

General Knowledge

Activity Book II – Senior Nursery



This book belongs to

Name :

Class : Sec :

General Knowledge

Activity Book II – Senior Nursery



HERBS

This book belongs to

Name :

Class : Sec :

This book has been prepared by the Nursery team of the DAV Group of Schools, Chennai (managed by the Tamil Nadu Arya Samaj Educational Society). The book focuses on the Indian cultural heritage and promotes the spirit of patriotism amongst the tiny tots.

This is the first version of the book and could contain not only omissions, but also areas of improvement. We request the reader to excuse us for the omissions, but please do bring to our notice any feedback for correction and improvement in subsequent versions. We will remain grateful to you for your support and feedback. You can write to 'Tamilnadu Arya Samaj Educational Society' 212–213, Avvai Shanmugam Salai, Gopalapuram, Chennai – 600 086 or email to publications@davchennai.org. You may also write us to seek permission to print all or only certain chapters of the book.

Mason

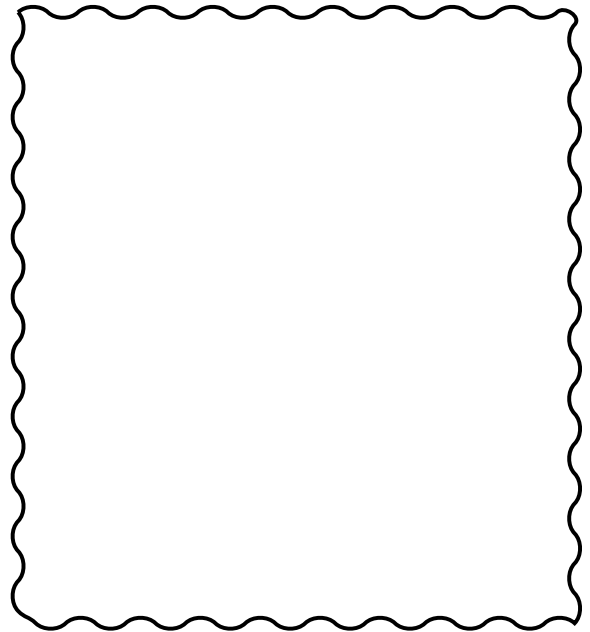
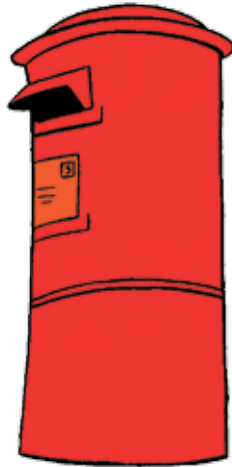


Name the different types of Houses



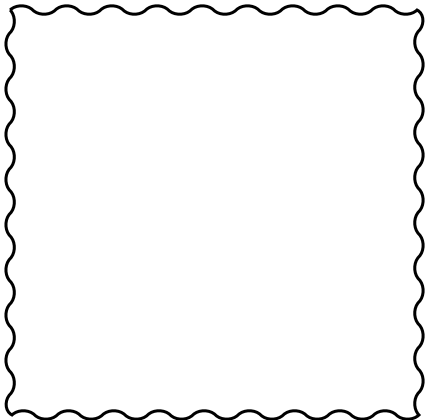
Postman

Design your own stamp

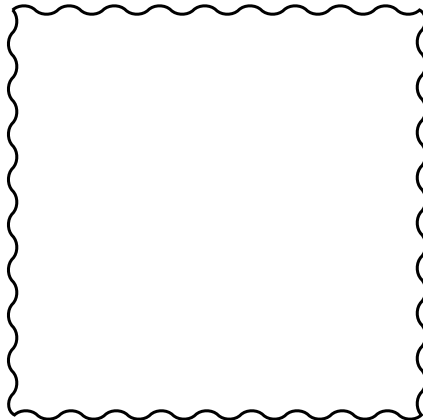


Draw

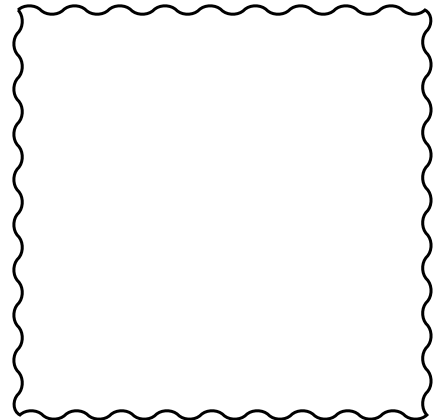
National Flower



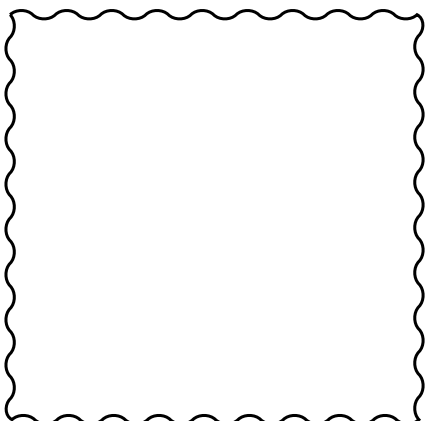
National Bird



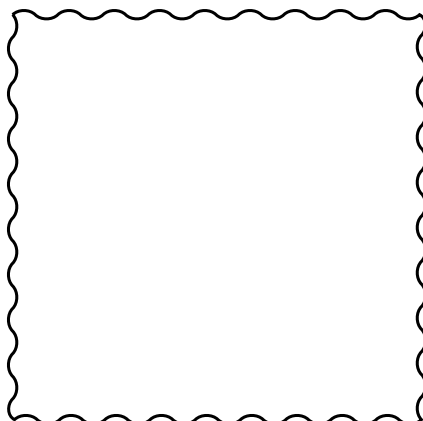
National Animal



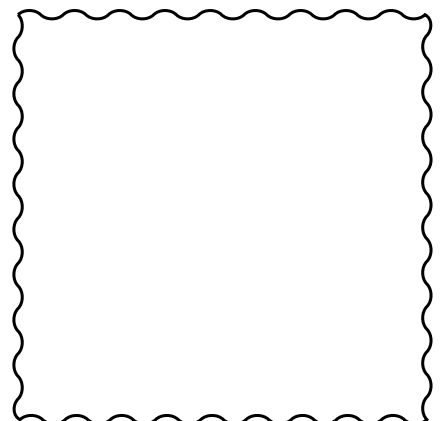
National Fruit



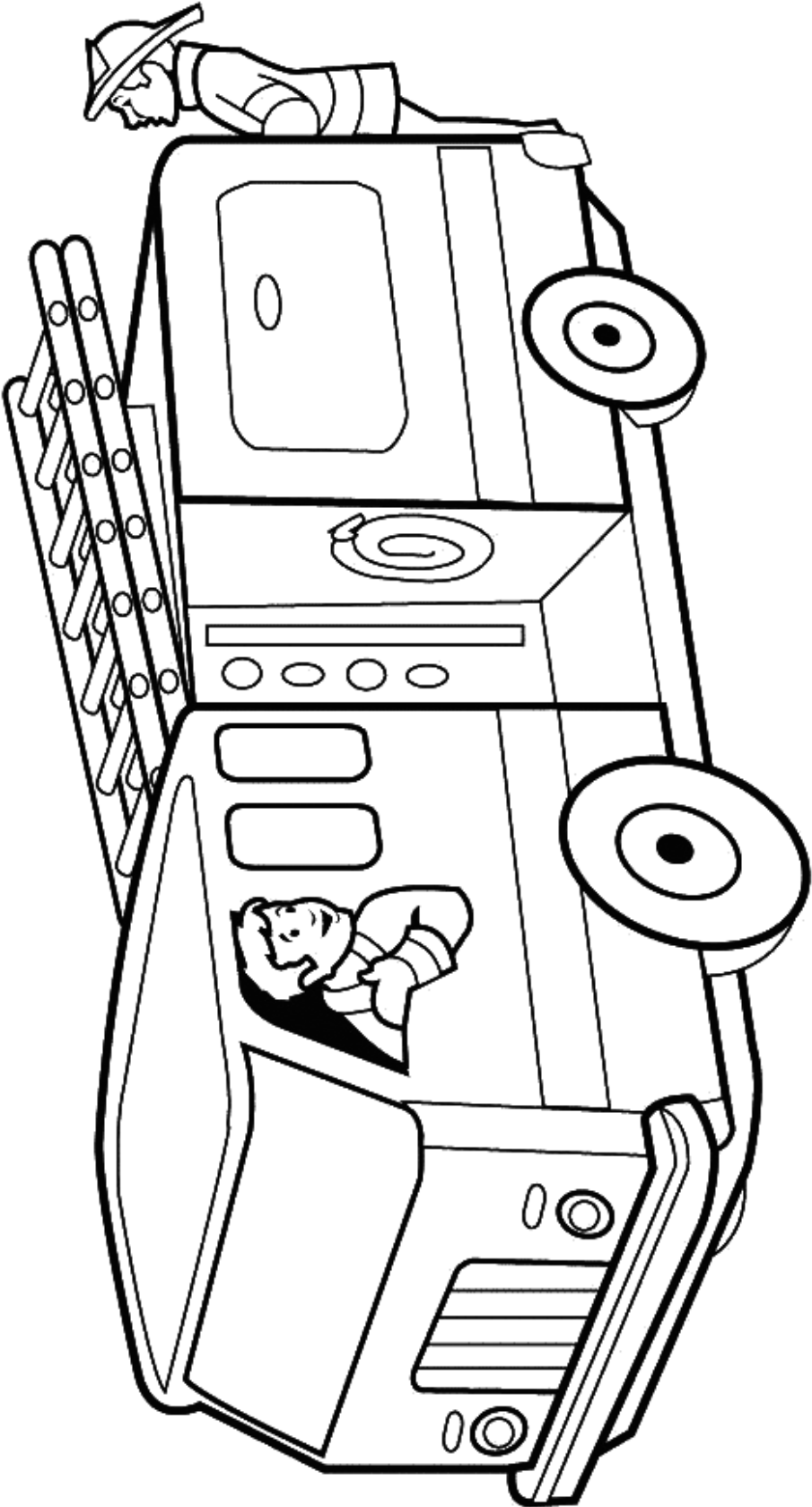
National Tree



National Game



Colour the fire engine



Baker – Colour the cakes as in the help box



Draw the things that the doctor uses



Draw the animals that a
veterinary doctor treats



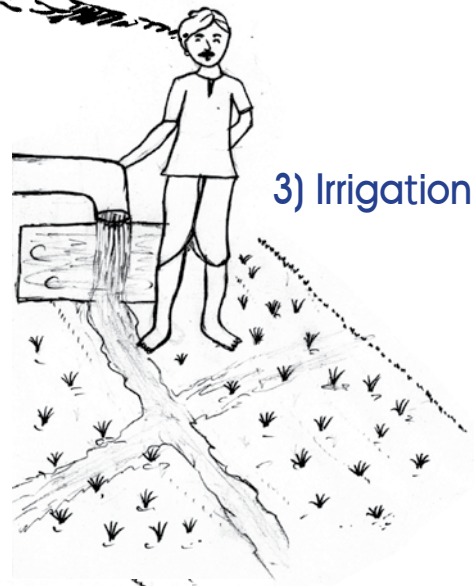
Stages of farming



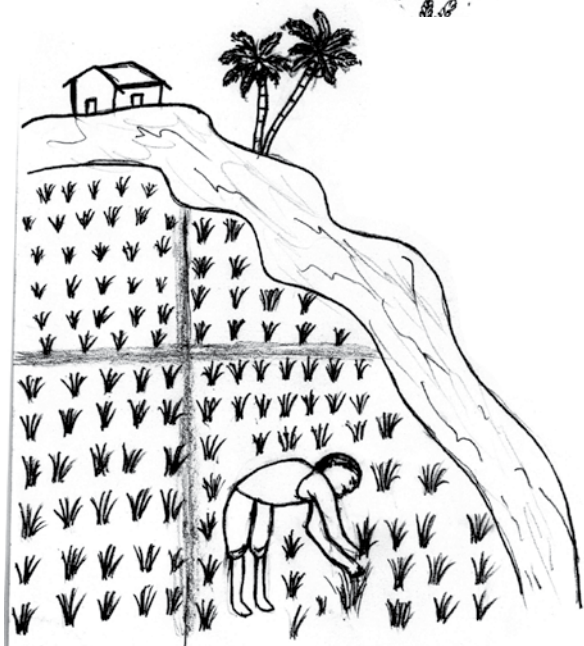
1) Ploughing



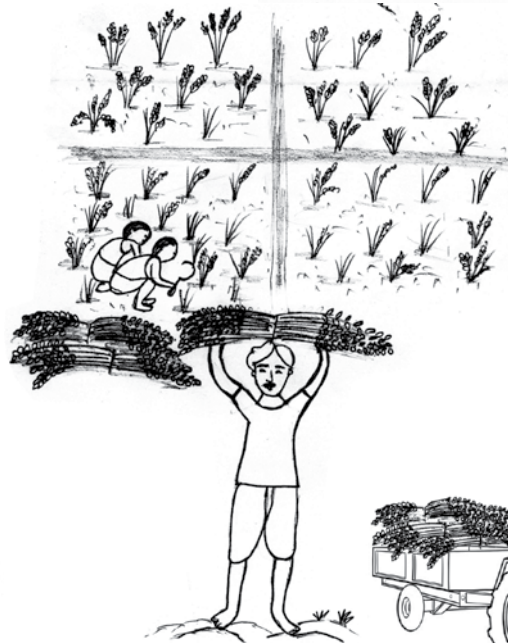
2) Sowing seeds



3) Irrigation






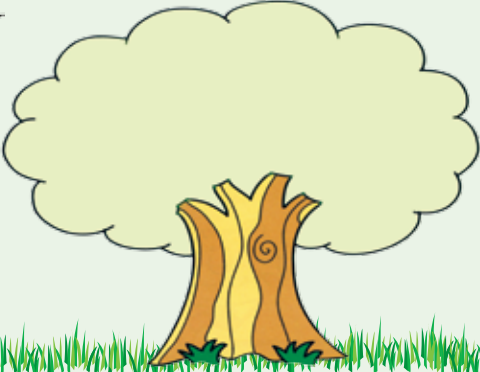





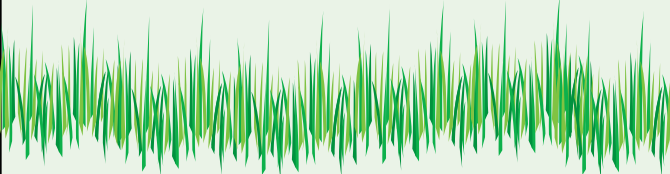

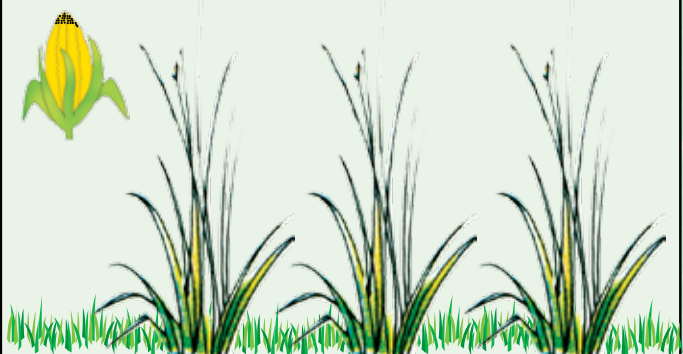
4) Crops planting



5) Harvesting

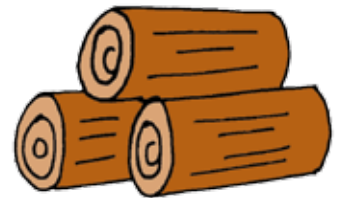
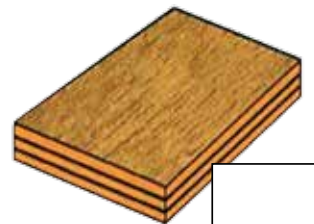
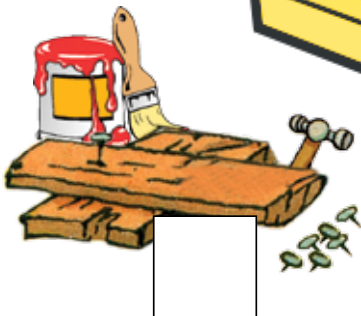
Help the farmer to grow these things – Draw



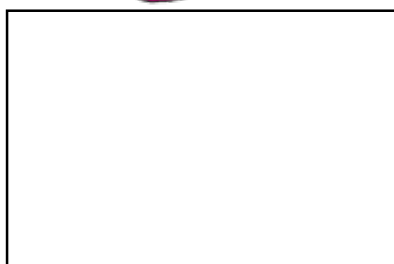
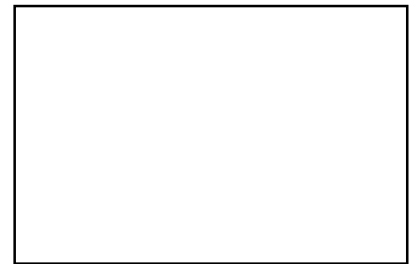
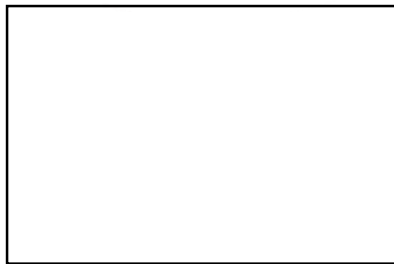
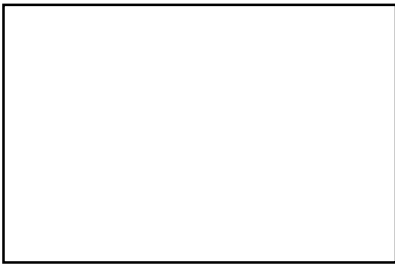
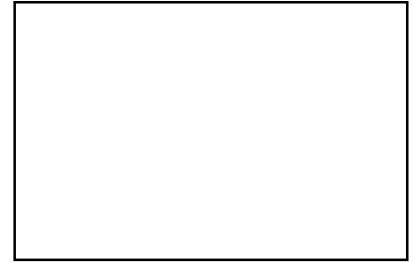
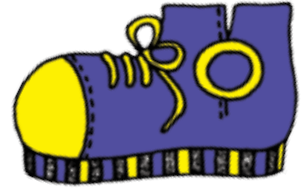
Carpenter

Which comes first to make a table
Draw the things you keep in your cupboard



Cobbler

Draw the pair for each shoe and colour



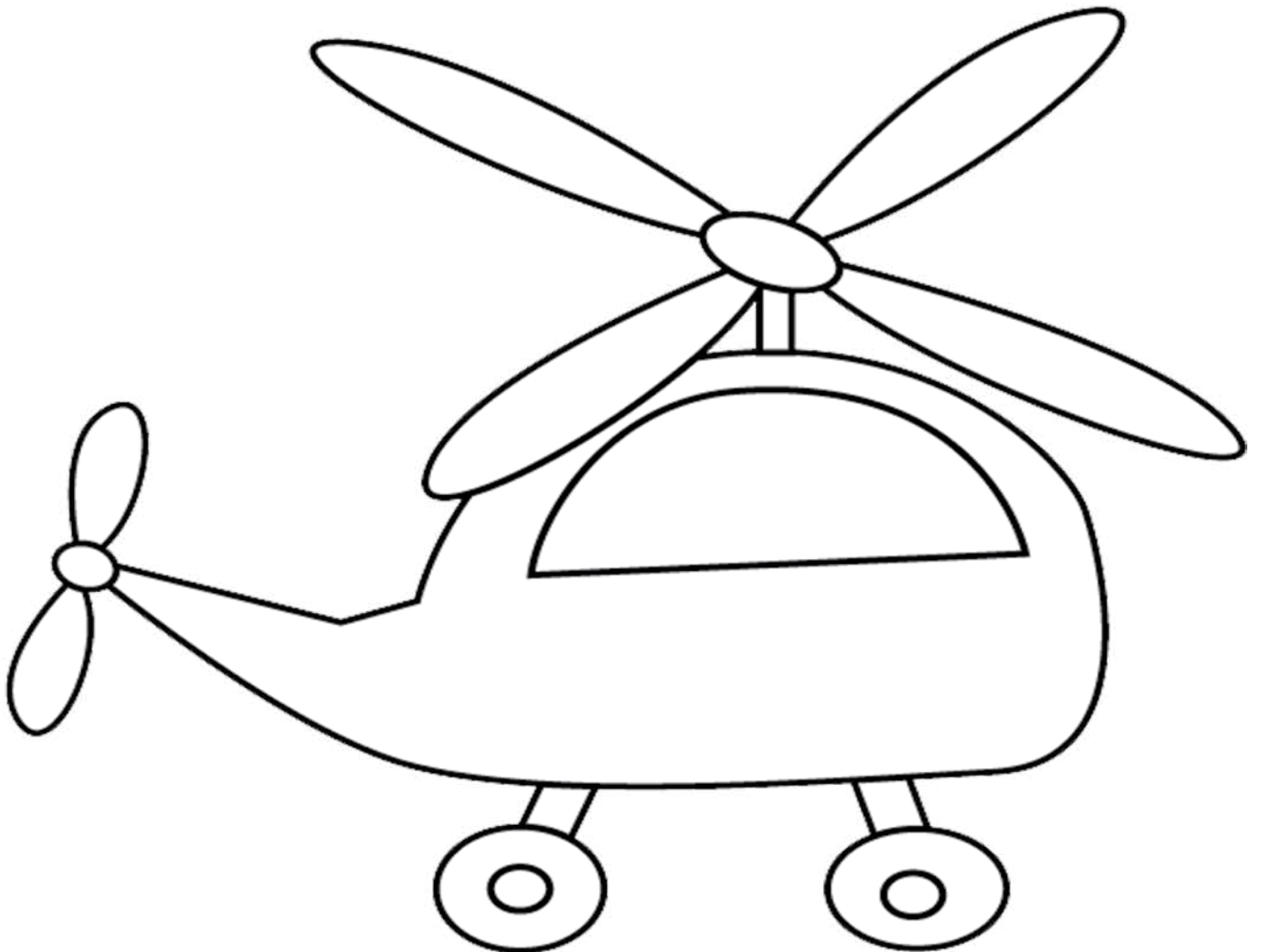
Tailor

Draw the things that the tailor uses



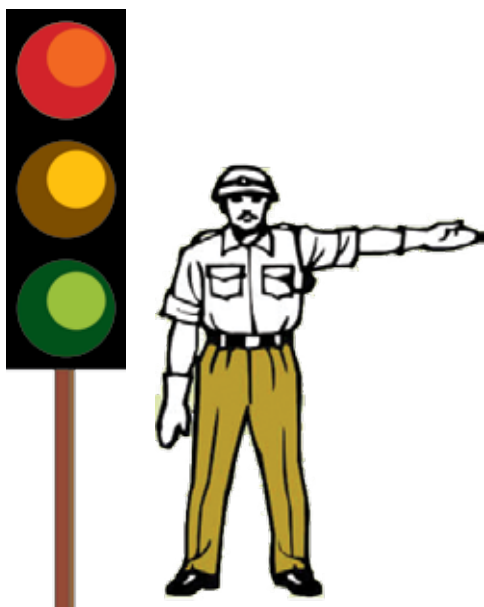
Pilot

Colour the helicopter



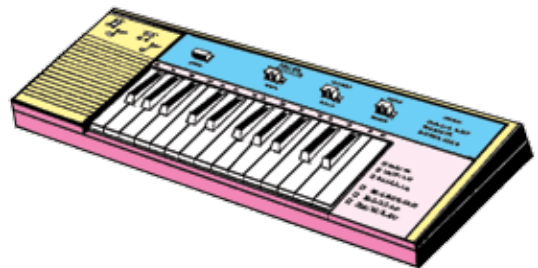
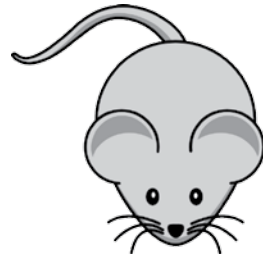
Policeman

Draw cars, trucks and buses



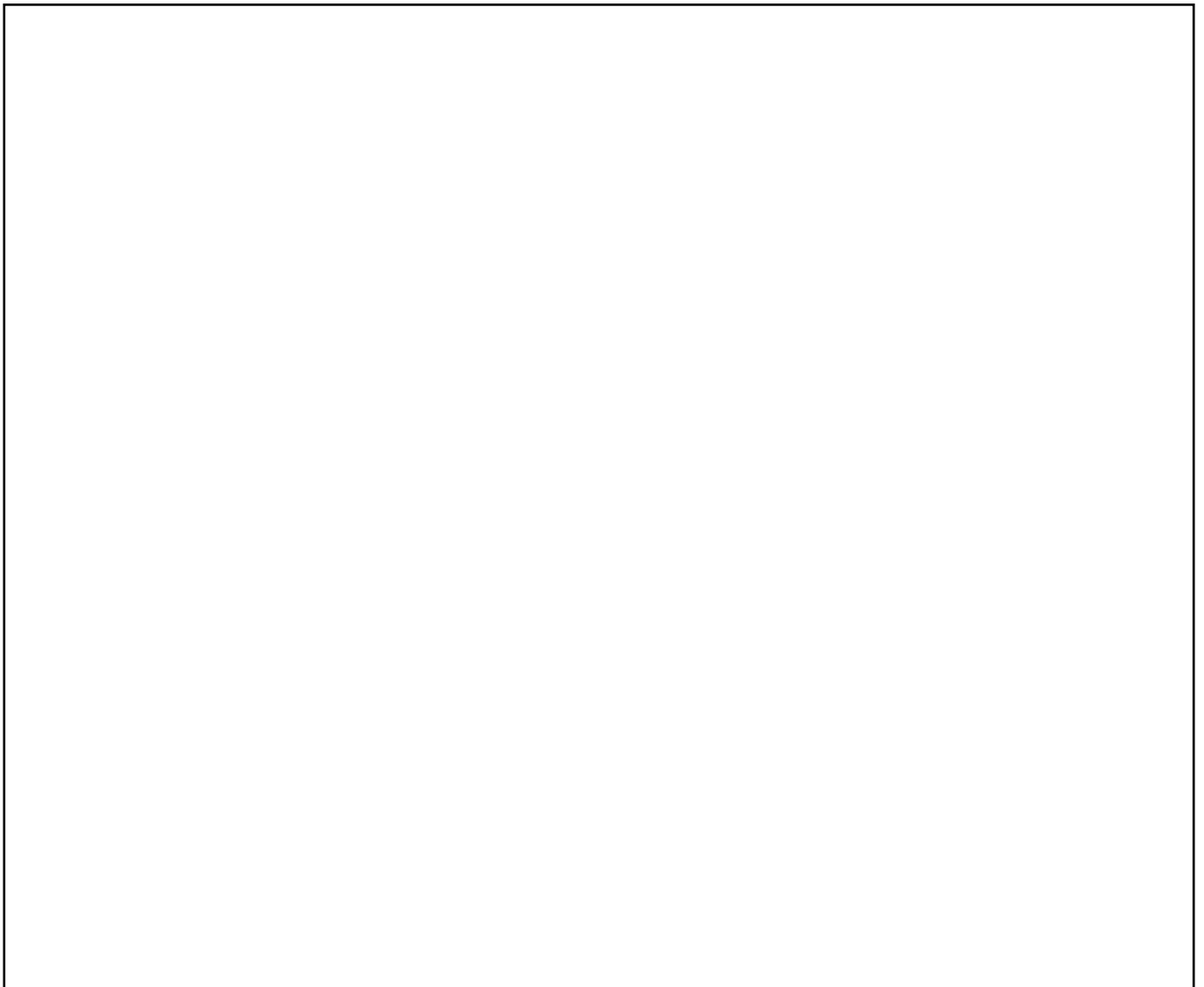
Office Executive

What is similar – Match

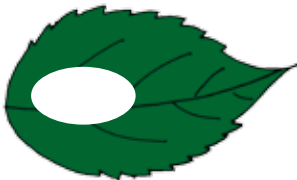
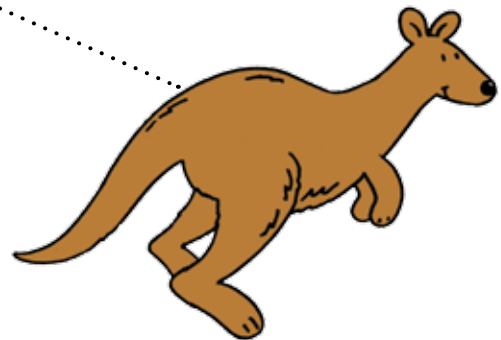
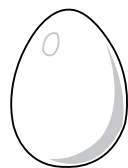
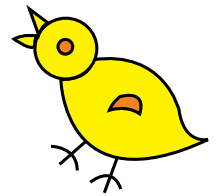
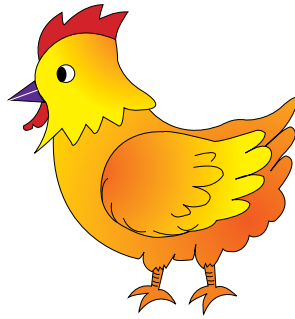


Artist

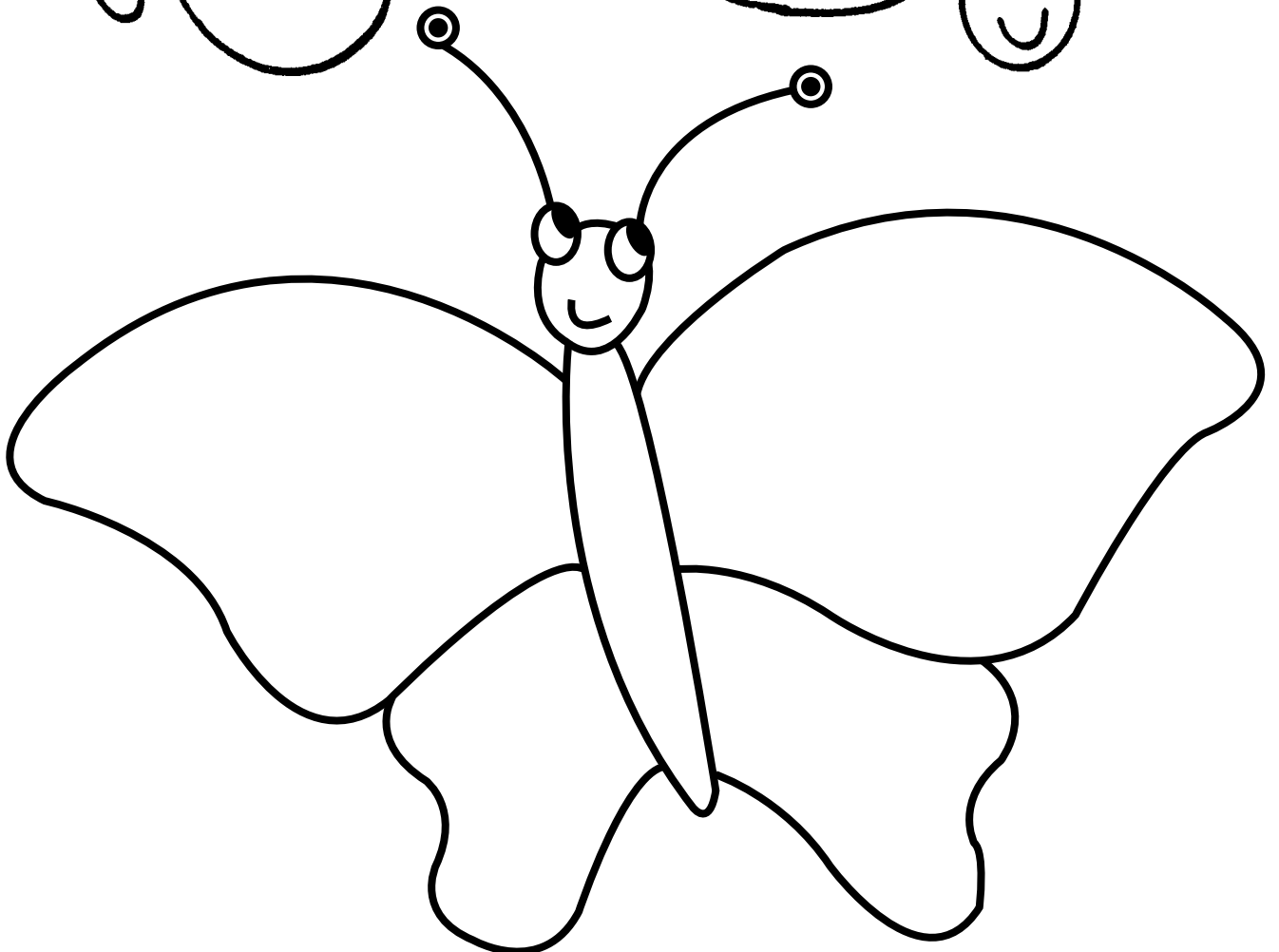
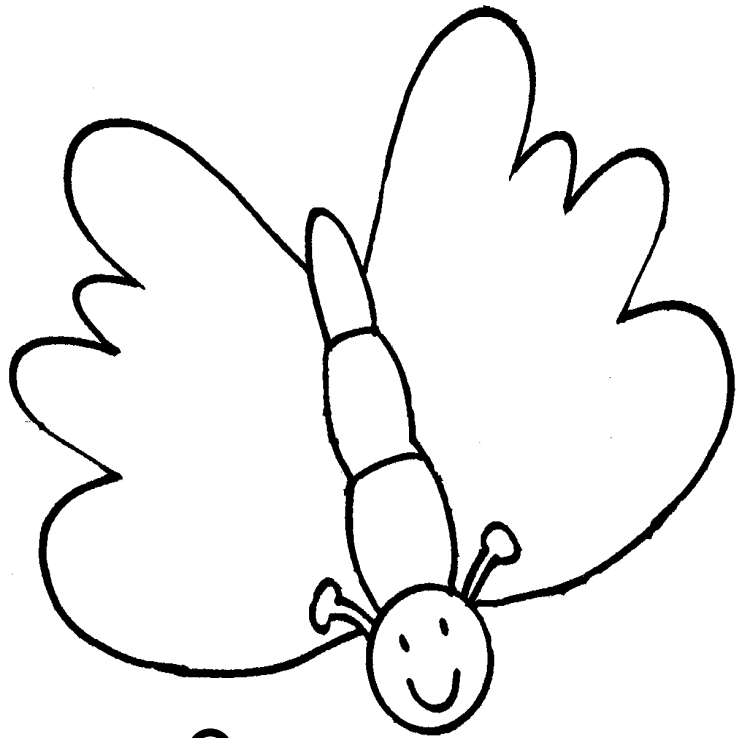
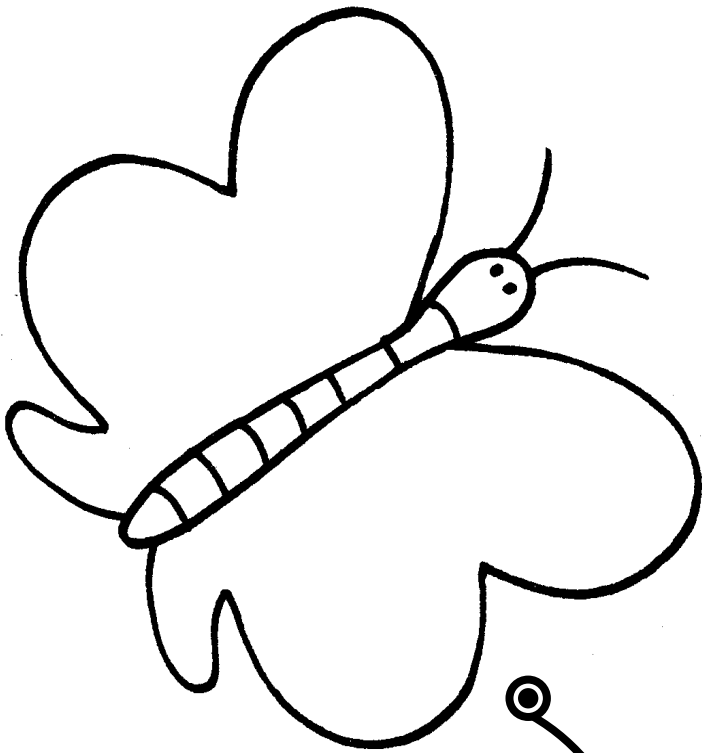
Draw and paint a picture



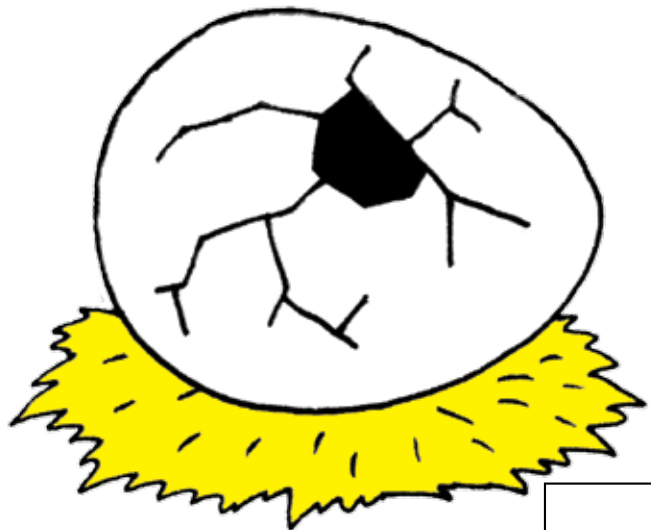
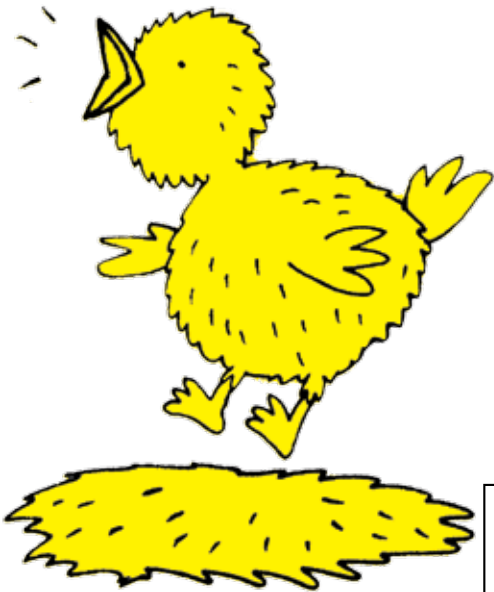
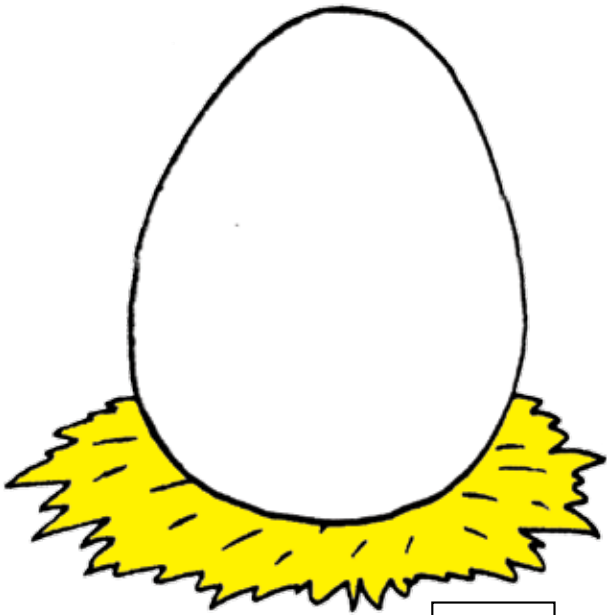
String the different stages of hen, butterfly and baby



Make the butterflies colourful

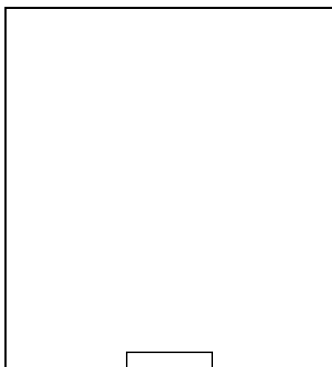
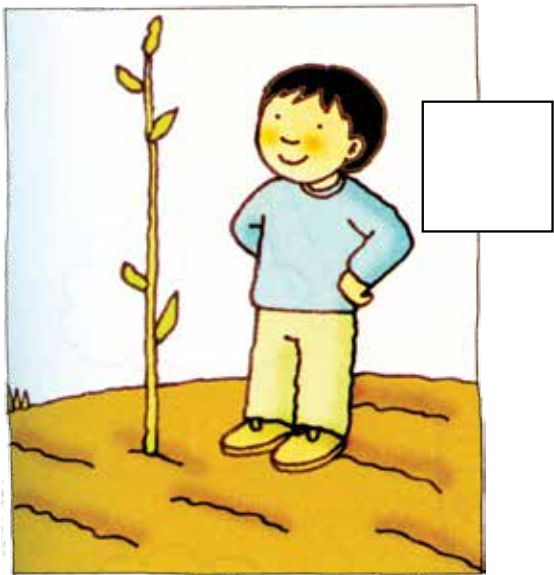
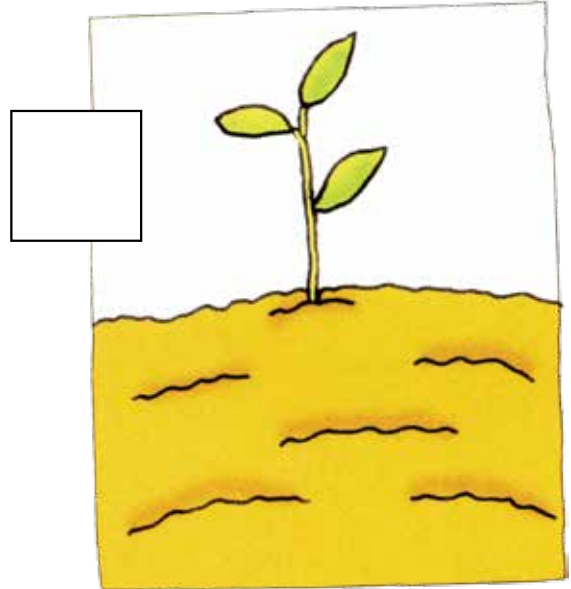


Number the pictures in order

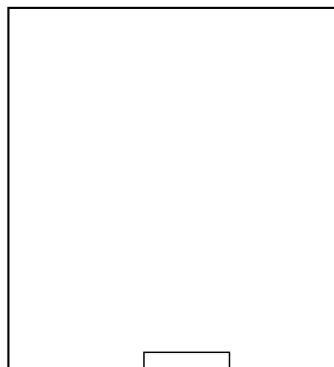


Number the pictures in order

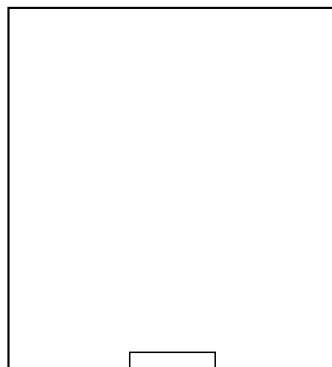
Draw the germination of a seed



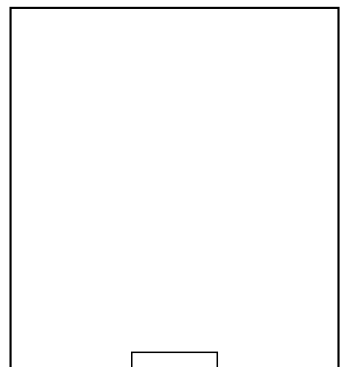
1



2



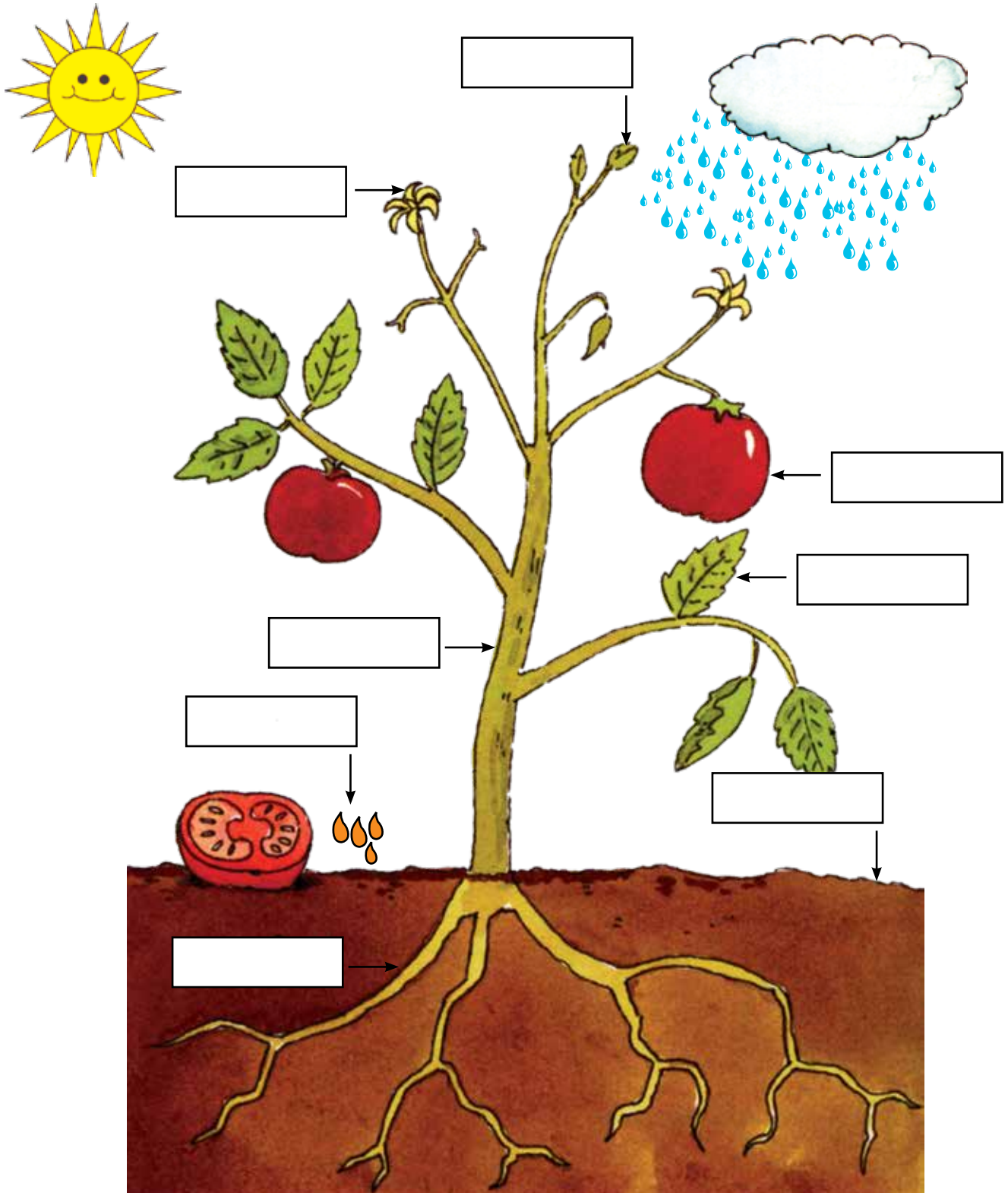
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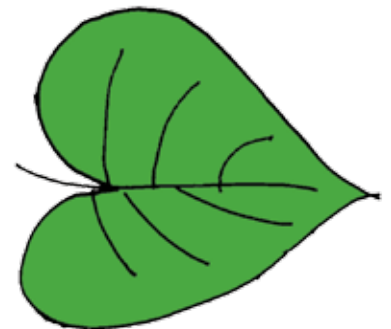
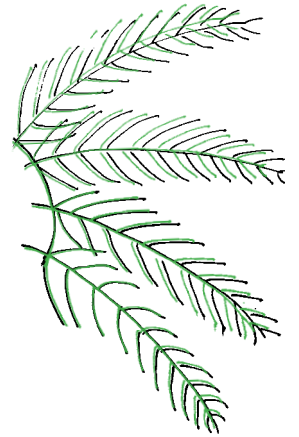
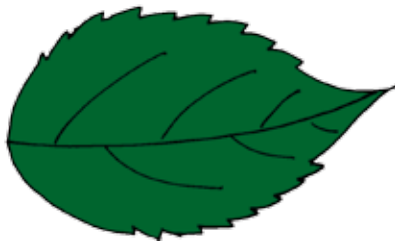
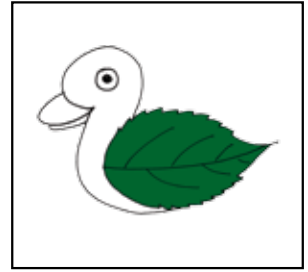
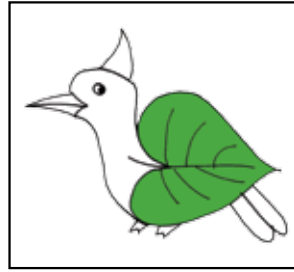
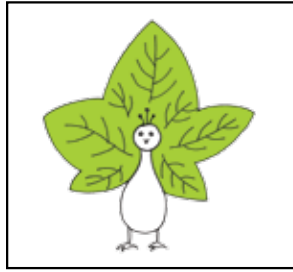
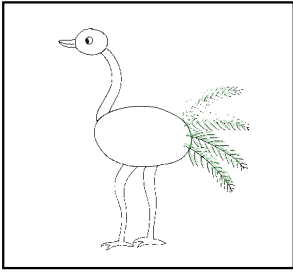
4

Label the parts of the plant

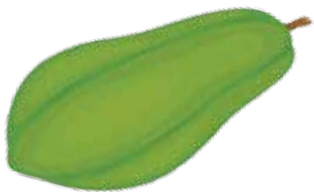
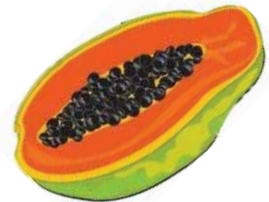
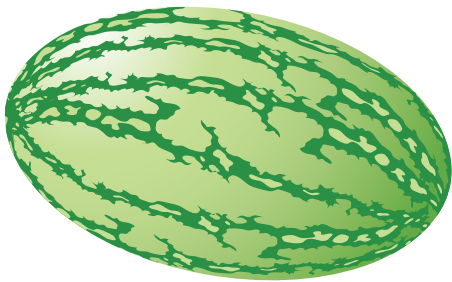
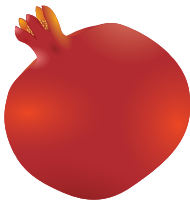
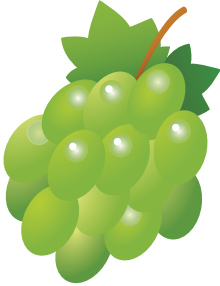
seeds	root	bud	flower	fruit	leaf	stem	soil
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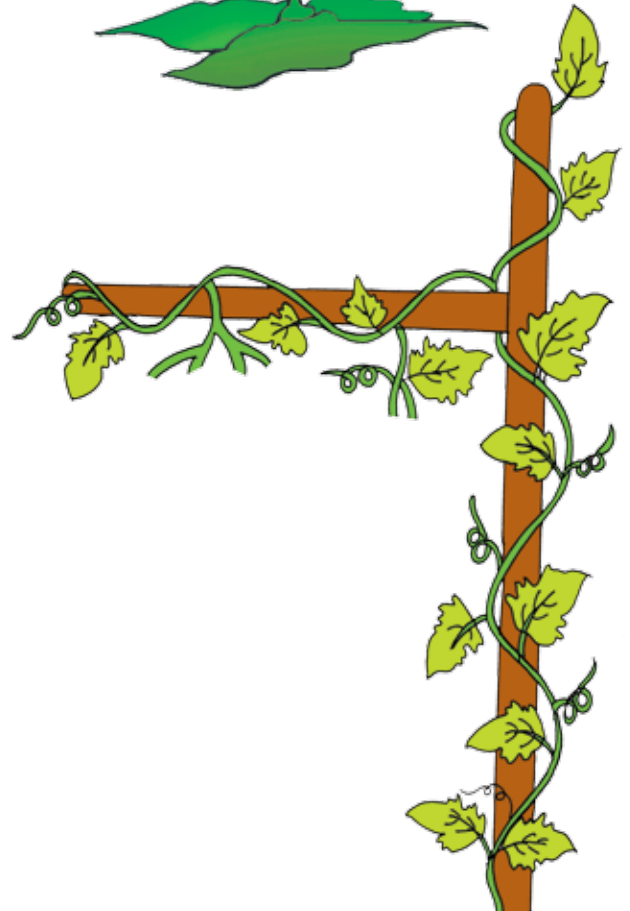
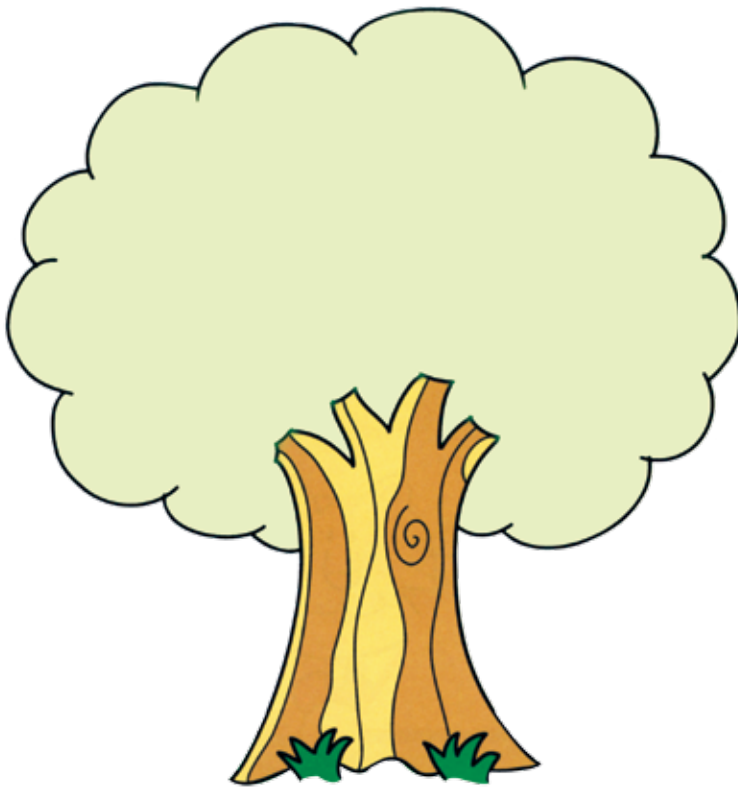
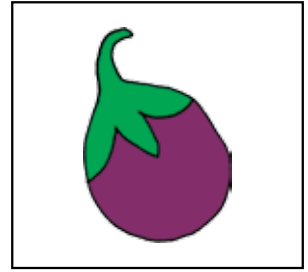
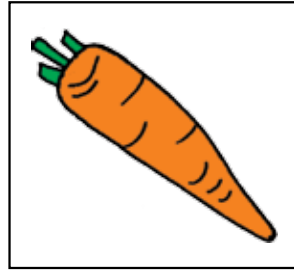
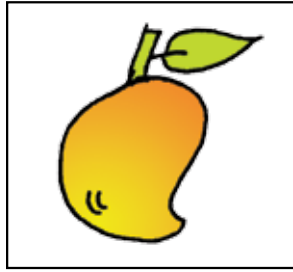
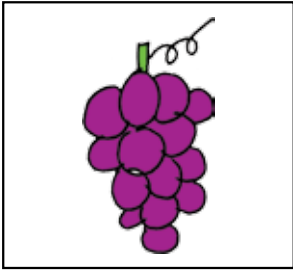
Use the help box to draw the birds



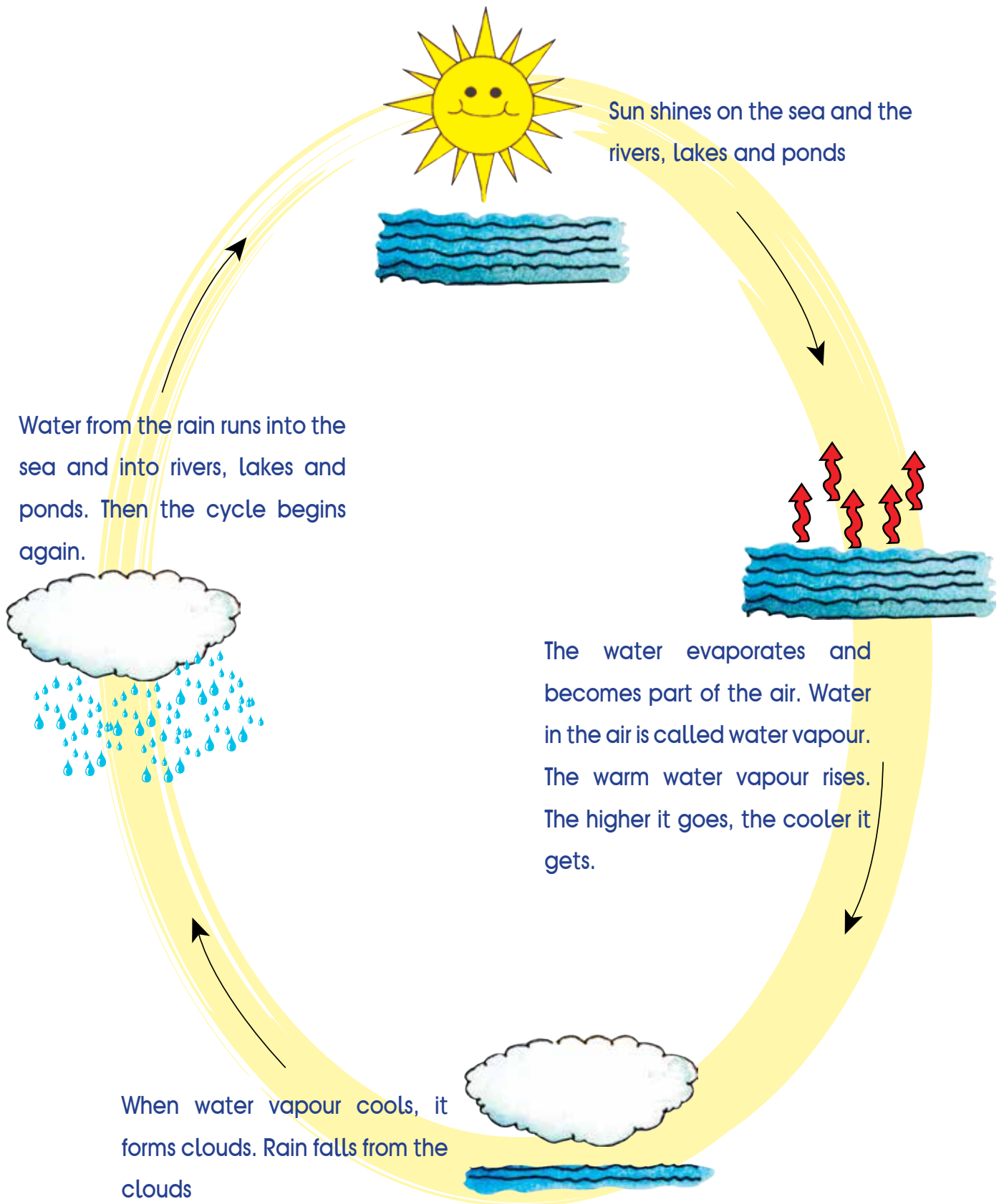
Match the fruit with the seed



Where do they grow? Put them in the right place



Water cycle



Sun shines on the sea and the rivers, lakes and ponds

Water from the rain runs into the sea and into rivers, lakes and ponds. Then the cycle begins again.

The water evaporates and becomes part of the air. Water in the air is called water vapour. The warm water vapour rises. The higher it goes, the cooler it gets.

When water vapour cools, it forms clouds. Rain falls from the clouds



We use water for....

bathing

drinking

washing

cleaning

cooking

swimming



Herbs and Medicinal Plants

Herbs are plants with leaves or flowers.

It is used as medicine, for flavouring food and perfume.

The ancient science of Ayurveda relies on these plants.

You can grow them in the backyard or even in the kitchen garden easily.



TULSI

Tulsi, also known as 'Basil' is used to treat cough, cold and loss of appetite.

MINT

Mint is popular due to its cool taste. Chewing on the mint leaves adds to oral health by preventing harmful bacterial growth inside the mouth and cleans the tongue and teeth.



PONNANGANNI KEERAI

It takes care of our eyes, skin, hair and liver. It also cures headache and fever.

CAROM (OMUM)

Carom seeds can be boiled in water to cure stomach upset. We can use the seeds or leaves to make parathas, add in curries and salads.



NEEM

Neem is the most precious herb found in India.

Neem leaves heal wounds and cures skin diseases.

Neem flower helps to kill worms. Neem twig is used to brush teeth and keeps bacteria at bay.



AMLA

Amla is rich in **vitamin 'C'**. It cures cold and is good for diabetes. It also helps to improve immunity. Amla juice is yummy with mint leaves added to it!

LEMON

Lemon boosts your immune system and keeps your heart healthy. It helps in digestion. It is good for your **brain** and **liver**.



GINGER

Ginger helps in digestion, nausea and gives relief from **cold** and **flu**.

GARLIC

Garlic cures cold, cough, earaches, skin rashes and kills harmful **worms** present in the intestine.



TURMERIC

Turmeric strengthens digestion, cleanses the blood, treats fungal infection, reduces infection on injured areas and keeps skin glowing. It maintains strong **immunity**.

PEPPER

Pepper is the **king** of spices. Black pepper improves digestion, cures cold and cough.



Match



Mint



Ponnanganni Keerai



Neem



Tulsi



Carom (Omum)

Fill in the blanks

basil	eyes	hair	skin	cool	water	
brain	liver	cold flu	worms	immunity	king	'C'

- 1) Amla is rich in vitamin _____.
- 2) Tulsi is also known as _____.
- 3) Ponnanganni keerai is good for _____ and _____.
- 4) Neem helps to cure _____ diseases.
- 5) Mint is popular due to its _____ taste.
- 6) Carom seeds can be boiled in _____ to cure stomach upset.
- 7) Lemon is good for your _____ and _____.
- 8) Ginger gives relief from _____ and _____.
- 9) Garlic kills harmful _____ present in the intestine.
- 10) Turmeric maintains strong _____.
- 11) Pepper is the _____ of spices.

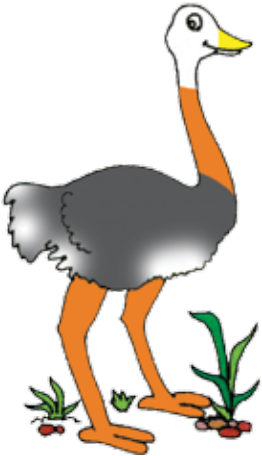
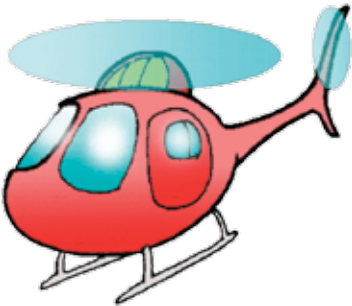
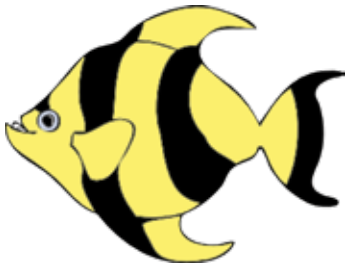
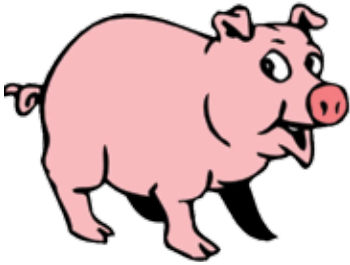
Draw the pilot in the cabin and
the passengers in the window space



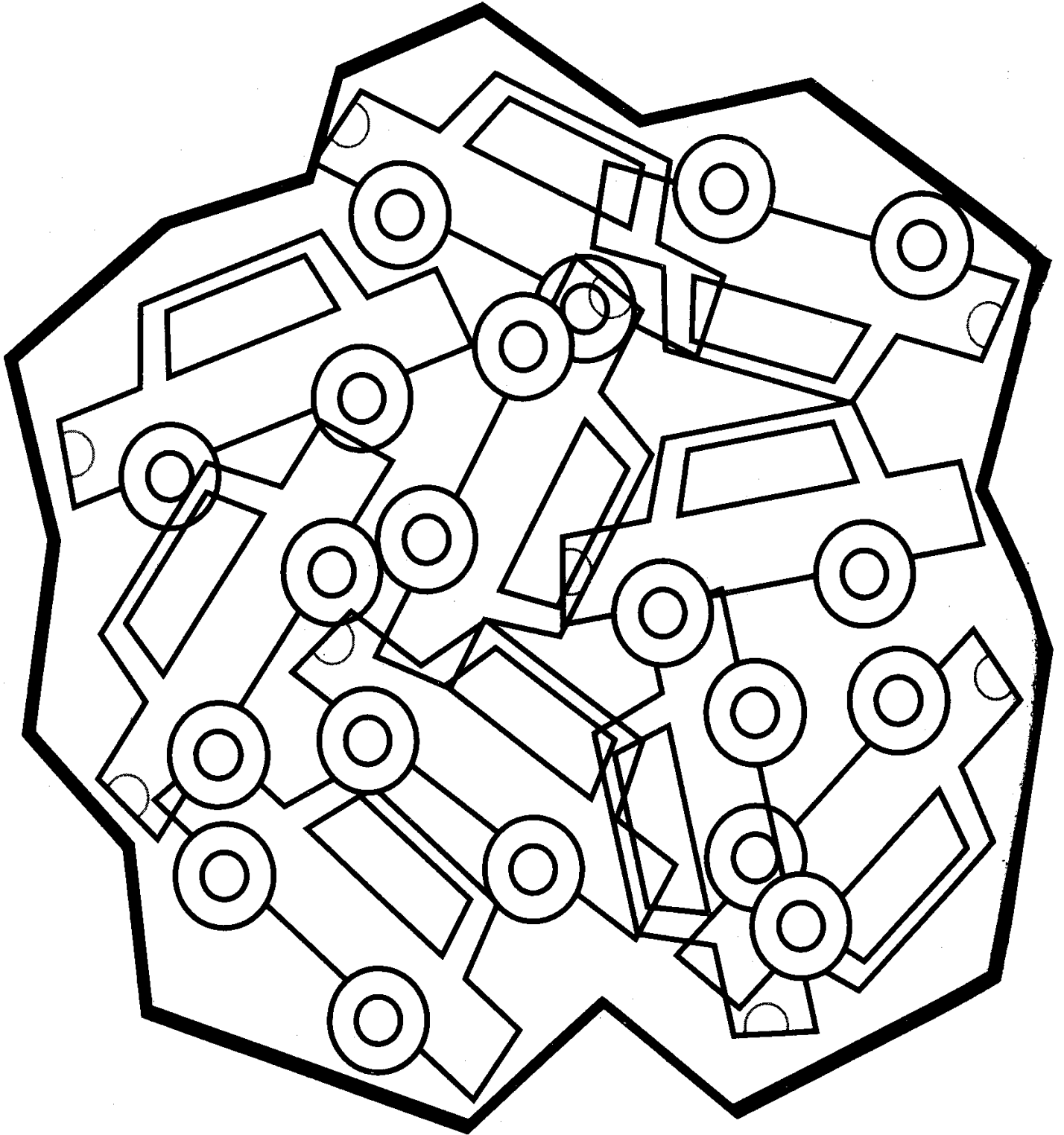
Draw the baggage in the trolley



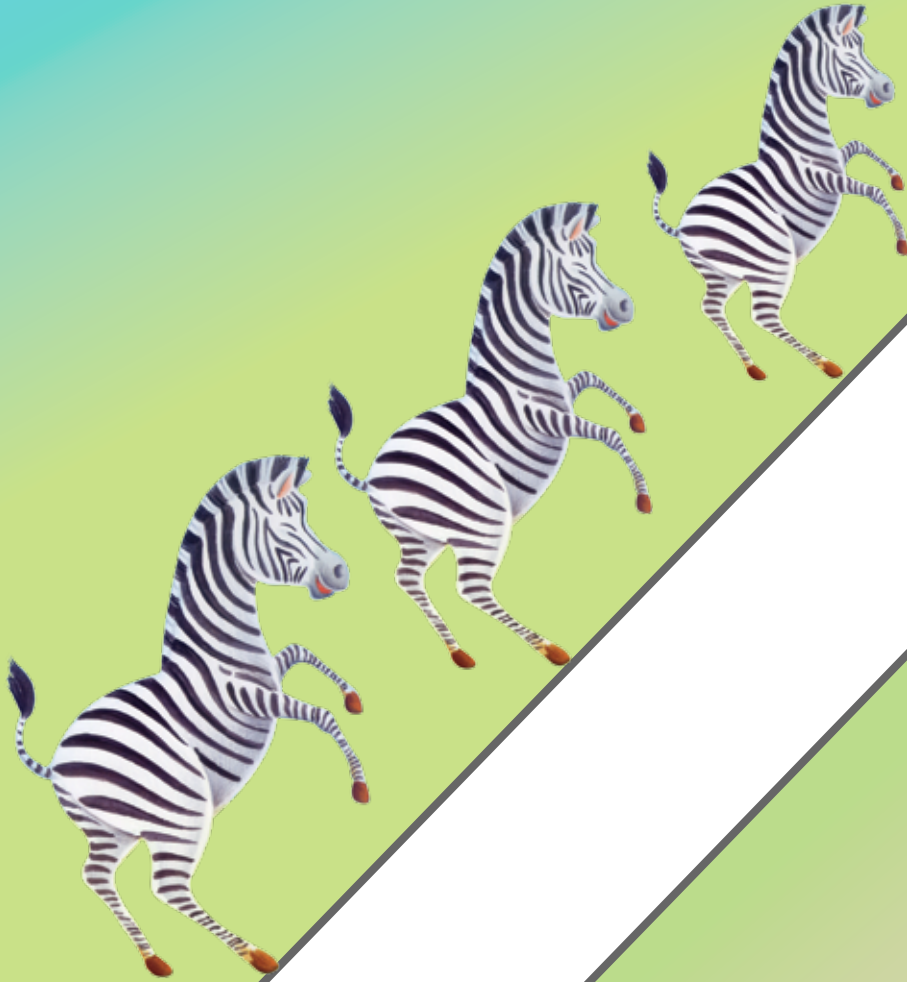
Circle the things that can fly



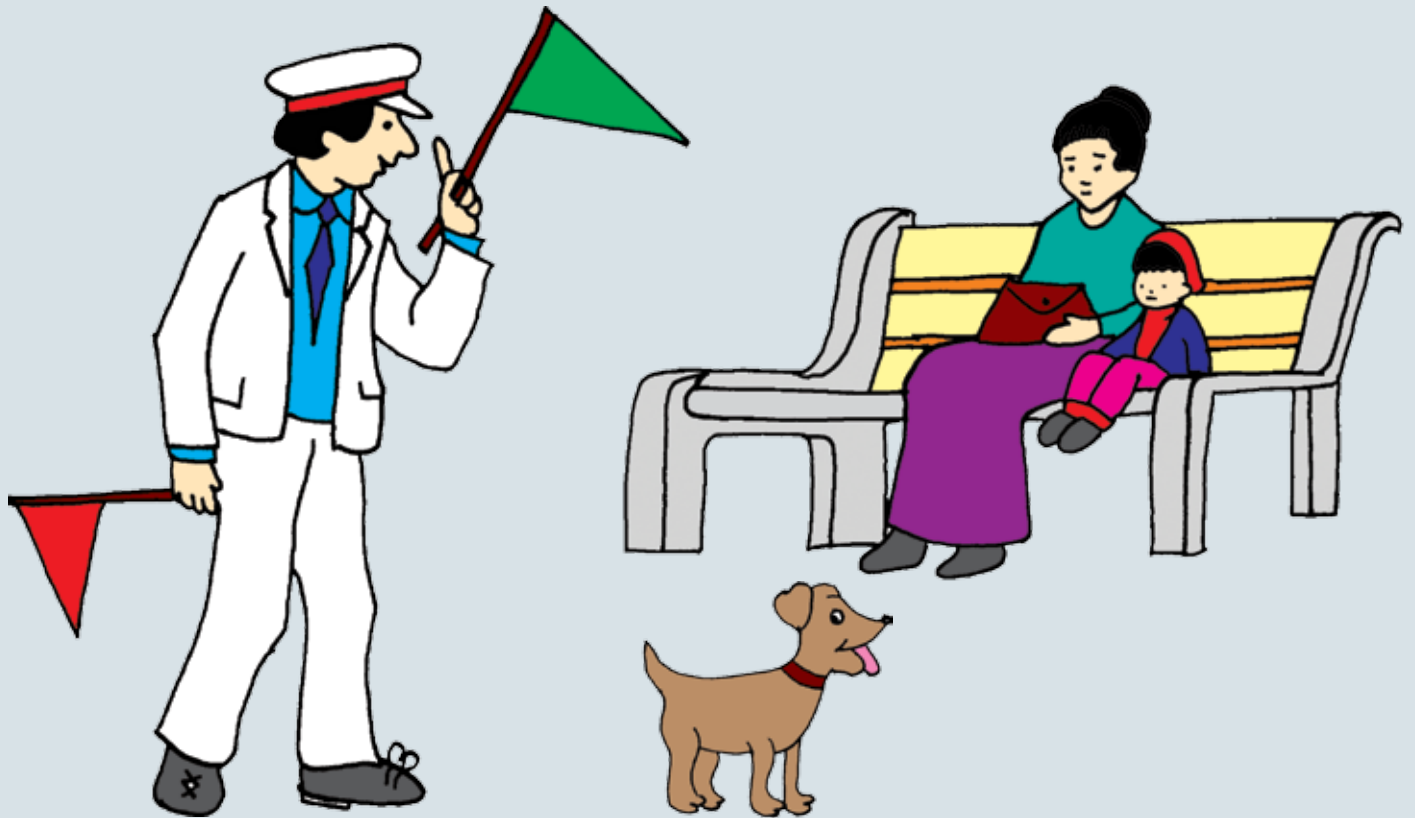
Colour the cars

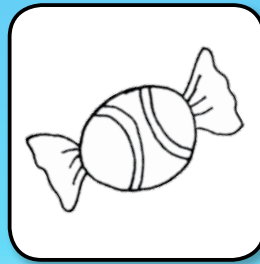
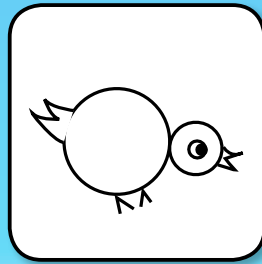
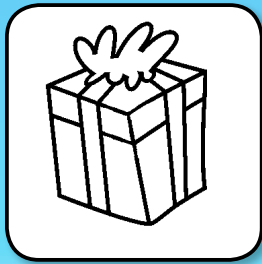
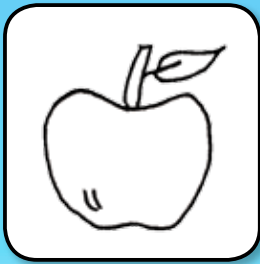


Help the zebras to cross
the  zebra crossing



Use the help box to fill the boggies



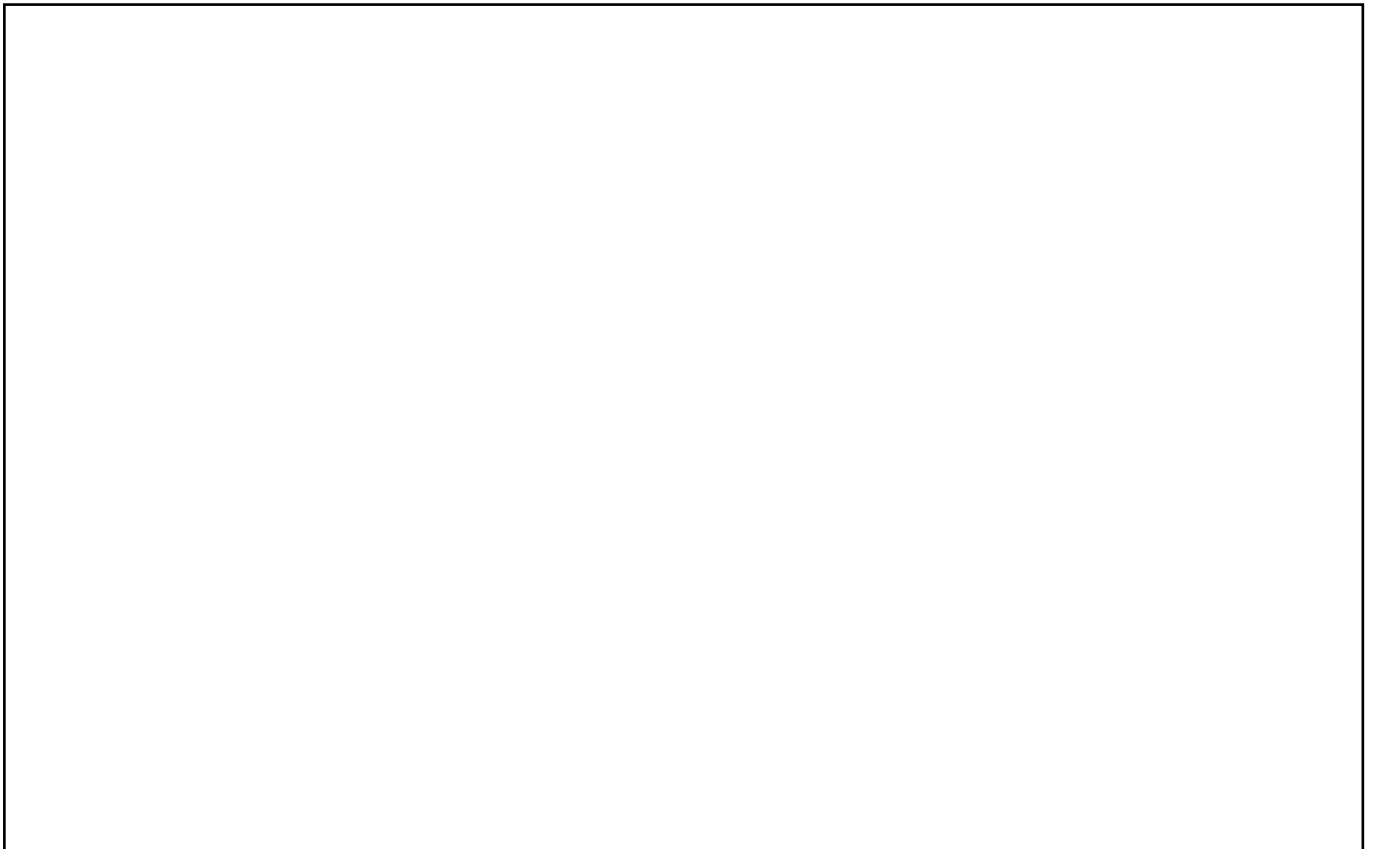


Use the help box and label the things that are red in colour

boggie	signal	flag	mail van	post box	bucket	shirt
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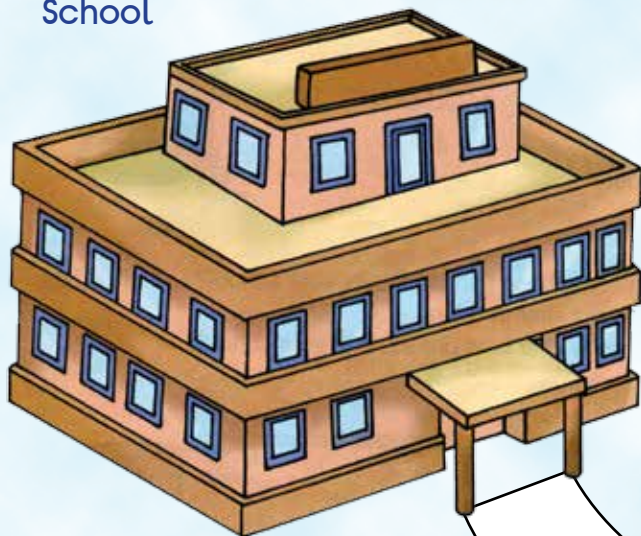
Draw a pirate and a captain



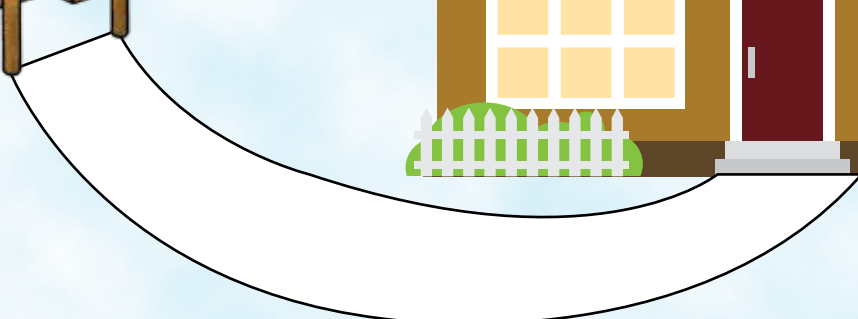
Draw - means of transport



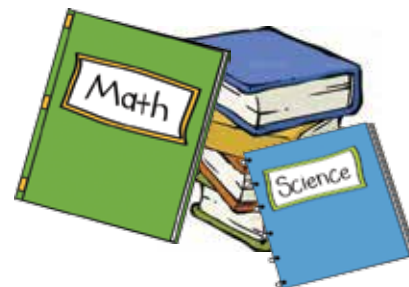
School

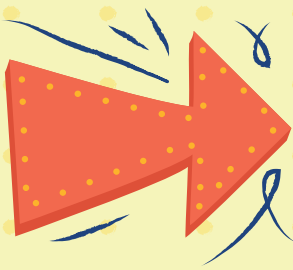


My home



Match the things that go together





Pride of India



K.M. Cariappa was the first Indian Commander-in-Chief.



Punita Arora was the first female Vice Admiral of Indian Navy.



Arjan Singh became the first and only officer of the Indian Air Force to be promoted to five-star rank as Marshal of the Indian Air Force.



Rakesh Sharma was the first Indian citizen to travel to space.



