa-dhamam
vi madhyamam shrathaaya |
Athaa vayam-aaditya vrate tavaa-naa-gaso aaditaye syaama
svaaha || Idam varunaayaa-adityaayaa-aditaye cha, idam na
mama ||

ஓம் உதுத்தமம் வருண பாஸமஸ்மத வாதமம் விமத்யமம் ஸ்ரதாய |
அதா வயமாதித்ய வ்ரதே தவாநாகஸோ அதீத்யே ஸ்யாம ஸ்வாஹா ||
இதம் வருணாயா஽஽தித்யாயா஽திதயே ச- இதன்ன மம ||

(Rig Veda | Mandal 1 | Sukta 24 | Mantra 15)

O God! May You set us free from bondage. May we not do any evil deeds. May we follow the rules stipulated by You, thus moving towards salvation (Moksha). This offering is for the welfare of all - not only for me.



52. ओ३म् भवतन्नः समनसौ सचेतसावरेपसौ ।
मा यज्ञं हिंस्रिं मा यज्ञपतिं जातवेदसौ शिवौ भवतमद्य नः स्वाहा ॥
इदं जातवेदोभ्याम् इदं न मम ॥

Om bhavatan-nah samanasaou sacheta-saa-vare-pasau |
Maa Yajnam him sishtam maa Yajna-patim jaatavedasau
shivau bhavata-madhya nah svaaha || Idam jaata-vedo-bhyaam,
idam na mama ||

ஓம் பவதன்ன: ஸமநஸௌ ஸசேதஸாவரேபஸௌ | மா யக்ஞம்
ஹிம் ஸிஷ்டம் மா யக்ஞபதிம் ஜாதவேதஸௌ ஸிவௌ பவதமத்ய ந:
ஸ்வாஹா || இதம் ஜாதவேதோப்யாம் - இதன்ன மம ||

(Yajur Veda | Chapter 5 | Mantra 3)

O God! May we continuously learn and benefit from the scholars. May they guide us onto the right path and always protect us. This offering is for the welfare of all - not only for me.



XI. OFFERING GHEE AND SAMAGRI (HERBAL POWDER)

Directions – From this Mantra onwards, the main yajmaan can continue to offer ghee. The other Yajmaans seated on other three sides of the Hawankund can start offering Samagri after ‘Svaaha’. Kindly note that only a little samagri should be offered to the fire with each mantra, such that it does not result in smoke.

Oblations for the morning sacrifice

53.	ओ३म् सूर्यो ज्योतिर्ज्योतिः सूर्यः स्वाहा ॥	Om suryo jyotir- jyotih suryah svaaha ॥	ஓம் ஸூர்யோ ஜ்யோதிர்ஜ்யோதி: ஸூர்ய: ஸ்வாஹா ॥	These offerings are for the morning time
54.	ओ३म् सूर्यो वर्चो ज्योतिर्वर्चः स्वाहा ॥	Om suryo varcho jyotir varchah svaaha ॥	ஓம் ஸூர்யோ வர்ச்சோ ஜ்யோதி ர்வர்ச்ச: ஸ்வாஹா ॥	They are dedicated to the Surya (Sun) Devtaa, which
55.	ओ३म् ज्योतिः सूर्यः सूर्यो ज्योतिः स्वाहा ॥	Om jyotih suryah suryo jyotih svaaha ॥	ஓம் ஜ்யோதி: ஸூர்ய: ஸூர்யோ ஜ்யோதி: ஸ்வாஹா ॥	is the source of life energy. It also symbolically represents Knowledge.
56.	ओ३म् सजूर्वेन सवित्रा सजूरु- षसेन्द्रवत्या जुषाणः सूर्यो वेतु स्वाहा ॥	Om sajur devena savitra saju- rushasendratyaa jushaanah suryo vetu svaha ॥	ஓம் ஸஜூர்வேன ஸவித்ரா ஸஜூ ருஷேஸேந் த்ரவத்யாஜுஷாண: ஸூர்யோ வேது ஸ்வாஹா ॥	May we also acquire knowledge and dispel the darkness around us.

(Yajur Veda | Chapter 3 | Mantra 9,10)



HOW TO OFFER SAMAGRI?



Oblations for the evening sacrifice

57.	ओ३म् अग्निर्ज्योतिर्ज्योतिरग्निः स्वाहा	Om agnir-jyotir- jyotir- agnih svaaha	ஓம் அக்னிர்ஜ்யோதிர் ஜ்யோதிர்க்னி: ஸ்வாஹா	These offerings are for the evening time
58.	ओ३म् अग्निर्वचो ज्योतिर्वचः स्वाहा ॥	Om agnir-varcho jyotir-varchah svaaha	ஓம் அக்னிர்வார்சோ ஜ்யோதிர்வார்ச : ஸ்வாஹா	They are dedicated to the Agni (Fire) Devtaa, which sustains life
59.	ओ३म् अग्निर्ज्योतिर्ज्योतिरग्निः स्वाहा ॥	Om agnir-jyotir- jyotir-agnih (<i>recite silently</i>) svaaha	ஓம் அக்னிர்ஜ்யோதிர் ஜ்யோதிர்க்னி : ஸ்வாஹா	It also symbolically represents Knowledge.
60.	ओ३म् सजूर्देवेन सवित्रा सजूरात्र्येन्द्रवत्या जुषाणोऽअग्निर्वेतु स्वाहा ॥	Om sajur-devena savitra saju- raatryendravatyaa jushaano agnir vetu svaaha	ஓம் ஸஜீர் தேவேன ஸவித்ரா ஸஜீராத்த்யேந்த்ர வத்யா ஜுஷாணோ அக்னிர்வேது ஸ்வாஹா	May we also acquire knowledge and dispel darkness around us.

(Yajur Veda | Chapter 3 | Mantra 9,10)



61. ओ३म् भूर्गनये प्राणाय स्वाहा । इदमग्नये प्राणाय इदं न मम ॥

Om bhur agnaye praanaaya svaaha |
Idam agnaye praanaaya idam na mama ||

ஓம் பூர்க்னயே ப்ராணாய ஸ்வாஹா |
இதம்க்னயே ப்ராணாய-இதம் ந மம ||

(Taittiriya Aaranyakam, 10.2)

O God! May our offering reach Agni Devtaa (Fire), which provides vitality to all human beings. This offering is for the welfare of all – not only for me.



62. ओ३म् भुवर्वायवेऽपानाय स्वाहा । इदं वायवेऽपानाय इदं न मम ॥

Om bhavar-vaayave-apaanaaya svaaha |
Idam vaayave-apaanaaya idam na mama ||

ஓம் புவர்வாயவே அபானாய ஸ்வாஹா |
இதம் வாயவே அபானாய-இதம் ந மம ||

(Taittiriya Aaranyakam, 10.2)

O God! May our offering reach Vayu Devtaa (Wind), which keeps all living beings healthy. This offering is for the welfare of all – not only for me.



63. ओ३म् स्वरादित्याय व्यानाय स्वाहा । इदमादित्याय व्यानाय इदं न मम ॥

Om svar-aadityaaya vyaanaaya svaaha |
Idam-aadityaaya vyaanaaya idam na mama ||

ஓம் ஸ்வராதித்யாய வ்யானாய ஸ்வாஹா |
இதமாதித்யாய வ்யானாய இதம் ந மம ||

(Taittiriya Aaranyakam, 10.2)

O God! May our offering reach Surya Devtaa (Sun), which is the source of life energy. This offering is for the welfare of all – not only for me.



64. ओ३म् भूर्भुवः स्वरग्निवाय्वादित्येभ्यः प्राणापानव्यानेभ्यः स्वाहा ।

इदमग्निवाय्वादित्येभ्यः प्राणापानव्यानेभ्यः इदं न मम ॥

Om bhur-bhuvah svar-agni-vaayavaaditye-bhyah praanaapaana-
vyaanebhyah svaaha |
Idam-agni-vaayavaaditye-bhyah praanaapaana-vyaanebhyah idam
na mama ||

ஓம் பூர்புவ: ஸ்வரக்னி வாய்வாதித்யேப்ய: ப்ராணாபான வ்யானேப்ய:
ஸ்வாஹா || இதமக்னிவாய்வாதித்யேப்ய: ப்ராணாபான வ்யானேப்ய:
இதம் ந மம ||

(Gobhila Grihya Sutra, 1.8.4)

The Universe can be divided into three regions – Earth, Atmosphere and Outer space. Earth is supported by Fire; Atmosphere is supported by Wind; Outer space is supported by Sun. O God! The Source of life, Remover of sorrow, Giver of happiness! May our offering reach everywhere. This offering is for the welfare of all – not only for me.



65. ओ३म् आपो ज्योती रसोऽमृतं ब्रह्म भूर्भुवः स्वरों स्वाहा ॥

Om aapo jyoti raso-amritam brahma bhur bhuvah svar-om svaaha ॥

ஓம் ஆபோ ஜ்யோதீரஸோ அம்ருதம் ப்ரஹ்ம பூர்புவ: ஸ்வரோம்
ஸ்வாஹா ॥

(Taittiriya Aaranyakam, 10.15)

O God! You are present everywhere; You are the source of knowledge; You are compassionate; You love all of us; You are the Giver of life; Remover of sorrow; Giver of happiness. You have bestowed us with everything in this world. We humbly offer this oblation to You.



66. ओ३म् यां मेधां देवगणाः पितरश्चोपासते ।

तया मामद्य मेधयाऽग्ने मेधाविनं कुरु स्वाहा ॥

Om yaam medhaam devaganaah pitarashcho-paasate |

Tayaa maam-adhya medhaya-agne medhaavinam kuru svaaha ॥

ஓம் யாம் மேதாம் தேவகணா: பிதரர்ச்சோபாஸதே |

தயா மாமத்ய மேதயாக்ணே மேதாவினம் கரு ஸ்வாஹா ॥

(Yajur Veda | Chapter 32 | Mantra 14)

O God! The scholars desire for good intellect, which protects them. With Your blessings, may I also be bestowed with the same intellect immediately, i.e. today.



67. ओ३म् विश्वानि देव सवितर्दुरितानि परा सुव ।

यद् भद्रं तन्न आ सुव स्वाहा ॥

Om vishwaani deva savitar-duritaani paraasuva ।

Yad bhadram tanna aasuva svaaha ॥

ஓம் விஸ்வானி தேவ ஸவிதர் துரிதானி பராஸுவ ॥

யத் பத்ரம் தன்ன ஆஸுவ ஸ்வாஹா ॥

(Yajur Veda | Chapter 30 | Mantra 3)

O God! Creator of the universe, and Giver of true happiness! We pray to You to remove all our shortcomings and vices. May You bestow upon us all good qualities.



68. ओ३म् अग्ने नय सुपथा राये अस्मान् विश्वानि देव वयुनानि विद्वान् ।

युयोध्यस्मज्जुहुराणमेनो भूयिष्ठान्ते नम उक्तिं विधेम स्वाहा ॥

Om agne naya supathaa raaye asmaan vishvaani deva
vayunaani vidvaan ।

Yuyo-dhyasmaj-juhuraana-meno bhooyishtaante nama uktim
vidhema svaaha ॥

ஓம் அக்னே நய ஸுபதா ராயே அஸ்மான் விஸ்வானி தேவ

வயுனானி வித்வான் |

யுயோத் யஸ்மஜ் ஜூஹூராணமேனோ பூயிஷ்டாந்தே நம உக்திம்

விதேம ஸ்வாஹா ॥

(Yajur Veda | Chapter 40 | Mantra 16)

O God! Please lead us on to the right path of honesty and simplicity. Remove from us all sins and crookedness. May we do only good deeds. We praise and worship You alone.



Directions - We chant the Gayatri mantra thrice. This is to emphasize the meaning behind the mantra.

69. ओ३म् भूर्भुवः स्वः । तत्सवितुर्वरेण्यं भर्गो देवस्य धीमहि ।
धियो यो नः प्रचोदयात् स्वाहा ॥

Om bhur bhuvah svah | Tat-savitur-varenyam bhargo devasya
dhimahi |

Dhiyo yo nah prachodayaat svaaha ||

ஓம் பூர்புவ: ஸ்வ: | தத் சவிறுர் வரேண்யம் பர்கோ தேவஸ்ய தீமஹி |
தியோ யோ ந: ப்ரசோதயாத் ஸ்வாஹா ||

(Yajur Veda | Chapter 36 | Mantra3)

O Source of life (Praana), Remover of sorrow, Giver of happiness!
We meditate upon You, who created this Universe and is the source
of all knowledge and bliss. We pray that You guide our intellect on
to the right path.



70. ओ३म् त्र्यम्बकं यजामहे सुगन्धिं पुष्टिवर्धनम् ।
उर्वारुकमिव बन्धनान्मृत्योर्मुक्षीय मामृतात् स्वाहा ॥

Om tryambakam yajaamahe sugandhim pushti-varadhanam |
Urvaarukamiva bandhanaan-mrtyor-mukshiya maa-amrtaat
svaaha ||

ஓம் த்ரயம்பகம் யஜாமஹே ஸுகந்திம் புஷ்டிவர்தனம் |

உர்வாருகமிவ பந்தனான் ம்ருத்யோர் முக்ஷீய மாம்முதாத் ஸ்வாஹா ||

(Rig Veda | Mandal 7 | Sukta 59 | Mantra 12)

Oh God! Creator and Protector of this Universe. You are also the
destroyer of evil and suffering. Your energy and fragrance provides
us the joy of life. We worship You!

Please release us from the bond of mortality (i.e. attachment) like
the musk melon fruit that detaches itself from the tree, once it
is ripe. Let our soul journey into immortality, when it leaves this
body.



71. ओ३म् नमः शंभवाय च, मयोभवाय च । नमः शङ्कराय च मयस्कराय च ।
नमः शिवाय च शिवतराय च स्वाहा ॥

Om namah shambhavaaya cha, mayaobhavaaya cha | Namah shankaraaya cha, mayaskaraaya cha | Namah shivaaya cha, shivataraaya cha ||

ஓம் நம: ஸாம்பவாய ச மயோபவாய ச| நம: ஸாங்கராய ச
மயஸ்கராய ச நம: ஸிவாய ச ஸிவதராய ச ஸ்வாஹா ||

(Yajur Veda | Chapter 16 | Mantra 41)

God is the source of all bliss and prosperity. He alone enriches us physically and spiritually. We humbly bow to Him.



पूर्णाहुति मन्त्रः । POORNAAHUTI MANTRA (THE FINAL OBLATIONS)

Directions - This mantra will mark the formal conclusion of the Agnihotra. We chant this mantra thrice, offering both ghee and samagri each time after 'Svaaha'.

72. ओ३म् सर्वं वै पूर्णं स्वाहा ॥

Om sarvam vai poornam svaaha ||

ஓம் ஸர்வம் வை பூர்ணம் ஸ்வாஹா ||

(Shatapatha Brahmana, 4.2.2.2, 5.2.2.1)

O God! You are present everywhere. This entire Universe created by You, is complete by itself. Listen to our prayers. We seek Your blessings to also be complete.



बलिवैश्वदेव यज्ञ मन्त्राः ।
XII. BALIVAISHVADEVA YAJNA MANTRAS
भूतयज्ञः । BHOOTA YAJNA (OPTIONAL)

Directions: For these mantras, one of the main yajmaans can offer ghee and the other yajmaan can offer sweets or jaggery or dry fruits, etc. simultaneously.

73	ओ३म् अग्नये स्वाहा ॥	Om agnaye svaaha ॥	ஓம் அக்னயே ஸ்வாஹா ॥
74	ओ३म् सोमाय स्वाहा ॥	Om somaaya svaaha ॥	ஓம் ஸோமாய ஸ்வாஹா ॥
75	ओ३म् अग्नीषोमाभ्यां स्वाहा ॥	Om agnee shomaabhyaam svaaha ॥	ஓம் அக்னீஷோமாப்யாம் ஸ்வாஹா ॥
76	ओ३म् विश्वेभ्यो देवेभ्यः स्वाहा ॥	Om vishvebhyo devebhyah svaaha ॥	ஓம் விஸ்வேப்யோ தேவேப்ய: ஸ்வாஹா ॥
77	ओ३म् धन्वन्तरये स्वाहा ॥	Om dhanvantaraye svaaha ॥	ஓம் தன்வந்தரயே ஸ்வாஹா ॥
78	ओ३म् कुह्वै स्वाहा ॥	Om kuhvai svaaha ॥	ஓம் குஹ்வை ஸ்வாஹா ॥
79	ओ३म् अनुमत्यै स्वाहा ॥	Om anumatyai svaaha ॥	ஓம் அநுமத்யை ஸ்வாஹா ॥
80	ओ३म् प्रजापतये स्वाहा ॥	Om prajaapataye svaaha ॥	ஓம் ப்ரஜாபதயே ஸ்வாஹா ॥
81	ओ३म् द्यावापृथिवीभ्यां स्वाहा ॥	Om dyaavaa-prithi- vee-bhyaam svaaha ॥	ஓம் த்யாவாப்ருதீவீப்யாம் ஸ்வாஹா ॥
82	ओ३म् स्वित्कृते स्वाहा ॥	Om swishtakrite svaaha ॥	ஓம் ஸ்விஷ்டக்ருதே ஸ்வாஹா ॥

These mantras are for the welfare of all living beings.



XIII. PRAYER MANTRAS

83. ओ३म् तेजोऽसि तेजो मयि धेहि । वीर्यमसि वीर्यं मयि धेहि ।
बलमसि बलं मयि धेहि । ओजोऽसि ओजो मयि धेहि ।
मन्युरसि मन्युं मयि धेहि । सहोऽसि सहो मयि धेहि ॥

Om tejo-asi tejo mayi dhehi | Veeryam-asi veeryam mai dhehi |
Balam-asi balam mayi dhehi | Ojo-asi ojo mayi dhehi |
Manyur-asi manyum mayi dhehi | Saho-asi saho mayi dhehi ॥

ஓம் தேஜோஸி தேஜோ மயி தேஹி | வீர்யமஸி வீர்யம் மயி தேஹி |
பலமஸி பலம் மயி தேஹி | ஓஜோஸிஓஜோ மயி தேஹி |
மன்யுரஸி மன்யும் மயி தேஹி | ஸஹோஸி ஸஹோ மயி தேஹி ॥

(Yajur Veda | Chapter 19 | Mantra 9)

You are the source of knowledge. May I obtain knowledge.
You are the source of vigour and vitality. Infuse me with same.
You are the source of strength. May I gain strength.
You are the passion for life. May I also be passionate.
You are the source of justice. May I also be just.
You are the source of patience. Imbibe in me patience.



84. ओ३म् सर्वे भवन्तु सुखिनः सर्वे सन्तु निरामयाः ।
सर्वे भद्राणि पश्यन्तु मा कश्चिद् दुःखभाग् भवेत् ॥

Om sarve bhavantu sukhinah sarve santu niraa-mayaah |
Sarve bhadraani pashyantuu maa kashcid duhkha-bhaag bhavet ॥

ஓம் ஸர்வே பவந்து ஸுகீந: ஸர்வே ஸந்து நிராமயா: | ஸர்வே பத்ராணி
பர்யந்து மா கஸ்சித் துஃகபாக்பவேத் ॥

O God! May all be happy; May all be free from illness and miseries
May all see what is auspicious; May no one suffer pain.



'MANGAL' PRAYER (Optional)

सबका भला करो भगवान्, सब पर दया करो भगवान् ।
सब पर कृपा करो भगवान्, सबका सब विधि हो कल्याण ।
सबको दो भक्ति का दान, सबको दो वेदों का ज्ञान ॥

Oh God! please take care of us & shower us with Your compassion. We pray for everyone's well-being and happiness. Give everyone the knowledge of Vedas and have devotion towards You.



त्वमेव माता च पिता त्वमेव, त्वमेव बन्धुश्च सखा त्वमेव ।
त्वमेव विद्या द्रविणम् त्वमेव, त्वमेव सर्वम् मम देव देव ॥

You are my Mother, You are my Father, You are my Relative,
You are my Friend, Knowing You is true Knowledge, Acquiring
You is true Wealth, You are Everything for me!



हे ईश सब सुखी हों, कोई न हो दुःखारी ।
सब हों निरोग भगवान्, धन धान्य के भण्डारी ॥
सब भद्रभाव देखें, सन्मार्ग के पथिक हों ।
दुःखिया न कोई होवे, सुष्टि में प्राणधारी ॥

Oh God! May all be happy; may no one be in grief; May all be healthy and have sufficient food, wealth etc. May all have a dharmic approach; may all travel on the right path; may no soul in the world be sad.



XIV. AGNIHOTRA PRAYER

यज्ञरूप प्रभो हमारे भाव उज्वल कीजिए ।

छोड़ देवे छल-कपट को, मानसिक बल दीजिए ॥

Yajna roopa prabho hamare, bhava ujjawal kijiye ।

Chhod deven chhal kapat ko, manasik bal deejiye ॥

யக்ஞரூப ப்ரபோ ஹமாரே பாவ உஜ்வல் கீஜியே

சோட தேவே சல் கபட் கோ மானஸிக் பல் தீஜியே

O God! May we have noble thoughts & intentions. May we not be wicked; please give us mental strength.



वेद की बोलें ऋचाएं, सत्य को धारण करें ।

हर्ष में हों मग्न सारे, शोक सागर से तरें ॥

Ved kee bolen richaaen, satya ko dhaaran karen ।

Harsh mein ho magna saare, shok saagar se taren ॥

வேத் கீ போலே ருசாயோங் ஸத்ய கோ தாரன் கரே

ஹர்ஷ் மே ஹோ மக்ன் ஸாரே ஸோக் ஸாகர் ஸே தரே

May we recite the Vedas and hold on to the Truth. May we all be happy, and no one be in grief.



अश्वमेधादिक रचाएँ यज्ञ पर उपकार को ।

धर्म-मर्यादा चलाकर, लाभ दें संसार को ।

Ashvmedhadika rachaayen, yajna para upakaar ko ।

Dharma- maryaadaa chalaakar, laabh den sansar ko ॥

அஸ்வமேதாதிக் ரசாயோங் யக்ஞ பர் உபகார் கோ

தர்ம-மர்யாதா சலாகர் லாப் தே ஸன்ஸார் கோ

May we regularly perform Yajna for benefit of all. May we follow Dharma and benefit the entire world.



नित्य श्रद्धा भक्ति से यज्ञादि हम करते रहें ।

रोग पीड़ित विश्व के संताप सब हरते रहें ॥

Nitya shraddha bhakti se, yajna-aadi ham karte rahen ।

Roga peedit vishwa ke, santaap saba haraten rahen ॥

நித்ய ஷ்ரத்தா பக்தி னே யக்ஞாதி ஹம் கர்தே ரஹே

ரோக பீடித் விஸ்வ கே ஸந்தாப் ஸப் ஹர்தே ரஹே

May we keep performing Yajna regularly with reverence. May we help to lessen pain and suffering in this world.



भावना मिट जाये मन से पाप अत्याचार की ।

कामनाएँ पूर्ण होवे यज्ञ से नर नार की ॥

Bhavanaa mit jaaye man se, paap atyachaar ki ।

Kaamanaaen poorna howe, yajna se nar naar ki ॥

பாவனா மிட் ஜாயே மன் னே பாப் அத்யாசார் கீ

காமனாயோங் பூர்ண ஹோவே யக்ஞ னே நர் நார் கீ

May we not have any thought of committing a sin or any atrocity. May noble desires of all be fulfilled by Yajna.



लाभकारी हो हवन हर जीवधारी के लिए ।

वायु जल सर्वत्र हो शुभ गन्ध को धारण किए ॥

Labhakari ho havan, har jeevadhaari ke liye ।

Vayu jal sarvatra ho, shubh gandha ko dhaaran kiye ॥

லாபகாரீ ஹோ ஹவன் ஹர் ஜீவதாரீ கே லியே

வாயு ஜல் ஸர்வத்ர ஹோ ஸூப கந்த கோ தாரன் கியே

May the Yajna be beneficial for all living beings. May the air and water hold the fragrance of the Yajna.



स्वार्थ भाव मिटे हमार प्रेम-पथ विस्तार हो ।

‘इदन मम’ का सार्थक प्रत्येक में व्यवहार हों ॥

Svaarth-bhava mite hamaara, prem-path vistaar ho ।

'Idam-na-mama' ka saarthak, pratyek mein vayavahaar ho ॥

ஸ்வார்த்த பாவ மிடே ஹமாரா பிரேமபத் விஸ்தார் ஹோ

‘இதன்ன மம’ கா ஸார்த்தக் ப்ரத்யேக் மே வ்யவஹார் ஹோ

May we get rid of our selfish motives and enhance the path of love.
May we truly believe and practice the fact that ‘Nothing is mine’.



हाथ जोड़ झुकाए मस्तक, वन्दना हम कर रहे ।

नाथ करुणा रूप करुणा आप की सब पर रहे ॥

Haath joda jhukaaye mastak, vandana ham kar rahe ।

Naath karuna roop karuna, aapaki sab par rahe ॥

ஹாத் ஜோட ஜுகாயே மஸ்தக் வந்தனா ஹம் கர் ரஹே

நாத் கருணா ரூப கருணா ஆப் கீ ஸப் பர் ரஹே

We pray to You with folded hands and bowing our heads. O
God! May Your kindness always be bestowed on everyone.



XV. BIRTHDAY PRAYER

ओ३म् तच्चक्षुर्देवहितं पुरस्ताच्छुक्रमुच्चरत् । पश्येम शरदः शतं जीवेम शरदः शतं
श्रुणुयाम शरदः शतं प्रब्रवाम शरदः शतमदीनाः स्याम शरदः शतं भूयश्च शरदः
शतात् ॥

Om Tach-chakshur-devahitam purastaa-chhukramuch-charat |
Pashyema sharadah shatam jeevema sharadah shatam shrunu-
yaama sharadah shatam prabravaama sharadah shatam-adinaah
syaama sharadah shatam bhuyash-cha sharadha shataat |

ஓம் தச்சக்ஷுர் தேவஹிதம் புரஸ்தாச்சுக்ரமுச்சரத் | பஸ்யேம ஸரத: ஸதம்
ஜீவேம ஸரத: ஸதம் ஸ்ருணுயாம ஸரத: ஸதம் ப்ரப்ரவாம ஸரத: ஸதமதீனா:
ஸ்யாம ஸரத: ஸதம் பூயஸ்ச ஸரத: ஸதாத் ||

(Yajurveda | Chapter 36 | Mantra 24)

Oh God – Our well-wisher and the Giver of knowledge. May we see and learn for hundred years; May we live healthily for hundred years; May we listen to scholars for hundred years; May we speak softly and always the truth for hundred years; May we live a happy meaningful life for hundred years and indeed even beyond that.



BIRTHDAY WISHES

हे.....! त्वं जीव शरदः शतं वर्द्धमानः । (आयुष्मान् / आयुष्मति), (तेजस्वी /
तेजस्विनी), (वर्चस्वी / वर्चस्विनी), (श्रीमान् / श्रीमति) भूयाः ॥

Hey_____! tvam jeeva sharadah shatam vardhamaanah |
(aayushmaan / aayushmati), (tejasvi / tejasvini), (varchasvi /
varchasvini), (shrimaan / shrimati) bhooyah | |

ஹேத்வம் ஜீவ ஸரத: ஸதம் வர்த்தமான: |
(ஆயுஷ்மான்/ஆயுஷ்மதி), (தேஜஸ்வீ/தேஜஸ்வினீ), (வாரசஸ்வீ/வாரசஸ்வினீ)
(ஸ்ரீமான்/ஸ்ரீமதி) பூயா: ||

O (name of the boy/ girl)! May you live for hundred years. May you be educated, compassionate, helpful, hard-working, prosperous and dharmic.

शान्तिपाठ मन्त्रः | SHANTI PAAT MANTRA

ओ३म् द्यौः शान्तिरन्तरिक्षं शान्तिः पृथिवी शान्तिरापः शान्तिरोषधयः शान्तिः ।
वनस्पतयः शान्तिर्विश्वेदेवाः शान्तिर्ब्रह्म शान्तिः
सर्वं शान्तिः शान्तिरेव शान्तिःसा मा शान्तिरेधि ॥
ओ३म् शान्तिः शान्तिः शान्तिः ॥

Om dhyaou shantir-antariksham shantih prithivi shantir-aph
shantir-oshadhayah shantih |

Vanaspatayah shantir-vishve devah shantir-brahma shantih
sarvam shantih shantir-eva shantih saamaa shantiredhi || Om
shantih-shantih-shantih ||

ஓம் த்யௌ: ஸாந்திரந்தரிக்காம் ஸாந்தி: ப்ருதிவீ ஸாந்திராப: ஸாந்தி:
ரோஷதய: ஸாந்தி: | வனஸ்பதய: ஸாந்திர்விஸ்வேதேவா: ஸாந்திர்
ப்ரஹ்ம ஸாந்தி: ஸர்வம் ஸாந்தி: ஸாந்திரேவ ஸாந்தி: ஸா மா ஸாந்தி
ரேதி || ஓம் ஸாந்தி: ஸாந்தி: ஸாந்தி: ||

(Yajur Veda | Chapter 36 | Mantra 17)

May the Celestial bodies and the sky bring us peace! May there
be peace on Earth!

May Water bring us peace!

May the various Herbs be source of peace!

May all Trees bring us peace!

May all Leaders and Scholars bring us peace!

May God and the Vedas inspire us with peace!

May all of us co-exist peacefully!

May I be always in peace!

May all of us be blessed with peace!



XVI. SANGATHAN SUKTA

1. सगच्छ्वं सं वदध्वम् सं वो मनांसि जानताम् ।

देवा भागं यथा पूर्वे सं जानाना उपासते ॥

Sangachchhadhvam sam vadadhvam sam vo manaansi jaanataam |

Devaa bhaagam yatha poorve sam jaanaanaa upaasate ||

ஓம் ஸம் கச்ச்வம் ஸம் வதத்வம் ஸம்வோ மனாம்ஸி ஜானதாம் |

தேவாபாகம் யதா பூர்வே ஸஞ்ஜானானா உபாஸதே ||

Let us all walk together, speak together in one voice, gain knowledge together. Like our 'Devaas' (scholars), may we always follow our duties.

2. समानी व आकूतिः समाना हृदयानी वः ।

समानमस्तु वो मनो यथा वः सुसहासति ॥

Samaanee va aakooti samaana hridayaanee vah |

Samaanamastu vo mano yatha vah susahaasati ||

ஓம் ஸமானீவ ஆகூதி: ஸமானா ஹ்ருதயானீ வ:|

ஸமானமஸ்து வோ மனோ யதா வ: ஸுஸஹாஸதி ||

May all our hearts and resolutions be aligned. May we be affectionate towards each other and prosper together.

3. समानो मन्त्रः समितिः समानी समानं मनः सह चित्तमेषाम् ।

समानं मन्त्रमभिमन्त्रये वः समानेन वो हविषा जुहोमि ॥

Samano mantrah samiti samani samanam manah saha chittmesham |

Samanam mantram-abhimantraye vah samanena vo havisha juhomi ||

ஓம் ஸமானே மந்த்ர: ஸமிதி: ஸமானீ ஸமானம் மன: ஸஹ சித்தமேஷாம் |

ஸமானம் மந்த்ரமபிமந்த்ரயே வ: ஸமானேன வோ ஹவிஷா ஜுஹோமி ||

May our thoughts and perspectives be aligned. God gives us knowledge equally, and showers His blessings on all of us.

4. सं समिद्युवसे वृषन्ग्ने विश्वान्यर्य आ ।

इत्स्पदे समिध्यसे स नो वसून्या भर ॥

Sam samidhyuvase vrishann-agne vishvaa-nyary aa |

Idaspade samidhyase sa no vasunya bhara ||

ஓம் ஸம்ஸமித்ய் யுவஸே வ்ருஷ்ணக்னே விஸ்வான் யர்ய ஆ |

இஸ்பதே ஸமித்யஸே ஸநோ வஸூன்யா பர ||

Oh God! You are all powerful and the Creator of the Universe. We all pray to you for your continued blessings.

XVII. MEDITATION

Directions – A short meditation session may be performed anytime during the day. Following text is only indicative. Changes can be made as deemed appropriate. It can be divided into three phases. Start with chanting 'Om' thrice.

Phase	Focus	Remarks
I	Stuti (स्तुति)	To invoke the virtues, deeds and the characteristics of God
II	Prarthanaa (प्रार्थना)	Pray to God for happiness, bliss and intellect
III	Upaasanaa (उपासना)	Communion with God – Feeling His presence

Phase I | Stuti

- You are भूः, | the Giver of life, giver of 'प्राणः' Pranah
- You are भुवः, | You remove all my sorrows, all my obstacles.
- You are स्वः, | Giver of happiness and bliss.
- You are सर्वशक्तिमान | You are all powerful.
- You are सर्वरक्षक | You protect me at all times.
- You are सर्वव्यापक | You exist everywhere, in each minute particle. It is like soaking cotton in water. Water exists in every particle of cotton.
- You are सर्वज्ञ | You know every aspect about me and everyone else. You constantly know what I think, speak and do.
- Oh Almighty ! You are न्यायकारी | You are the best judge. You sooner or later ensure justice for all. You are also compassionate.
- You are also सर्वाधार | You create and maintain this Earth, Sun, Moon and other Celestial Bodies. You have also scientifically created my complex body with over 1 lakh km long blood vessels.



Phase II | Prarthanaa

One can repeat the following 3 times.

Om आनंदः 'Aanandaha'.....You are the source of all happiness and bliss. Please bestow me with same.

You can alternatively also chant the Gayatri mantra praying for good intellect.

ओ३म् भूर्भुवः स्वः तत्सवितुर्वरेण्यं भर्गो देवस्य धीमहि ।

धियो यो नः प्रचोदयात् ॥

Om bhur bhuvah svah | Tat-savitur-varenyam bhargo devasya
dheemahi | Dhiyo yo nah prachodayaat ||

(Yajur Veda | Chapter 36 | Mantra 3)

Oh Source of life, Remover of sorrow, Giver of happiness! We meditate upon You, who created this Universe and is the source of all knowledge and bliss. We pray that You guide our intelligence on to the right path.



Phase III | Upaasanaa

Completely surrender to God. He is everything for us (the soul). Chant the following mantra slowly, internalizing the meaning.

त्वमेव माता च पिता त्वमेव । त्वमेव बन्धुश्च सखा त्वमेव ।

त्वमेव विद्या द्रविणम् त्वमेव । त्वमेव सर्वम् मम देव देव ॥

- त्वमेव माता | You are my Mother
- च पिता त्वमेव | You are my Father
- त्वमेव बन्धु | You are my Relative
- च सखा त्वमेव | You are my Friend
- त्वमेव विद्या | Knowing You is true Knowledge
- द्रविणं त्वमेव | Acquiring You is true Wealth
- त्वमेव सर्वं मम देव देव | You are Everything for me!



XVIII. MEAL TIME PRAYER

1. ओ३म् अन्नपतेऽन्नस्य नो देह्यनमीवस्य शुष्मिणः ।
प्रप्र दातारं तारिषऽ ऊर्जं नो धेहि द्विपदे चतुष्पदे ॥

Om annapate-annasya no deh-yanmi-vasya sushminah ।
Prapra daataaram taarisha oorjjan no dhehi dvipade chatushpade । ।

ஓம் அன்னபதே அன்னஸ்ய நோ தேஹ்யனமீவஸ்ய ஸூஷ்மிணஃ।
ப்ரப்ர தாதாரம் தாரிஷ்ட ஊர்ஜந் நோ தேஹி த்விபதே சதுஷ்பதே ॥

(Yajur Veda | Chapter 11 | Mantra 83)

Oh God! The Giver of Food ! May You provide us with healthy and energy producing food. Bless all those who have been involved in preparation of this food. May all living beings (human and animals) be blessed with energy giving food.



2. मोघमन्नं विन्दते अप्रचेताः सत्यं ब्रवीमि वध इत्स तस्य ।
नार्यमणं पुष्यति नो सखायं केवलाघो भवति केवलादी ।

Mogham-annam vindate aprachetaahaa satyam braveemi vadha
itsa tasya |

Naaryamanam pushyati no sakhaayam kevalaagho bhavati
kevalaadi | |

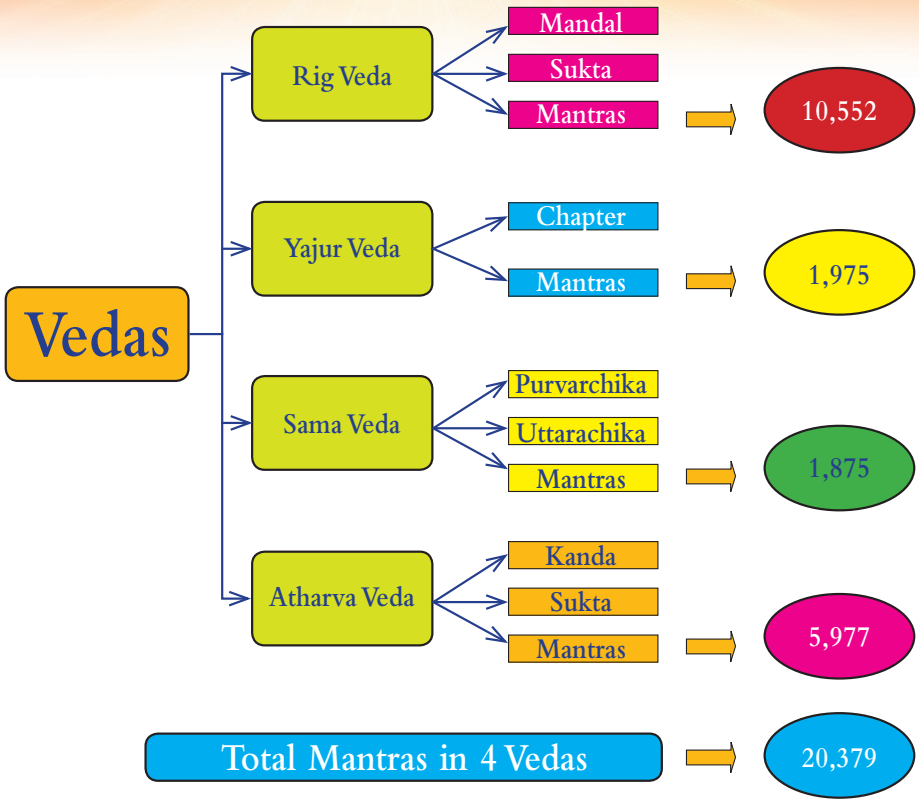
ஓம் மோகமன்னம் விந்ததே அப்ரசேதாஃ ஸத்யம் ப்ரவீமி வத
இத்ஸ தஸ்ய |

நார்யமனம் புஷ்யதி நோ ஸகாயம் கேவலாகோ பவதி கேவலாதீ ॥

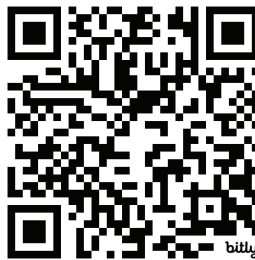
(RigVeda | Mandal 10 | Sukta 117 | Mantra 6)

The wealth of a person who does not share, for the benefit of family, friends, Vedic scholars, society or the country is useless. He lives a lonely life without accumulating any good Karma





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VEDIC WAY TO BEAT POLLUTION

One of the biggest industrial disasters in this world took place in Bhopal, India on the night of December 2, 1984, wherein about 3,800 people lost their lives. Methyl Isocyanate (MIC) gas leaked from Union Carbide factory in Bhopal causing great havoc. It was past midnight and people were asleep. The gas spread rapidly and people started coughing, feeling chest pain with burning sensation in the eyes. People came out on the streets and began running away. Many were trampled in the panic that followed.

S.L. Kushwaha, teacher aged about 45 years also woke up at 1:30 a.m., on hearing his wife Triveni vomiting. Soon he and his children also began feeling uneasy. Looking out of their home they saw people fleeing in panic. They got to know about the gas leak in the factory about a kilometer away. Just then Triveni suggested that they perform the Agnihotra. They decided to do so and surprisingly within 20 minutes the symptoms of MIC gas poisoning, faded away. It was not a miracle, but a simple scientific process. The gas that emanated from Agnihotra (essence of cow ghee & herbs) enveloped the area and kept the poisonous gas away. Indeed there was one another case – 33 year old M.L. Rathore, lived near the Bhopal Railway station where once again numerous people lost their lives. Rathore also started performing Agnihotra and the entire family got saved.



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